

OKLAHOMA SENATE BILL 419: PERINATAL MENTAL HEALTH DISORDERS WHAT IT MEANS TO HOSPITALS & LICENSED HEALTH CARE PROFESSIONALS

EFFECTIVE DATE: NOV. 1, 2019 | [VIEW ENROLLED BILL](#)

How does this affect hospitals?

All hospitals that provide labor and delivery services shall provide to mothers, prior to discharge following childbirth, and, if possible, shall provide fathers and other family members with complete information about perinatal mental health disorders. This information is to include symptoms, coping methods, and treatment resources available. Such information can be found in [this patient handout from PSI](#).

How does this affect Licensed Health Care Professionals (LHCPs)?

Prenatal Care: LHCPs who are providing prenatal care shall provide education to women and, if possible and with permission, to their families about perinatal mental health disorders in accordance with the [formal opinions and recommendations of the American College of Obstetricians and Gynecologists \(ACOG\)](#). LHCPs shall invite each pregnant patient to complete a validated assessment tool during a prenatal visit. The assessment should be reviewed with the patient in accordance with the [recommendations of the ACOG](#). The assessment should be repeated when a reasonable possibility exists that the woman suffers from a perinatal mental health disorder.

Postnatal Care: LHCPs who are providing postnatal care shall invite patients to complete a validated assessment tool during a postnatal visit. This assessment should be reviewed with the patient in accordance with the [recommendations of the ACOG](#).

Pediatric Care: LHCPs who are providing pediatric care to an infant at any well-baby checkup prior to the infant's first birthday shall invite the mother to complete a validated assessment tool to ensure that the health and well-being of the infant are not compromised by an undiagnosed perinatal mental health disorder in the mother. In order to share results from an assessment with the mother's primary LHCP, consent should be obtained in accordance with the Health Insurance Portability and Accountability Act (HIPAA). **Consent is NOT required if the mother is determined to present an acute danger to herself or someone else.**

Definitions:

Hospital -- general medical surgical hospitals, specialized hospitals, critical access and emergency hospitals, and birthing centers

Licensed Health Care Professional (LHCP) -- A licensed allopathic or osteopathic physician, licensed Advanced Practice Registered Nurse, or a licensed physician assistant

Validated Assessment Tools:

- [Edinburgh Postnatal Depression Scale \(EPDS\)](#)
- [Patient Health Questionnaire \(PHQ9\)](#)
 - [English](#) | [Spanish](#) | [Other Translations](#)
- [Beck Depression Inventory](#)
- [Postpartum Depression Screening Scale](#)
- [Other Validated Tools](#)

Resources:

Postpartum Support International (PSI):

- postpartum.net
- PSI Patient Handout: [English](#) | [Spanish](#)

PSI Perinatal Psychiatric Consult Line for providers: 1-800-944-4773 ext. 4 for consult

ACOG:

www.acog.org/More-Info/PerinatalDepression

AAP Policy Statement: [Incorporating Recognition and Management of Perinatal Depression Into Pediatric Practice](#)

[Consensus Bundle on Maternal Mental Health](#)

Oklahoma Perinatal Quality Improvement Collaborative (OPQIC): opqic.org

Oklahoma Hospital Association: okoha.com

Oklahoma Board of Nursing: nursing.ok.gov/

Oklahoma Medical Board: okmedicalboard.org/

Oklahoma State Board of Osteopathic Examiners: ok.gov/osboe



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