

OKLAHOMA Sexual Risk Avoidance Education Program

What is the Oklahoma Sexual Risk Avoidance Education Program?

The Sexual Risk Avoidance Education (SRAE) grant program utilizes classroom-based youth education, mentorship, and parent education to increase protective factors, mitigate risk factors, and provide youth and their families with tools to reduce youth risk behaviors. The program is designed to teach youth personal responsibility, self-regulation, goal setting, healthy decision-making, a focus on the future, the prevention of drug and alcohol use, and to voluntarily refrain from sexual activity.

Parents/Caregivers were provided with education in strategies to increase communication with their youth and to promote parents as primary sexual educators. The two interventions utilized by the SRAE grant program, Families Talking Together and It's That Easy, empower parents to speak with their youth about delaying sexual initiation, healthy relationships, making positive decisions, and what their familial expectations are. After training in the curriculum was received, ten parents participated in the inaugural classes.

During fiscal year 2024-2025, the Oklahoma SRAE grant program partnered with Big Brothers Big Sisters of Oklahoma and Multi-County Youth and Family Services to provide intervention and education to youth statewide.



EVIDENCE-BASED CURRICULA IMPLEMENTED

- Youth Mentoring Program
- Promoting Health Among Teens – Abstinence Only
- Choosing the Best PATH
- Choosing the Best WAY

DURING THE 2024-2025 SCHOOL YEAR

560

youth received evidenced-based curricula in the classroom

268

students completed the exit survey

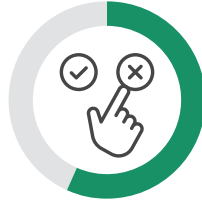
100%

of the participants attended 75% or more of the curriculum sessions

Program Effects

On the exit survey participants responded that they were **Somewhat More Likely** or **Much More Likely To...**

Self-management



56.8%
resist or say no to
peer pressure



50.9%
think about the consequences
before making a decision

Knowledge & Intent



68.8%
better understand what makes
a relationship healthy

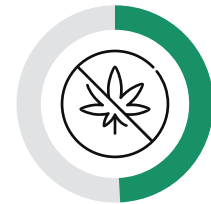


59.9%
were more likely to talk to
a trusted person/adult

Healthy Behaviors



43.4%
make decisions to not
drink alcohol



49.3%
make decisions to not
use marijuana

Planning For The Future



62.8%
make plans to reach
their goals



56.8%
care about doing
well in school