

## ADDITIONAL SERVICES

We assist clients in filling out the forms for

- Insure Oklahoma
- Oklahoma Cares - the Breast and Cervical Cancer Treatment Program
- SoonerCare
- SoonerPlan

## Mobile Wellness Unit



Deployment of the unit helps provide public health services to every corner of Southwest Oklahoma like our neighborhoods, community events and festivals.

The trailer is equipped to facilitate full clinic services for women and men exams, well-checks, WIC, family planning, and other public health programs.

By mobilizing public health services, we can reduce or remove some of the major barriers that create health disparities in our communities. We can be where the people are, wherever and whenever we need to be.

## DISTRICT 5 COUNTY HEALTH DEPARTMENTS



### Tillman County Health Department

1500 N. Main Street  
Frederick, OK 73542  
(580) 335-2163

Services provided vary as to days, times, eligibility, and fees, if any. Call for more specific information.

Your county health department is an equal opportunity employer and provider.



Revised: 4/14/2023

## OKLAHOMA STATE DEPARTMENT OF HEALTH

### Tillman County Health Department



**Working Together  
To Improve The  
Community's Health**

## FAMILY & CHILD HEALTH

### **Children First:**

A voluntary family support program offering home-based nursing services to mothers expecting their first child. Services by appointment only.

### **Dental Health:**

No direct dental care is provided at the health department. Fluoride varnish is provided to those 18 years and younger. This dental treatment can help prevent tooth decay, slow it down, or stop it from getting worse.

### **Family Planning:**

Birth control options, health education for adults, pregnancy testing, fertility counseling. Family planning helps prevent unplanned pregnancies. These services are available to both women and men.

### **Screening and Special Services:**

Newborn screening, newborn hearing screening, lead screening and follow-up services for eligible infants, children and their families.

### **Sooner Start - Early Intervention:**

Oklahoma's Early Intervention program designed to meet the needs of infants and toddlers up to age 3 with disabilities and/or developmental delays. For more information call (580) 585-6610.

### **WIC:**

Provides access to nutritious foods to supplement the diets of women, infants and children. WIC offers information about healthy eating and promotes active lifestyles.



## DISEASE TREATMENT & PREVENTION

### **Communicable Diseases:**

Report a disease-related issue locally by calling the county health department. After hours, call (405) 426-8710 to speak with an Acute Disease Service epidemiologist.

### **Sexual Health Services:**

Screening, diagnosing, educating, treating, individual case management, and referral services for those at increased risk for sexually transmitted infections. Condoms are available for health department clients.

### **HIV/STD/STI/Syphilis:**

Sexual health screenings, diagnosis, education, treatment & referrals. Testing is always confidential.

### **Immunizations/Vaccines:**

Immunizations for children as well as select immunizations for adults.  
\*May require a minimum fee.

Diphtheria, Whooping Cough, Tetanus, Polio, Hepatitis A & B, Pneumococcal, Flu, Chickenpox, Meningococcal, HiB, Measles, Mumps, Rubella, Human Papillomavirus, Shingles, Rotavirus, and COVID-19.

### **Tuberculosis:**

Identify and treat tuberculosis patients and insure appropriate measures are taken to prevent the occurrence and transmission of tuberculosis.

## BUSINESS LICENSING & INSPECTIONS

### **Inspections and Licensing:**

- Food establishments (permanent, temporary and mobile)
- Hotels, motels, bed and breakfasts
- Public swimming pools and spas

### **Technical Services:**

- Food handlers classes and exams
- Review of food plan establishments before construction

### **Investigations:**

- Potential foodborne disease
- Potential rabies exposure
- Health-related complaints
- Mosquito and vector control strategies

## HEALTH EDUCATION & PROMOTION

Free community presentations and health publications,

### **Community Health Education:**

- Health Department Services
- Public Health Issues
- Family Health
- Men, Women, and Children Health
- Healthy Lifestyle Promotion

### **School Health Education:**

- Physical and mental health
- Personal hygiene
- Sexual health

