

OKLAHOMA



PREGNANCY RISK ASSESSMENT MONITORING SYSTEM

SOCIAL DETERMINANTS/DRIVERS OF HEALTH

The **Social Drivers of Health** (SDOH), also referred to as the Social Determinants of Health, are non-medical factors that influence health, functioning, and quality of life outcomes and risks.¹ They are the conditions where people are born, grow, live, learn, work, play, worship, and age, and include forces and systems that shape daily life.^{1,2} Healthy People 2030, the roadmap for health in America, categorizes SDOH (a priority area) in five different ways: 1) Education Access and Quality, 2) Economic Stability, 3) Social and Community Context, 4) Neighborhood and Built Environment, and 5) Health Care Access and Quality.² SDOH can have positive or adverse effects.

EXAMPLES INCLUDE:



Education Access and Quality

High-quality educational opportunities for children and adolescents.



Economic Stability

Access to healthy foods, health care, housing, and steady employment.



Social and Community Context

Relationships and interactions.



Neighborhood and Built Environment

Improving health and safety by reducing violence and risks.



Health Care Access and Quality

Insurance, preventive care, and having a primary care provider.

Oklahoma PRAMS implemented a 2022 SDOH supplement that included 12 questions covering three of the five SDOH domains.

Among Oklahoma Mothers

Economic Stability

Had a time in the last 12 months when unable to pay mortgage, rent, or bills

20.4%

Had a place to live, but worried about losing it

3.8%

In the last 12 months, food always or usually didn't last with no money for more

4.1%

In the last 12 months, always or usually unable to afford balanced meals

7.1%

In the last 12 months, had a lack of reliable transportation

11.8%

Health Care Access & Quality

In the last 12 months, health providers sometimes, rarely, or never explained health matters in an easy to understand way

12.4%

Since baby was born, felt that mental health services were needed

31.8%

Were unable to get the mental health services needed

of these

31.4%

Top reasons why unable to get services:

Didn't have time (56.6%)

Didn't know where to get services (47.6%)

Couldn't afford it (35.2%)

Concerned might have to take medicine (26.3%)

Social & Community Context

During lifetime, always or usually felt treated unfairly because of race/ethnicity

2.9%

Within the last 30 days, always or usually felt stress

19.3%

In the last 12 months, sometimes, rarely, or never received social/emotional support

25.1%

References

- Centers for Disease Control and Prevention. (2024, January 17). *Social Determinants of Health (SDOH)*. <https://www.cdc.gov/about/priorities/why-is-addressing-sdoh-important.html>
- Healthy People 2030. (n.d.). *Social Determinants of Health*. U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. <https://odphp.health.gov/healthypeople/priority-areas/social-determinants-health>

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PRAMS collects population-based data on maternal attitudes and experiences before, during, and shortly after pregnancy. Approximately 250 Oklahoma mothers are randomly selected each month to participate and can respond via mail, phone, or web survey in either English or Spanish. Information included in the birth registry is used to develop analysis weights that adjust for selection probability and non-response. Prevalence rates were calculated using SAS callable SUDAAN. The response rate for 2023 was 53%. Special assistance for this publication was provided by Ayesha Lampkins, DPA; April Lopez, MPH; Biniitha Kunnell, MS; and Rebekah Rodriguez. Funding was made possible by PRAMS, grant number U01DP006591, and by the Maternal and Child Health Bureau, Department of Health and Human Services, Maternal and Child Health Services Title V Block Grant. This publication was issued by the Oklahoma State Department of Health (OSDH), an equal opportunity employer and provider. A digital file has been deposited with the Publications Clearinghouse of the Oklahoma Department of Libraries in compliance with section 3-114 of Title 65 of the Oklahoma Statutes and is available for download at www.documents.ok.gov | Issued July 2025