



OKLAHOMA
**LACTATION
CONSULTANT
RESOURCE**
GUIDE

2025



OKLAHOMA
State Department
of Health

Oklahoma Lactation Consultant Resource Guide 2025

Information updated January 2025

A section for breastfeeding classes and support groups is included.

An electronic version of this guide is available on the Oklahoma State Department of Health Breastfeeding Information and Support website at www.oklahoma.gov/health/breastfeeding, the Coalition of Oklahoma Breastfeeding Advocates (COBA) website at www.okbreastfeeding.org, and the Oklahoma Breastfeeding Resource Center at <https://obrc.ouhsc.edu/>

The *Oklahoma Lactation Consultant Resource Guide* has been designed to inform you of International Board Certified Lactation Consultants who are available to assist nursing mothers, their families and partners, as well as expecting parents and health care providers in need of breastfeeding support and information.

We have made every effort to include accurate information in this guide. If your name or facility is not listed or the information is inaccurate, please contact us to make this correction.

[Click here](#) to update your information or send updates and corrections to:

Oklahoma State Department of Health
WIC Service
123 Robert S. Kerr, Suite 1702
Oklahoma City, OK 73102
Breastfeeding Helpdesk: 405-426-8502
OSDH.WICBreastfeedingHelpdesk@health.ok.gov

DISCLAIMER

The Oklahoma State Department of Health has made efforts to supply current and accurate information. However, no guarantee is made regarding the content of this publication, especially as information might be altered by forces beyond the control of OSDH.

An **International Board Certified Lactation Consultant (IBCLC)** is a health care professional who specializes in the clinical management of breastfeeding. IBCLCs are certified by the International Board of Lactation Consultant Examiners, Inc. (www.iblce.org) under the direction of the U.S. National Commission for Certifying Agencies. IBCLCs work in a wide variety of health care settings, including hospitals, pediatric offices, public health clinics, and private practice.

How to use this Oklahoma Lactation Consultant Resource Guide....

- To find a lactation consultant, breastfeeding class, or support group in your area, use the regional area map below.
- Contact information is listed per regional area.

Regional Areas of Oklahoma



Have breastfeeding questions?



Contact the Oklahoma Breastfeeding Hotline!

Call: 1-877-271-6455 (MILK) or
Text: OK2BF to 61222

to speak (for free!) to an
International Board Certified Lactation Consultant (IBCLC)
24 hours a day, 7 days a week, 365 days a year.

Text to opt-in and receive messages from the Hotline.

Staff reply to all non-urgent questions 7a -7p.

Urgent calls/texts are returned 24/7.

You may have to pay for texting from your cell service.



THE OKLAHOMA BREASTFEEDING HOTLINE IS AN OKLAHOMA BREASTFEEDING RESOURCE CENTER PROGRAM SUPPORTED BY THE MATERNAL AND CHILD HEALTH SERVICES TITLE V BLOCK GRANT AND THE OKLAHOMA STATE DEPARTMENT OF HEALTH (OSDH)

Oklahoma City Area

Athena Lactation's Breastfeeding Support

Athena Lactation
405-289-8891
Online Class
Leader: Holly Skinner, BS, IBCLC/RLC, CLC, ALC
Email: athenalactation@gmail.com

Basics of Breastfeeding

405-752-3586
Mercy Hospital Breastfeeding Class
4300 W. Memorial Road
Oklahoma City, OK 73120
Leader: Allison Quiroz

Breastfeeding Basics

OU Children's Hospital
405-979-0449
1200 Children's Avenue
Oklahoma City, OK 73104
Leader: Mariana Gonzalez, RNC-MMM, IBCLC
Email: mariana.gonzalez@ouhealth.com
Languages: English and Spanish

Breastfeeding Class

The Oklahoma City Lactation Clinic
405-963-3381
2940 NW 50th St
Oklahoma City, OK 73112
Leader: Jessica Cheatwood, IBCLC, HBCE
Email: info@oklahomalactationconsultant.com

Breastfeeding 101

Epiphany Birth Services, LLC
405-823-8464
1745 NW 16th St Ste A
Oklahoma City, OK 73106
Leader: Farah Antoine-Mayberry
Email: farah@epiphanybirthservices.com
Languages: English and French

Cookies and Milk- Breastfeeding Support Group

NSO (Neighborhood Services Organization) WIC
405-942-2008
3530 N. MacArthur
Oklahoma City, OK 73122
Leaders: Brittany Wheaton, MS, RD, LD, IBCLC,
Amy Arredondo, Cynthia Sanchez and Devon Mostellar
Hours: Last Friday of every month at noon
Languages: Spanish and English

Integris Southwest Prenatal Breastfeeding Class

405-644-5242
4401 S. Western
Oklahoma City, OK 73109
Organization Name: Integris Southwest
Leader: Cindy Laney, RN, IBCLC

La Leche League of Cleveland County Families

405-585-MILK
<https://www.llok.org/cleveland-county--norman.html>
<https://www.facebook.com/LLLCCF>

La Leche League Groups of Oklahoma

LLLOK.ORG
<https://www.facebook.com/LaLecheLeagueOK>

La Leche League of Mustang/Yukon

<https://www.llok.org/mustangyukon.html>
<https://www.facebook.com/MustangYukonLaLecheLeague>
Alexis - 806-729-7804 voice or text
Rebecca - 405-324-2653 voice only
Suzy - 405-324-2122 voice only

Mother Baby University

SSM Health St. Anthony Hospital - Shawnee
405-214-1556
1102 West McArthur
Shawnee, OK 74804
Leader: Charli Hull, BSN, RN, IBCLC
Email: Charli.Hull@ssmhealth.com
Information: This class discusses what to expect during your hospital stay and breastfeeding education.

Oklahoma Breastfeeding Hotline

Oklahoma Breastfeeding Resource Center
1-877-271-6455
920 Stanton Young Blvd., WP, #2230, OKC, OK 73104
Leader: Jaclyn Huxford, RDN/LD, IBCLC, Manager; Britney Schwarz, IBCLC; Cassidy Hale, RN, IBCLC; Charissa Larson, MS, IBCLC; Jessica Ryans, RN, IBCLC; Kate Copass, RNC-OB, IBCLC; Keri Hale, RD/LD, IBCLC; Mariana Orozco, IBCLC

Oklahoma Milk Bank

405-297-5683
940 NE 13th St
Oklahoma City, OK 73104
Leaders: Holly Skinner, IBCLC/RLC, Sahariela Jennings, IBCLC/RLC
Email: info@okmilkbank.org

Prenatal Breastfeeding Class

The Children's Hospital at OU Medical Center
405-271-2001 EXT 40946
1200 Children's Avenue
Oklahoma City, OK 73104
Leader: Janet Jarvis, BSN, RN, IBCLC
Email: janet.jarvis@oumedicine.com

Prenatal Breastfeeding Class

Norman Regional
405-307-1777
901 N Porter Ave.
Norman, OK 73071
Leader: Amanda Ellis, RN, IBCLC Hours: Find the updated class schedule at:
<https://www.normanregional.com/services/women-s-and-children-s-labor-and-delivery>

Prenatal Lactation Education

Peaceful Roots Doula
405-326-9618
1745 NW 16th St., Ste A
Oklahoma City, OK 73106
Leader: Ashley Kula-Imtiaz, IBCLC
Email: ashley@peacefulrootsdoula.com

Successful Breastfeeding

INTEGRIS Baptist Medical Center
405-949-3254
3300 NW Exprwy
Oklahoma City, OK 73112
Leaders: Brittany Gjesvold, RN, IBCLC; Michelle Smith, RN, IBCLC; Vicky Harter, RN
Information: Online class offered on Saturdays via Microsoft Teams.

The Milk Bar

INTEGRIS Health Edmond
405-657-3250
4801 Integris Parkway, 4th Floor Waiting Room
Edmond, OK 73034
Leaders: Connie Bara, RN, IBCLC; Angela Kersh, BSN, RN, CLC, Tera Oss, RNC-OB, CBS
Hours: Wednesday 11am – 1pm and 3rd Sunday 1pm – 3pm
Information: To enroll in childbirth and/or breastfeeding class, go to our website at:
<https://integris.coursetorm.com/category/edmond>

Virtual Breastfeeding Class

Breastfeeding Telehealth of Oklahoma
405-633-6027
Leader: Anita Wingfield, MS, RN, IBCLC
Email: anita.wingfield@breastfeedingoklahoma.com

What do you Know About Breastfeeding?

Oklahoma Breastfeeding Resource Center
1-877-271-6455
920 Stanton Young Blvd., WP, #2230
Oklahoma City, OK 73104
Leader: Jaclyn Huxford, RDN/LD, IBCLC
Class information: FREE Online Breastfeeding Education in English and Spanish -
<https://obrc.ouhsc.edu/>

North Central Area

Breastfeeding Class

Stillwater Medical Center
405-742-5553
1323 W. 6th Ave.
Stillwater, OK 74074
Leader: Jeanne Campbell, BSN, RN, IBCLC
Email: jcampbell@stillwater-medical.org

Childbirth, Infant Care and Breastfeeding Education Class

Alliance Health Woodward
580-254-8654
900 17th St
Woodward, OK 73801
Leader: Shala McIntosh, BSN, RN, IBCLC
Email: shala.mcintosh@myalliancehealthok.com

Mom to Mom: Breastfeeding Support for Northwest Oklahoma Families

Alliance Health Woodward
580-254-8654
Woodward, OK
Leader: Sierra D. Elsey, DNP, BSN, BSHS, RN, IBCLC Email:
Sierra.Elsey@myalliancehealthok.com

Southwest Area

Bethany E. Breastfeeding Support

580-609-0529
217 N. Main
Altus, OK 73521
Organization name: Bethany E. Birth Services
Leader: Bethany Erby
Email: doula@bethanyephotography.com

Latched By Kimberly Basic Breastfeeding Class

Latched By Kimberly, LLC
580-475-6853
306 Oak St.
Elgin, OK, 73538
Leader: Kimberly Dalrymple, IBCLC, CD (DONA)
Email: latchedbykimberly@gmail.com

Prenatal Breastfeeding Class

Comanche County Memorial Hospital - Infant Feeding Resource Center
580-250-5253
3401 West Gore Blvd.
Lawton, OK 73505
Leader: Mikki Young, LPN
Hours: Our Prenatal classes are by registration only; contact 580-250-5253 to register for the class. Class Size is limited
Email: michaelene.young@ccmhhealth.com

The Breast Way

Duncan Regional Hospital

580-251-6899

1407 N. Whisenant Dr.

Duncan, OK 73533

Leader: Jessica Ryans, RN, IBCLC

Email: Jessica.ryans@drhhealth.org

Information: The Breast Way is a prenatal breastfeeding class offered every other month

Southeast Area

Breastfeeding: What to Expect

Choctaw Nation WIC Program

580-916-9140 ext. 83854

1803 Chukka Hina

Durant, OK 74701

Prenatal Class – Women’s Clinic

Chickasaw Nation Medical Center

580-421-6200

1921 Stonecipher Blvd

Ada, OK 74820

Leader: Amanda Fowler BSN, RN, IBCLC, CCE

Email: Amanda.fowler@chickasaw.net

Virtual Breastfeeding Class

Nurturing Mamas Network

918-916-9896

800 12th Ave Northwest

Ardmore, OK

Leader: Anita Wingfield, MS, RN, IBCLC

Email: felicia@nurturingmamasnetwork.com

Virtual Prenatal Breastfeeding 101

Chickasaw Nation WIC

580-399-2000

Ada, OK

Leader: Laura Robinson, IBCLC, RLC

Email: laura.robinson@chickasaw.net

Hours: Classes are on Zoom, email for the link

Virtual Prenatal Breastfeeding 101

Chickasaw Nation WIC

580-222-9501

Ardmore, OK

Leader: Reva Howell, CLS

Email: Reva.Howell@chickasaw.net

Hours: Classes are on Zoom, email for the link

Northeast Area

Bailey Babies Breastfeeding Class

Bailey Medical Center
918-376-8268
10502 N. 110th East Ave.
Owasso, OK 74055
Leader: Whitney Noble, RN, CCE, IBCLC
Sign up for Breastfeeding class at
<https://baileymedicalcenter.com/events/breastfeeding-class>

Breastfeeding Basics

Ascension St. John Medical Center
918-744-2681
1923 S. Utica Ave
Tulsa, OK 74104
Leader: Susan Reeder, MSN, RN, IBCLC
Hours: Class is once per month on the third Tuesday at 6pm. Parents can also sign up for this class by going to healthcare.ascension.org and clicking the link on the page "Find a Class or Event."

Breastfeeding Basics

Hillcrest Hospital South
918-294-4239
8801 S. 101st East Avenue
Tulsa, OK 74133
Leaders: Cassidy Hale, BSN, RNC-OB, IBCLC; Ranay Bedard, RN, IBCLC
Email: Cassidy.Hale@hillcrest.com

Breastfeeding Basics

Saint Francis Hospital
918-494-2229
6161 S. Yale Ave.
Tulsa, OK 74136
Leader: Aimee Hansen, BSN, RN, CCE
Email: avhansen@saitfrancis.com

Breastfeeding Basics

Saint Francis Hospital South
918-494-2229
10501 E. 91st St. South
Tulsa, OK 74133
Leader: Aimee Hansen, BSN, RN, CCE
Email: avhansen@saitfrancis.com

Breastfeeding Class

Hillcrest Helmerich Women's Center
918-579-8018
1120 South Utica Avenue
Tulsa, OK 74104
Contact: Sharon Bauer, RN, IBCLC; Rebecca Onyirioha, MSN, RN, IBCLC;
Karen Stockwell, BSN, RN, IBCLC; Roberta Tyler, BSN, RN, IBCLC
Hours: First Monday of the month at 6:30 pm

Breastfeeding Education Class

Cherokee Nation WW Hastings Hospital
918-458-3649
100 S. Bliss
Tahlequah, OK 74464
Leader: Lauri Hickman MSN, RN, IBCLC, CCE
Email: lauri-hickman@cherokee.org

Breastfeeding Essentials

Innovations Family Wellness
918-398-3586
7503 W 60th Pl. N.
Tulsa, OK 74126
Leaders: Montika Collins, MA, BSN, RN, IBCLC, CLC; T’Kia Walterschied, IBCLC, CLC, Doula
Hours: Monday – Thursday 9am – 6pm
Email: hello@ifwinc.org

Breastfeeding 101 and Amamandtando a Su Bebé

Tulsa Health Department- Connect First Lactation
918-779-6953
5330 E 31st St
Tulsa, OK 74135
Leaders: Kyla Pfannenstiel, BSN, RN, IBCLC; Esther Gutierrez, CBE/CLS
Languages: English and Spanish
Free monthly class via Zoom. Class dates and times at <https://tulsa-health.org/events>

INTEGRIS Breastfeeding Class

918-919-2708
Integris Miami – 200 2nd Ave. SW, Miami, OK 74354
Integris Grove – 100 E 18th St., Grove, OK 74344
Leader: Emily Burkybile, IBCLC
Classes alternate monthly between Integris Miami & Grove.

Los Lazos de Lactancia

Leader: Cyndi Garcia, IBCLC
Email: loslazosdelactancia@outlook.com
Languages: English and Spanish
For more information search Facebook for “Los Lazos de Lactancia”

Mom to Mom: Breastfeeding Support for Northwest Oklahoma Families

Leader: Sierra D. Eley, DNP, BSN, BSHS, RN, IBCLC
Hours: Search “Mom to Mom: Breastfeeding Support for Northwest Oklahoma Families” on Facebook for more information

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Oklahoma City Area

Private Practice

Ally Lactation

405-849-5624

9901 North May Avenue, Suite 110

Oklahoma City, OK 73120

Daree Willman, RN, IBCLC; Donna Hendrix, RNC, IBCLC; Sarah Bendure, RN, IBCLC

Website: www.allylactation.com

Email: info@allylactation.com

Visits: within 10 miles of clinic

Hours: Monday-Saturday by appointment only

Specialty: All breastfeeding/chestfeeding parents

Additional information: We are contracted with The Lactation Network for insurance coverage. You can visit the following site to see if we are contracted with your insurance:

<https://go.lactationnetwork.com/AllyLactation>

Array Nutrition & Lactation

405-215-9248

In-Home or Telehealth Services Only

(No office location) OKC

Wendy Wilson, RDN/LD, IBCLC

Visits: Home visits within 30 miles

Medicaid provider and files with Private Insurance

Athena Lactation, LLC

405-289-8891

Oklahoma City area

Holly Skinner, BS, IBCLC/RLC, CLC, ALC

Visits: Home visits within 25 miles by appointment

Specialty: Back to breast, 0-3 months

Hours: Weekends 9am – 6pm

Files with Private Insurance

Email: holly@athenalactation.net

Breastfeeding Telehealth of Oklahoma

405-633-6027

Anita Wingfield, RN, MS, IBCLC

Hours: Evenings and weekends

Email: anita.wingfield@breastfeedingoklahoma.com

Visits: Outpatient, Home visit within 10 miles

Specialty: Newborns

Files with private insurance

Becky Drevets, IBCLC

405-367-3886

P.O. Box 2341

Edmond, OK 73083

Becky Drevets, RN, IBCLC

Email: Hello@beckydrevetsibclc.com

Visits: Inpatient, Outpatient, Home Visits within 30 miles

Hours: Monday-Friday 9a-5p

Specialty: Prenatal through weaning; NICU grads; breast refusal; bottle refusal; painful latch; never latch

Additional Information: Becky is associated with The Lactation Network. Interested clients can check their insurance through this network for possible lactation coverage. All other clients will be provided a detailed receipt for insurance possible reimbursement.

Inability to pay should not keep someone from getting the care they need. Becky is willing to work with parents who need financial assistance.

Breastfeeding Telehealth of Oklahoma

405-633-6027

5820 NW 116th St

Oklahoma City, OK

Anita Wingfield, MS, RN, IBCLC

Visits: Outpatient, Home visits (within 10 miles)

Specialty: Newborn

Additional information: Practice is virtual with little in person.

Email: anita.wingfield@breastfeedingoklahoma.com**Comprehensive Lactation Consulting**

405-863-4461

Norman, OK

Holly Frantz, MSN, WHNP-BC, IBCLC

Hours: All

Visits: Home visits within 150-mile radius by appointment

Specialty: Newborn – 4 years

Email: morethanmilk@yahoo.com**Epiphany Birth Services, LLC**

405-283-8464

1745 NW 16th Street, Suite A

Oklahoma City, OK 73106

Farah Antoine-Mayberry, IBCLC, OT/L, CLC

Hours: Monday - Saturday 8:00am - 6:00pm

Specialty: Newborn to Toddler

Visits: Outpatient

Email: Farah@EpiphanyBirthServices.comWebsite: Visit www.EpiphanyBirthServices.com to make an appointment

Languages: English and French

Files with private insurance

Additional information: Prenatal breastfeeding class and consultations provided. "Pumped" for work session provided in preparation for transition to work.

Dawna Brittain, IBCLC, RLC

580-320-7709
47290 Highway 9
Earlsboro, OK 74840
Hours: 8am – 5pm, after-hours possible
Visits: Home visits within 50 miles
Specialty: Tongue Tie
Email: dawna.brittain@chickasaw.net

Lactation by Cathie

405-824-9801
Jones, Oklahoma
Cathie Price, IBCLC, RLC
Hours: By appointment only
Private pay only with a sliding scale for those on Medicaid

Little Love Lactation & Feeding

405-916-9972
7301 Broadway, Suite 128
Oklahoma City, OK 73116
Erin Prater-Blount RN, BSN, IBCLC
Visits: Home visit within 25 miles
Hours: Monday - Friday 9:00am – 3:00pm
Specialty: Birth to 2 years

MILC, Maternal & Infant Lactation Consulting

405-349-6452
Norman, OK
Lindsay Crossley, MS, RD/LD, IBCLC; Janet Jarvis, BSN, RN, IBCLC
Visits: Outpatient, Home visit within 30 miles
Hours: 7 days per week by appointment
Specialty: Newborn to 1 year
Files with private insurance

Norman Pediatric Associates

405-321-5114
3231 Healthplex Dr.
Norman, OK 73072
Hours: 9am – 5pm
Jennifer Woods, RN, IBCLC
Visits: Outpatient
Files with private insurance

Peaceful Roots Doula

405-326-9618
1745 NW 16th St Ste A
Oklahoma City, OK 73106
Ashley Kula-Imtiazi, IBCLC
Visits: Outpatient, home visits within 15miles
Hours: Monday – Friday 8am - 5pm
Specialty: Prenatal education to birth
Email: ashley@peacefulrootsdoula.com
Files with private insurance

Nuture Lactation LLC

405-314-4132

424 E. 2nd Street

Edmond, OK 73034

Rachel Johnson, RN, IBCLC

Accepting private insurance and SoonerCare. Insurance-covered breast pumps available.

The Oklahoma City Lactation Clinic

405-963-3381

2940 NW 50th St

Oklahoma City, OK 73112

Jessica Cheatwood, IBCLC, HBCE

Visits: Inpatient, outpatient, home visits within 20 miles

Hours: By appointment

Specialty: Prenatal Education, Newborns, Pumping, Lip & Tongue Tie

Email: info@oklahomalactationconsultant.com

Files with private insurance

Thrive Mama Collective

405-356-MAMA (6262)

1745 NW 16th St, Ste A

Oklahoma City, OK 73106

Ashley Imtiaz, IBCLC; Farah Antoine-Mayberry, IBCLC, OT; Jessica Cheatwood, IBCLC, HBCE

Visits: Outpatient, inpatient, and Home visits

Hours: Lactation Consults: By Appointment; Retail Shopping: Closed Mondays

Specialty: Mother/ Baby, NICU, and Outpatient

Email: info@thrivemamacollective.com

Languages: English and Spanish

Files with private insurance

Your Feeding Friend LLC

405-261-8220

924 NW 58th St, Suite 205

Oklahoma City, OK 73118

Brittany Sandoval, BSN, RN, IBCLC

Visits: Outpatient, home visits within 30 miles (travel fees may apply)

Hours: By appointment only

Specialty: Low Milk Supply, Complex Feeding Issues, Weaning Supplements

Website: www.yourfeedingfriend.com

Files with private insurance and Medicaid

Hospitals

Integris Baptist Medical Center

405-949-3393 (NICU); 405-949-3254 (Lactation Services)

3300 Northwest Expressway

Oklahoma City, OK 73112

Brittany Gjesvold, RN, IBCLC; Tina Launer, RN, IBCLC; Melissa Colasacco, RN, IBCLC; Michelle Smith, RN, IBCLC; Sabrina Smith, RN, IBCLC

Visits: Inpatient, Outpatient

Hours: 8:00 a.m. – 5:00 p.m., 7 days a week

Specialty: Newborn through 1 year

Medicaid Provider and files with Private Insurance

Integris Canadian Valley Hospital

405-717-6434

1201 Health Center Parkway

Yukon, OK 73099

Kira Kirkes-Delay, BSN, RN, IBCLC

Visits: Inpatient, Outpatient

Hours: Monday-Friday 8:00am – 4:00pm

Specialty: Newborn through 1 year

Medicaid Provider and files with Private Insurance

Integris Health - Edmond

405-657-3245

4801 Integris Parkway

Edmond, OK 73034

Connie Barta, RN, IBCLC

Visits: Inpatient and Outpatient

Hours: Monday – Friday 8am - 4pm

Medicare Provider and files with Private Insurance

Integris Southwest Medical Center

405-644-5242

4401 S. Western

Oklahoma City, OK 73109

Cindy Laney, RN, IBCLC

Visits: Inpatient and Outpatient

Hours: 8:00 a.m. – 4:30 p.m.

Files with Private Insurance

Love Family Women's Center.

4309 W. Memorial Road

Oklahoma City, OK 73120

Patty Buersmeyer, RN, IBCLC

Visits: Inpatient, Outpatient

Hours: Monday – Friday 8am – 5pm

Specialty: Newborn to 6 months

Languages: English and Spanish

Medicaid provider and files with Private Insurance

Mercy Health Center

405-752-3586

4300 W. Memorial Road

Oklahoma City, OK 73120

Colleen Davis, RN, IBCLC; Julia Wambolt, APRN-CNP, WHNP-BC, CNM, IBCLC,
Michelle Walton, RN, IBCLC; Susie Williams, RN, IBCLC; Brittany Wood, RNC, LC

Visits: Inpatient and Outpatient

Hours: 9:00 a.m. – 4:00 p.m.

Specialty: Newborn to 6 months

Medicaid Provider and files with Private Insurance

Norman Regional HealthPlex

405-515-3532

3300 Healthplex Parkway

Norman, OK 73072

Pamela Denton, RN, IBCLC; Tracy DeJesus RN, IBCLC; Charissa Larson MS, IBCLC;
Jayme Provine, RN, IBCLC; Sarah Steele RN, IBCLC.

Visits: Inpatient, Outpatient

Hours: 7:00 a.m. – 7:00 p.m., 7 days a week

Specialty: Newborn

Medicaid Provider and files with Private Insurance

OU Medical Center

Lactation Center (TLC)

405-271-6455

1200 N. Children's Avenue

Oklahoma City, OK 73104-5068

Theresa Bryan, BSN, RNC, RN, IBCLC; Stasha Howard, IBCLC; Colleen Nelson, BS, IBCLC,
Mallory Brynn Johnston, BS, IBCLC; Mariana Orozco, LPN/IBCLC; Cathie Price, IBCLC, RLC;
Britney Schwarz, IBCLC; Mariana Gonzalez, BSN, RNC-MNN, LCCE, IBCLC;

Rachelle Stangl, BS, IBCLC, RLC

Visits: Inpatient

Medicaid Provider and files with Private Insurance

Languages: English and Spanish

Oklahoma Breastfeeding Hotline

877-271-MILK (6455)

Text OK2BF to 61222

Jaclyn Huxford, RDN/LD, IBCLC; Britney Schwarz, IBCLC; Cassidy Hale, BSN, RNC-OB,
IBCLC; Charissa Larson, MS, IBCLC;

Jessica Ryans, RN, IBCLC; Kate Copass, BSN, RNC-OB, IBCLC; Keri Hale, RD/LD, IBCLC;

Mariana Orozco, LPN, IBCLC

Hours: Breastfeeding Hotline - 24 hours/day

To give feedback on the hotline, call 405-271-6162

Funded through a grant provided by the Oklahoma State Department of Health

Oklahoma Breastfeeding Resource Center

1-877-271-6162

920 Stanton L. Young, Blvd., Williams Pavilion, Rm. 2230

Oklahoma City, OK 73104

Jaclyn Huxford, RDN/LD, IBCLC

Website: <https://obrc.ouhsc.edu/>

Oklahoma Mother's Milk Bank

405-297-LOVE (5683)
 940 NE 13th St
 Garrison Tower #1220
 Oklahoma City, OK 73104
 Keri Hale, RD/LD, IBCLC, Clinic Director;
 Rebecca Mannel, MPH, IBCLC, FILCA, Executive Director;
 Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday
 Email: info@okmilkbank.org

SSM St. Anthony Hospital - Shawnee

405-214-1556
 1102 West McArthur
 Shawnee, OK 74804
 Charli Hull, BSN, RN, IBCLC; Kristi McDonald, RN, IBCLC
 Visits: Inpatient and Outpatient
 Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.
 Speciality: Newborn to 1 year
 Medicaid Provider and files with Private Insurance

Indian Tribal Organization WIC**Citizen Potawatomi Nation WIC Program**

405-273-3216
 1601 S. Gordon Cooper Drive
 Shawnee, OK 74801
 Cheryl Richardson, MA, IBCLC
 Visits: Inpatient, outpatient - Serving Citizen Potawatomi Nation WIC participants
 Hours: By appointment 8:00 a.m. – 5:00 p.m., Monday - Friday
 Specialty: WIC Breastfeeding Peer Counseling Program, working mothers

Oklahoma Department of Health/WIC Clinics**Cleveland County Health
Department**

405-794-1591
 424 S. Eastern
 Moore, OK 73160
 Pamela J. Pierce, RD/LD, IBCLC Hours:
 Monday – Friday, 8am – 5pm

Grady County Health Department

405-224-2022
 2116 W Iowa Ave
 Chickasha, OK 73018
 Dacia Zimmerman, RN, IBCLC

Hope Center Health Clinic (WIC)

405-348-4680

1251 N. Broadway

Edmond, OK 73034

Kristyna Cleek, MS, RD/LD, IBCLC

Hours: Monday-Thursday, 8:00am-4:00pm

Visits: Outpatient

Specialty: Prenatal/postpartum breastfeeding support

Languages: English and Spanish

Additional information: Kristyna works for WIC, any pregnant or postpartum mother who has SoonerCare qualifies for WIC and can see Kristyna free of charge

McClain County Health Department

405-527-6541

919 N. 9th St.

Purcell, OK 73080

Dacia Zimmerman, RN, IBCLC

405-485-3319

600 N. Main St.

Blanchard, OK 73010

Dacia Zimmerman, RN, IBCLC

Neighborhood Services Organization (NSO) WIC Clinic

405-942-2008

3530 N. MacArthur Blvd.

Oklahoma City, OK 73122

Brittany Wheaton, MS, RD/LD, IBCLC

Visits: Inpatient

Hours: Monday – Friday, 7:45 a.m. – 4:30 p.m.

Specialty: WIC Breastfeeding Peer Counseling Program practiced within the WIC Clinic

Oklahoma City-County Health Department

405-425-4384

2401 NW 23rd Street, Suite 2G

Oklahoma City, OK 73107

Nao Galbraith, MS, RD/LD, CLC, IBCLC

Hours: Monday – Friday, 8:00 a.m. – 4:30 p.m.

Specialty: Practice within six OCCHD WIC Clinics

Languages: English and Japanese

Breastfeeding Peer Counseling Program available at OCCHD WIC clinics

Website: <https://www.occhd.org/clinics>**Oklahoma City-County Health Department**

405-425-4384

6728 S. Hudson Avenue

Oklahoma City, OK 73139

Mariana Zamora, LPN, IBCLC

Hours: Monday – Friday, 8:00 AM – 4:30 PM

Specialty: Clinical, Newborn

Languages: English, Spanish

Website: <https://www.occhd.org/clinics>

Oklahoma County Sooner Start

405-426-8550
 3017 N. Stiles, Suite 200
 Oklahoma City, OK 73105
 Jana Gober, MS, RDN/LD, IBCLC
 Hours: Monday – Friday, 8am-4:30pm
 Visits: Outpatient, Home visits within 20-miles
 Specialty: Birth to 3
 Medicaid Provider and files with private insurance

Oklahoma State Department of Health Maternal & Child Health Service

405-426-8113 or 405-426-8061
 123 Robert S. Kerr, Suite 1702
 Oklahoma City, OK 73102
 Amanda Parsons, MA, RDN/LD, IBCLC
 Hours: Monday – Thursday from 8:00 a.m. – 4:30 p.m.

Oklahoma State Department of Health WIC Service

405-426-8500 or Toll-Free 1-888-655-2942
 123 Robert S. Kerr, Suite 620
 Oklahoma City, OK 73102
 Amy Mauldin, RDN, LD, IBCLC, WIC Nutrition Manager
 Adrianna Halstead, RDN/LD, IBCLC, WIC Breastfeeding Coordinator
 Amanda Thomas, MA, RDN/LD, IBCLC, WIC Program Consultant
 Brooke Bowlware, RDN/LD, IBCLC, WIC Program Consultant
 Jenna Crider, RDN/ LD, IBCLC, WIC Program Consultant
 Sarah Devane, RDN/LD, IBCLC, WIC Breastfeeding Resource Specialist
 Wende Mitchell, RDN/LD, IBCLC, WIC Operations & Breastfeeding
 Specialist Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.

Northeast Area

Private Practice

Busy Being Birth & Wellness

918-565-2970
 7503 W. 60th Place N.
 Tulsa, OK 74126
 T’Kia Walterscheid, IBCLC, CLC
 Hours: Monday – Saturday, 9am-6pm
 Visits: Inpatient, outpatient, home visit within 20 miles
 Specialty: Oral Restrictions, Older Babies, Hormonal Concerns,
 Holistic Email: hello@tkiadenise.com
 Medicaid provider and files with private insurance

Innovations Lactation and Breastfeeding Services

918-398-3586
 7503 W. 60th Place N,
 Tulsa, OK 74126
 Montika Collins, MA, BSN, RN, IBCLC, CLC
 Hours: Monday - Thursday, 9:00 a.m. – 4:00 p.m.
 Visits: Outpatient, Home visit within 30 miles
 Specialty: All
 Email: info@innovationslc.com
 Files with private insurance

Lactation Lady Tulsa

949-370-9950
 4800 W. San Antonio St. Ste. 101
 Broken Arrow, OK 74012
 Heather Borsuk, IBCLC
 Hours: Monday – Saturday, 10am-8pm
 Visits: Outpatient, Home visit 30 miles
 Specialty: From birth to weaning and everything in between
 Email: Lactationladytulsa@gmail.com
 Files with private insurance

Newborn Life, LLC

303-668-7774
 Bixby, OK
 Katie Kunz, RN, IBCLC
 Hours: By appointment only
 Visits: Home visits within 30 miles
 Speciality: Prenatal/newborn
 Email: katie@katiekunz.com
 Accepts insurance through The Lactation Network, also offers virtual/telehealth visits.

On The Cusp Pediatric Dentistry

918-970-4944
 4444 S. Harvard Ave.
 Tulsa, OK 74135
 Roberta Tyler, BSN, RN, IBCLC
 Hours: 9am – 5pm
 Visits: Outpatient
 Specialty: Infant Oral Tethers, Feeding and Lactation
 Email: callcenter@onthecuspdds.com
 Additional information: We do bill Medicaid and private insurance; also are a Medela pump rental station.

Hospitals

Ascension St. John Jane Phillips

918-331-1148
 3500 SE Frank Phillips Blvd.
 Bartlesville, OK 74006
 Julie Blount, BSN, RN, IBCLC
 Visits: Inpatient and Outpatient
 Hours: 8:30-4:00
 Medicaid Provider and files with Private Insurance

Ascension St. John Medical Center

918-744-2681
 1923 S. Utica Avenue
 Tulsa, OK 74104
 Nadine Barnes, RN, IBCLC; Cynthia DeLay, BSN, RN, IBCLC; Rachel Foley, RN, IBCLC;
 Susan Reeder, MSN, RN, IBCLC; Suzanne Rinker, BSN, RN, IBCLC, Chelsea McFall
 Visits: Inpatient and Outpatient
 Hours: Monday – Saturday, 9:00 a.m. – 5:00 p.m.
 Medicaid Provider and files with Private Insurance

Bailey Medical Center

918-376-8268
 10502 N. 110th East Ave.
 Owasso, OK 74055
 Whitney Noble, RN, CCE, IBCLC
 Visits: Inpatient and Outpatient
 Hours: Tuesday, Thursday, Friday - 8:00 am to 4:00 pm
 Specialty: Newborn
 Medicaid Provider and files with Private Insurance

Cherokee Nation WW Hastings Hospital

918-458-3649
 100 S. Bliss
 Tahlequah, OK
 Lauri Hickman, MSN, RN, IBCLC, CCE
 Visits: Inpatient and outpatient
 Hours: 0730-0400
 Specialty: OB/outpatient/all ages
 Medicaid Provider and files with Private Insurance

Hillcrest Hospital Claremore

918-342-6762
 1202 N. Muskogee Pl.
 Claremore, OK 74017
 Cecilia Bates, RN, IBCLC
 Visits: Inpatient and outpatient
 Hours: 8am – 4pm
 Specialty: Newborn
 Medicaid Provider and files with Private Insurance

Hillcrest Hospital South

918-294-4239
 8801 South 101st East Avenue
 Tulsa, OK 74133
 Ranay Bedard, RN, IBCLC; Cassidy Hale, BSN, RNC-OB, IBCLC; Kate Copass, BSN, RNC-OB, IBCLC
 Visits: Inpatient and Outpatient
 Hours: On call
 Specialty: Newborn
 Medicaid Provider and files with Private Insurance

Hillcrest Helmerich Women’s Center

918-579-8018
 1120 S. Utica Avenue
 Tulsa, OK 74104
 Rebecca Onyirioha, MSN, RN, IBCLC; Karen Stockwell, BSN, RN, IBCLC; Yuliana Torres, IBCLC
 Visits: Inpatient and Outpatient
 Hours: Monday – Friday, 9:00 a.m. – 5:00 p.m.
 Medicaid Provider and files with Private Insurance

Integris Health Miami Hospital

918-919-2708
 200 2nd S.W.
 Miami, OK, 74354
 Emily Burkybile, IBCLC

Integris Health Grove Hospital

918-919-2708
 100 E. 18th St..
 Grove, OK 74344
 Emily Burkybile, IBCLC

Saint Francis Hospital

918-494-6455
 6161 S. Yale Avenue
 Tulsa, OK 74136
 Lynn Clutter, PhD, APRN-CNS, IBCLC; Traci Mathis, LD, IBCLC; Debbie Ratzlaff, MSN, RN, IBCLC,
 Jamie McCarroll, BSN, RN, IBCLC, Kerstin West-Wilson, MS, IBCLC
 Visits: Inpatient and Outpatient
 Hours: Monday – Friday, 8:00 a.m. – 4:30 p.m.
 Specialty: Preterm and newborns
 Languages: English, Swedish, French
 Medicaid Provider and files with Private Insurance

Tulsa Lactation Care

661-495-7768
 1701 S. Main St., PO Box 114
 Broken Arrow, OK 74013
 Joanna Peterson, BSN, RN, IBCLC
 Visits: Home visits within 15 miles
 Hours: 9am – 6pm
 Files with Private Insurance

Indian Tribal Organization WIC

Inter-Tribal Council WIC/ Integris Miami & Integris Grove Hospital

918-919-2708
 21 N. Eight Tribes Trail
 Miami, OK. 74354
 Emily Burkybile, IBCLC
 Hours: 24/7
 Visits: Inpatient, outpatient, home visit within 50 miles
 Medicaid Provider

Oklahoma State Department of Health/WIC Clinics

Creek County Health Department

918-224-5531
 1808 S. Hickory
 Sapulpa, OK 74066
 Heather Odenwald, MS-MPH, RDN/LD, IBCLC
 Visits: Outpatient
 Hours: Tuesday – Friday, 8am – 5pm
 Spanish interpreter available at both locations.
 WIC and non-WIC services available

Tulsa Health Department/ConnectFirst Lactation

918-779-6953
 5330 E. 31st St.
 Tulsa, OK 74135
 Kyla Pfannenstiel, BSN, RN, IBCLC
 Visits: Outpatient, Home visit within Tulsa County
 Hours: Monday – Friday, 9:00 a.m. – 5:00 p.m.
 Medicaid provider
 Additional information: Bilingual Breastfeeding Educator on staff and interpretation in other languages provided as well. Clients must be income eligible for SoonerCare or WIC, services are provided at no cost.

Tulsa Health Department-South

918-582-9355
 6406 S. Peoria
 Tulsa, OK 74136
 Kristi Ring, RDN/LD, IBCLC

Private Practice

The Latch by Amber Richards, BSN, RN, IBCLC

580-304-9160

Amber Richards, BSN, RN, IBCLC

Traveling IBCLC in Enid, OK

Hours: varying/flexible

Visits: 2-hour radius

Email: amber.richards@the-latch.com

The Postpartum Plan, LLC

405-6144409

Stillwater, OK

Keysha Sanders, IBCLC, Certified Postpartum Doula, Certified Childbirth Educator

Visits: Inpatient, Outpatient, Home Visits within 125 miles

Hours: 24/7

Email: Thepostpartumplan@gmail.com

Medicaid provider and files with Private Insurance

Latched Lactation Support

405-740-8325

Stillwater, OK

Rachel Weaver, RN IBCLC

Visits: Home visit, within 45 miles of Stillwater

Hours: Monday through Thursday, 8am-6pm, Friday, 8am-12pm. Some evening and

weekend availability Email: rachelweaver@latchedok.com

Medicaid Provider and files with Private Insurance

Nora Elizalde, DNP, APRN, CNM, WHNP-BC, IBCLC

806-339-2668

Guymon, OK

Visits: Online home visits

Email: elizaldeibclc@gmail.com

Hospitals

Alliance Health

580-254-8654

900 17th St.

Woodward, OK 73801

Shala McIntosh, BSN, RN, IBCLC

Visits: Inpatient and Outpatient

Hours: Varies by appointment

Integrus Bass Baptist Health Center

580-548-1347

600 S. Monroe Street

Enid, OK 73701

Annette Schovanec, RNC, BSN, IBCLC; Linda Suderman, RN, IBCLC

Visits: Inpatient, Outpatient

Hours: Monday – Friday, 9:00 a.m. – 5:00 p.m.

Medicaid Provider and files with Private Insurance

Stillwater Medical Center

405-742-5553

1323 W. 6th Avenue

Stillwater, OK 74076

Jeanne Campbell, BSN, RNC, IBCLC

Visits: Inpatient, Outpatient, Home visits 35-mile radius

Hours: Monday-Friday, 9:30 a.m. – 6:00 p.m.

Specialty: Newborns to 3 months

Medicaid Provider and files with Private Insurance

Oklahoma State Department of Health/WIC Clinics**Garfield County Health Department**

580-233-0650

2501 Mercer Drive

Enid, OK 73701

Joy Richert, RN, IBCLC

Visits: Outpatient

Hours: Monday – Friday, 8:00 a.m. – 4:30 p.m.

Medicaid provider

Pawnee County Health Department

918-762-3643

501 5th Street

Pawnee, OK 74058

Kristen Dent, BSN, RN, IBCLC; Heather Odenwald, MS-MPH, RD/LD, IBCLC

Visits: Outpatient

Hours: 8:00 a.m. – 5 p.m., Monday – Friday

Payne County Health Department

918-225-3377

1026 N. Linwood

Cushing, OK 74023

Heather Odenwald, MS-MPH, RDN/LD, IBCLC

Visits: Outpatient

Hours: Monday, 9am – 4pm

Spanish interpreter available

WIC and non-WIC services available

Private Practice

Choctaw Nation Health Care Center

918-567-7000

One Choctaw Way

Talihina, OK 74571

Visits: Inpatient, Outpatient

Hours: 7:45am – 4:15pm

Amy Gray, RN, IBCLC

Medicaid provider and files with Private Insurance

Nurturing Mamas Network

918-916-9896

800 12th Ave Northwest

Ardmore, OK 73401

Anita Wingfield, MS, RN, IBCLC

Hours: After hours; weekends

Visits: Outpatient

Specialty: Virtual breastfeeding classes, lactation consults for newborn, induced lactation

Southern Oklahoma Women's Health

580-224-9000

731 12th Avenue NW

Ardmore, OK 73401

Zann Shelton, APRN, CNP, IBCLC

Visits: Outpatient

Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Medicaid provider and files with Private Insurance

Hospitals

Chickasaw Nation Medical Center

580-399-0303

1921 Stonecipher Blvd

Ada, OK 74820

Amanda Fowler, LPN, IBCLC, CCE; Checotah Pardue, RN, IBCLC;

Krysten Booker, MSHR, IBCLC, RLC

Visits: Inpatient, Outpatient

Hours: Monday – Friday, 8am – 5pm

Specialty: Pediatrics, Mastitis care and relief

Medicaid provider and files with Private Insurance

Mercy Clinic OB/GYN Ardmore

580-226-3003
 731 12th Ave Northwest, Suite 210
 Ardmore, OK 73401
 Julia Wambolt APRN-CNP, WHNP-BC, CNM, IBCLC
 Visits: Inpatient, Outpatient
 Hours: Monday – Friday, 9am – 4pm
 Specialty: Newborn/Infant
 Medicaid provider and files with private insurance

Indian Tribal Organization WIC

Chickasaw Nation WIC

580-399-2000
 1001 N. Country Club
 Ada, OK 74820
 Laura Robinson, IBCLC, RLC
 Visits: Inpatient, Outpatient, home visits negotiable
 Hours: Monday-Friday, 8:00am – 5:00pm, after hours optional
 Specialty: Prenatal education, weaning and tongue tie

Chickasaw Nation WIC

580-482-1984
 4970 W. Highway 7
 Sulphur, OK 73086
 Claudia M. Smith, IBCLC
 Visits: Outpatient, Home Visits within 30 miles
 Hours: 8am – 5pm
 Specialty: 0 – 5 years
 Languages: English and Spanish

**Oklahoma State Department of Health/
 WIC Clinics**

Haskell County Health Department

918-967-3304
 901 NW 6th Street
 Stigler, OK 74462
 Emmy McPeak, M.Ed, RDN/LD, IBCLC
 Visits: Outpatient
 Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.

Hughes County Health Department

405-379-3313
 200 McDougal Dr.
 Holdenville, OK 74848-2811
 Angela Johnson, RDN/LD, IBCLC
 Visits: Outpatient
 Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.
 Specialty: Pregnancy, Birth - Age 5

McIntosh County Health Department

918-473-5416
 211 West Gentry
 Checotah, OK 74426
 Emmy McPeak, M.Ed, RD/LD, IBCLC
 Visits: Outpatient
 Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.

Seminole County Health Department

405-382-4369
 1900 Boren Blvd.
 Seminole, OK 74868
 Angela Johnson, RDN/LD, IBCLC
 Visits: Outpatient
 Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.
 Specialty: Pregnancy, Birth - Age 5

Southwest Area

Private Practice

Latched By Kimberly, LLC

580-475-6853
 1424 Limestone Way
 Elgin, OK 73538
 Kimberly Dalrymple, IBCLC, CD (DONA)
 Visits: Inpatient, Outpatient, Home Visits within 60 miles
 Specialty: Newborn
 Hours: Monday – Friday, 9:00am - 2:00pm
 Files with Private Insurance
 Email: latchedbykimberly@gmail.com

Hospitals

Comanche County Memorial Hospital

580-250-5253
 3401 W. Gore Blvd.
 Lawton, OK 73505
 Jenifer Brown, RNC-OB, IBCLC; Tonya Defoor BSN, RNC-OB, IBCLC;
 Visits: Inpatient, Outpatient
 Hours: Monday – Friday, 8am – 4pm; Saturday by appointment
 Specialty: Birth+
 Medicaid provider and files with private insurance

Duncan Regional Hospital

580-252-5300
1407 N. Whisenant Drive
Duncan, OK 73533
Jessica Ryans, RN, IBCLC
Visits: Inpatient, Outpatient
Hours: Monday – Friday, 9:00 a.m. – 5:00 p.m. Medicaid
Provider and files with Private Insurance

Cordell Memorial Hospital Clinic

580-832-2222
1109 N. Glenn English
Cordell, OK 73632
Kelsey Schones, APRN, IBCLC
Visits: Outpatient
Hours: Tuesday – Friday, 8am – 5pm
Medicaid Provider and files with Private Insurance



OKLAHOMA
State Department
of Health