

Coloring Challenge

SHARPEN YOUR CRAYONS, UNCAP YOUR MARKERS, WET YOUR WATERCOLORS!

Instructions

Have your child/children create a drawing of their happiest day or simply a **“Happy Day Picture.”**

- 1 Click or scan the code for the coloring challenge template or use a plain white piece of paper.**
If using plain white paper, add the child's first name only, age, and #pictureabrighterfuture.



- 2 Color Away!**
(Remember to be creative and have fun!)
- 3 Take a photo of the drawing with your smartphone. To register, click or scan the QR code above and click the “Submit” link at the bottom of the first page.**
Once submitted, go to page 3 and check the box next to “Coloring Page Challenge.” Finish the Coloring Challenge registration by completing the rest of the form with all the information that applies.

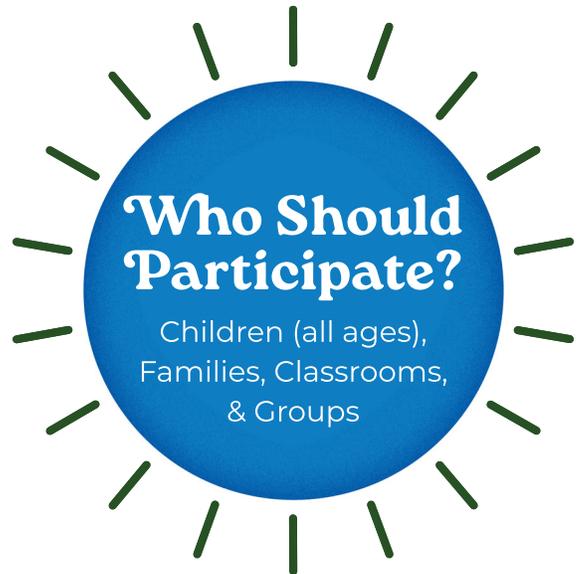
- 4 SHARE! SHARE! SHARE!**
Help make this a viral sensation!

- Upload the drawing to your **Facebook, Twitter** and **Instagram** pages and describe your artwork to provide context. Use hashtag #pictureabrighterfuture.
- Like the **“Oklahoma Child Abuse Prevention”** Facebook page and then upload your child's drawing directly to that page using #pictureabrighterfuture along with a few words to describe the picture.
- **Don't use Social Media?** Email LachezE@health.ok.gov. Include contact info, the child's first name, age, and a few words about the drawing with the JPG or PDF. Be sure to include **“Coloring Challenge Social Media”** as the email's subject line.

- 5 Watch for more Happy Day Pictures on the Oklahoma Child Abuse Prevention Facebook page!**



Upload or share all Happiest Day pictures by **May 16, 2026.**



Planting Positive Roots



OKLAHOMA
State Department
of Health

My Happiest Day

First Name: _____ Age: _____

