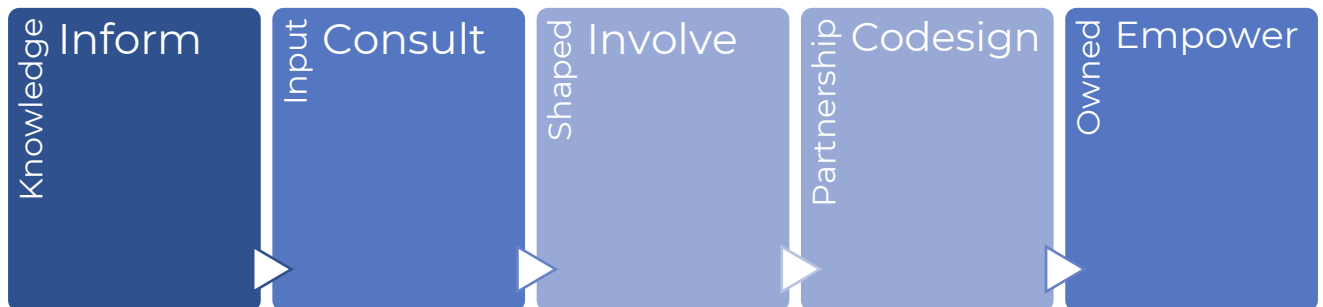


Lived Experience (LEX) Continuum:

After utilizing the three components of the self-assessments, the program will be able to review the level of the lived experience/caregiver voice continuum they partner on. The program will be equipped to begin continuous quality improvement towards empowering individuals/families in all aspects of the program/services.



- **Inform** – informed of decisions but their voice is not sought.
- **Consult** – views are sought but may not be implemented.
- **Involve** – voices are listened to and used to inform improvement.
- **Codesign** – input is sought from the initiation of planning and utilized throughout design and decision-making.
- **Empower** – set agendas for change, empowered to lead (homes, community, program, etc.)



Post Self-Assessment and Convening Follow-Up:

Please scan the QR code to complete the post self-assessment questionnaire and answer the follow-up questions. This will help us gather insights from your experience today and understand your next steps.