

Sexual Behaviors

Among Oklahoma Public High School Students



What do the data say?

Data from the **2023 Oklahoma Youth Risk Behavior Survey (YRBS)** indicate that:

- **60.1%** of students had never had sexual intercourse¹
- **89.5%** have had sexual intercourse with three or fewer persons¹
- **71.2%** of students were currently not sexually active²

Among students who were currently sexually active:

- **18.8%** drank alcohol or used drugs before their last sexual intercourse
- **46.8%** did not use a condom during their last sexual intercourse
- **18.7%** did not use any method to prevent pregnancy during their last sexual intercourse

1. During their lifetime

2. Sexual intercourse with at least one person during the 3 months before the survey

60.1%

Never had sexual intercourse¹

71.2%

Were currently not sexually active²

46.8%

Did not use a condom during last sexual intercourse

How to support youth in making healthy and informed sexual health decisions

- Provide opportunities for youth to participate in programs and activities that promote positive youth development.
- Create safe spaces where young people can freely discuss their concerns about love, sex, and relationships.
- Talk to young people about sexual consent and teach them skills for setting and communicating personal boundaries, as well as the importance of respecting the boundaries of others.
- Partner with trained sexual health educators to deliver comprehensive, medically accurate, and evidence-based health education in schools and/or community settings.
- Connect young people to organizations and/or health care professionals for sexual and reproductive health education and services.
- Encourage and empower parents/caregivers to be trusted adults by connecting them with information and resources for talking with their children and adolescents about human anatomy, sexuality and healthy relationships.

For more information, contact the Family Support and Prevention Service, Assessment Division, at **(405) 426-8092** or visit **oklahoma.gov/health/yrebs**.