Building Healthy Communities & Preventing Child Maltreatment A Shared Responsibility

Figether-

Oklahoma State Department of Health and Oklahoma Human Services 3rd Bi-Annual Collaborative Convening | October 14th, 2021

9:30am

Opening Blessing – Kendra Lowden, President of the Oklahoma Indian Child Welfare Association & Citizen Potawatomi Nation Foster Care/Adoption Manager

9:40am

Opening Keynote – Justin Brown, Secretary of Human Services & Director Oklahoma Human Services

10:00am

State Plan for the Prevention of Child Abuse and Neglect – The Children's State Advisory Workgroup (CSAW) & Family Resource Network and Family Resource Centers

10:25am

Oklahoma's Child Welfare System – Child and Family Services Plan & Title IV-E Prevention Program Plan

10:50am

Coffee/Stretch Break

11:00am

Plenary Speaker – Dr. Dolores Subia BigFoot, PhD, Presidential Professor & Director of Indian Country Child Trauma Center, OUHSC – Child Study Center

Opening Blessing



Kendra Lowden

President of the Oklahoma Indian Child Welfare Association & Citizen Potawatomi Nation Foster Care/ Adoption Manager



Opening Keynote



Justin Brown

Secretary of Human Services



Oklahoma State Department of Health



Beth Martin, MA, CCC

Director, Family Support & Prevention Services



Children's State Advisory Workgroup (CSAW)

CSAW Mission

The mission of the Children's State Advisory Workgroup (CSAW) is a collaboration of leaders from child serving organizations that have mechanisms to produce Hope. CSAW is charged to develop, enhance, coordinate and integrate systems that assist with identification of behavioral health goals to increase hope and resilience for children and families. The vision of CSAW is to increase hope in children and families by creating early and easy access to effective behavioral health support, resources, and services to remain safely and successfully in their own home and community with hope for the future.

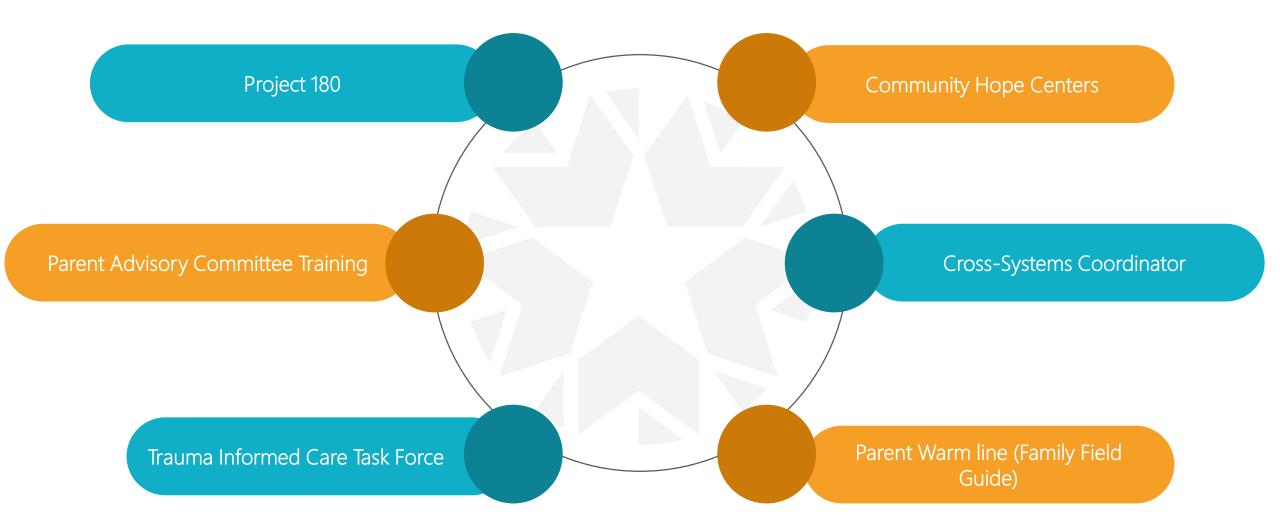
CSAW Partnership

CSAW Members

- Evolution Foundation, Jeff Tallent ٠
- OJA, Janelle Bretten ٠
- OCCY, Mark James ٠
- OKDHS, Brett Hayes, Deb Shropshire, Beth • Scrutchins, Denise Anderson
- ODMHSAS, Sheamekah Williams and Jessica Hawkins
- DRS, Mark Kinnison and Melinda Bunch ٠
- OFN, Joni Bruce ٠
- OHCA, Traylor Rains ٠
- OPSR, Carrie Williams ٠
- OSDE, Shelly Ellis and Beth Whittle ٠
- OSDH, Beth Martin and Joyce Marshall ٠
- OSU, Jordan Love ٠
- Parent Professional, Renata Goolsby ٠
- Parent Professional, Reshan Fuller



CSAW Wins



CSAW Goals

Implement a datadriven model of "coordinated community investment" among CSAW members/partners in at least one site by June 30th, 2022. In order to address CMH, develop and recommend a best-practice check list that all child-serving state agencies use to ensure there is a focus of trauma-informed care practice. Establish a partnership through the statewide contract with Dr. Chan Hellman, equip child-serving agencies with the tools to infuse the Science of Hope within respective programs by June 30th, 2022.

Thank You

October 14, 2021

Oklahoma Family Support Network:

Family Resource Centers

LaChez' English, MS, MPH

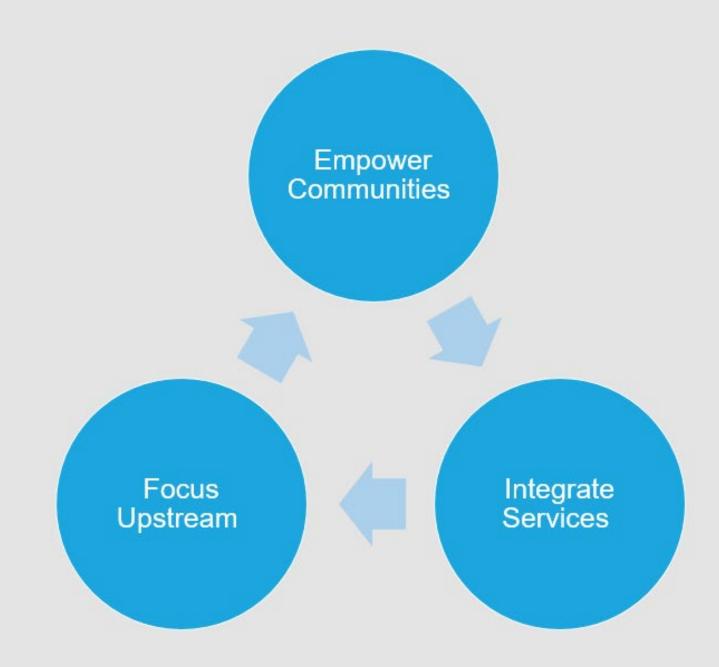
Oklahoma Family Support Network Coordinator Family Support and Prevention Service

LachezE@health.ok.gov

OKLAHOMA State Department of Health



Goals for Effective Family Resource Center Development and Sustainability in Oklahoma





For more information about the Oklahoma Family Resource Network or Family Resource Centers, please contact:

LaChez' English, MS, MPH

Oklahoma Family Support Network Coordinator

Family Support and Prevention Service OKLAHOMA State Department of Health



LachezE@health.ok.gov

Oklahoma Child Welfare Services



Deborah Shropshire, MD, MHA

Director, Child Welfare Services Oklahoma Human Services



Break

Plenary Speaker



Dr. Dolores Subia BigFoot, PhD

Presidential Professor & Director of Indian Country Child Trauma Center, OUHSC – Child Study Center





Exploring Circle Theory to Promote Practice Based Evidence in Child Wellbeing

Dolores Subia BigFoot, PhD

University of Oklahoma Health Sciences Center

www.icctc.org



Introduction

Dolores Subia BigFoot, PhD University of Oklahoma Health Sciences Center Center on Child Abuse and Neglect Indian Country Child Trauma Center Suicide Prevention Resource Center 1000 NE 13th Street, Nicholson Tower Suite 4900 Oklahoma City, Oklahoma 73190 405-271-8858 www.icctc.org www.sprc.org



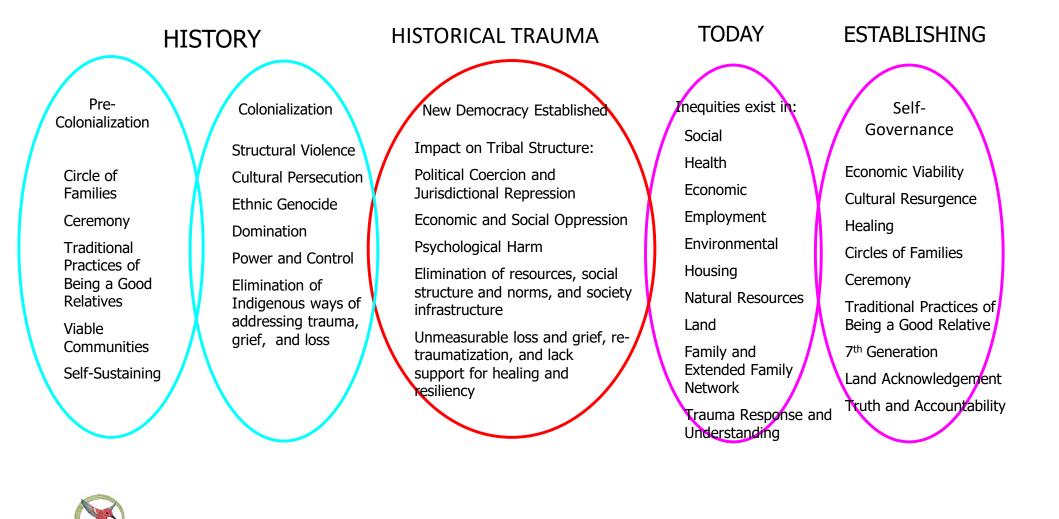
Land Acknowledgement

Long before the University of Oklahoma and the University of Oklahoma Health Sciences Center were established, the land on which the University now resides was the traditional home of the "Hasinais" Caddo Nation and "Kirikir?i:s" Wichita & Affiliated Tribes.

We acknowledge this territory once also served as a hunting ground, trade exchange point, and migration route for the Cheyenne, Arapaho, Apache, Comanche, Kiowa and Osage Nations.

Today, 39 tribal nations dwell in the state of Oklahoma as a result of settler and colonial policies that were designed to assimilate Native people. The University of Oklahoma recognizes the historical connection our university has with its indigenous community. We acknowledge, honor and respect the diverse Indigenous peoples connected to this land. We fully recognize, support and advocate for the sovereign rights of all of Oklahoma's 39 tribal nations. This acknowledgement is aligned with our university's core value of creating a diverse and inclusive community. It is an institutional responsibility to recognize and acknowledge the people, culture and history that make up our entire OU Community.

Linking Experiences of Colonialization, Historical Trauma, Loss and Grief to Current Disparities



Evidence Based Practices

- Cognitive/affect/behavioral
- Attachment
- Humanist
- Developmental
- Neurobiology

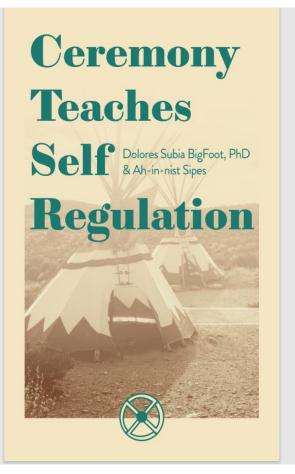
• Empowerment

Indigenous Knowledge

Thinking, feeling, doing **Relational & Circle Theory** We are all related Naming, Medicine Wheel We knew the earth was round, Racial Memories, mind-body-spirit-heart connection Non interference, Nonjudgement, choice

Conceptualization (Not a Continuum)

Concept	Indigenous	American Indian Tribes	Alaska Native	Tribe/Village Specific	Western (Caucasian)
Orientation/ Worldview	Medicine Wheel, Pipe, Pottery, Tree	Circle, Relational, Extended Families	Creation Stories	Creation Stories, Origins (land, water, trees, mountains, etc.)	Theories (Psychological/ Sociological)
Child Wellbeing	Having family, not being an orphan	Circle, Relational, Creation Stories	Creation Stories	Well Being (knowing who they are, where they come from) Salmon	Best Interest of the Child
Family and Extended Family	Camps, Lodges, Alliances, Clans, Bands, Societies, Camp Locations, Markings, Pledges	All my Relatives, Being a Good Relative, consider 7 th Generations back and forward	Extended Family, Location	Clans	Single Unit
Attachment	Ceremony Protocol	Culture/Identity, Use of Ceremony Protocol	Cultural/Identity, Use of Ceremony Protocol	Ceremony, Culture/Identity (being a human being) Protocol	Mother/Child Pairing Expectation
Discipline 10/14/2021	Self-regulation	Self-regulation Guidance Ceremony (c) D. S.	Self-regulation Guidance BigFoot, 2021	Self-regulation Guidance Ceremony	Punishment or privileges removed Praise



Ceremony is not entertainment, rather is a process toward learning who you are, the process of self discovery, self-regulation, and sacrifice



Ceremony is about preparation, sacrifice, service, reflection, offerings, and grounding that results in gaining self-regulation. The definition for self-regulation involves controlling one's behavior, emotions, and thoughts in the pursuit of short term and long-term outcomes. More specifically, emotional selfregulation refers to the ability to manage disruptive emotions (feelings), behavioral impulses and actions (doing), and intrusive or negative thoughts (thinking).



Self-regulation is an on-going process that is practiced daily toward improvement and mastery over time. For ceremony, there is preparation which includes planning, scheduling, and thoughtful engagement with ceremonial individuals, family, or others that guide intent and actions. One instruction that is typically given is to think good thoughts in preparation of moving toward ceremony.



Our grandparents, elders, and ancient ones have long prayed and offered sacred words to the Creator to watch over all things from the past, the present, and the future.

We are taught to pray for all things because we are all connected. The air we breathe comes from the trees. The food we eat comes from the earth. The rain that cleanses us comes from the sky.

Through sacred words comes healing from the past, strength for the present and hope for the future.

Big Horn Medicine Wheel

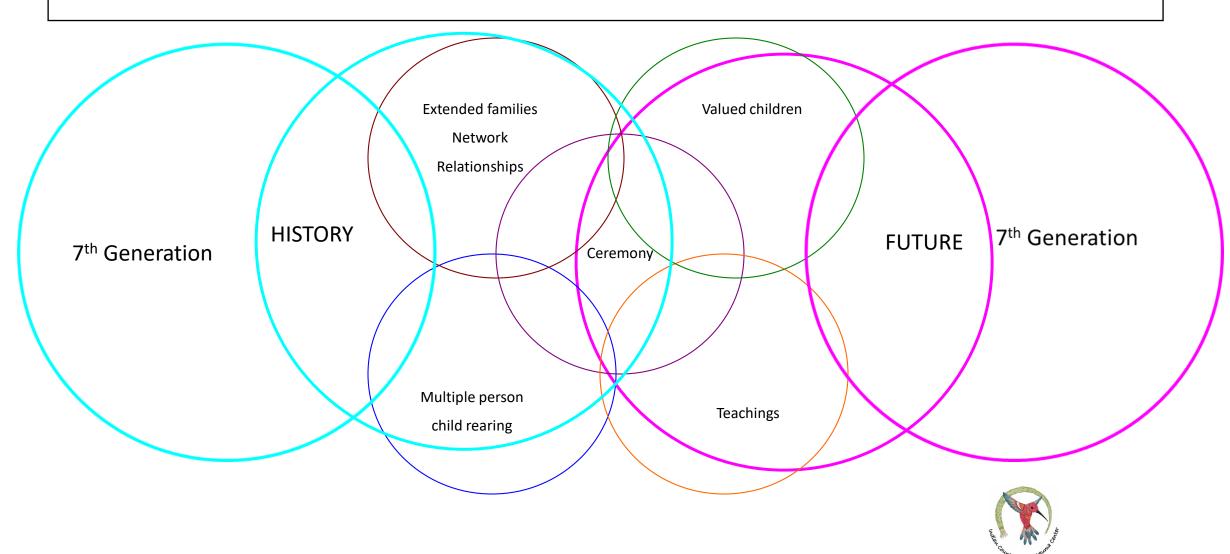


Et and Child Trans

http://solar-center.stanford.edu/AO/bighorn.html

Circle Theory Teachings Transitions Developmental Progression Spiritual Guidance Self Regulation Self awareness Sacrifice Acceptance Resilience Recovery Healing History Stories Understanding Relationships

Circle Theories



Context 1 (parents)

PRACTICE/APPLICATION

PROCESS

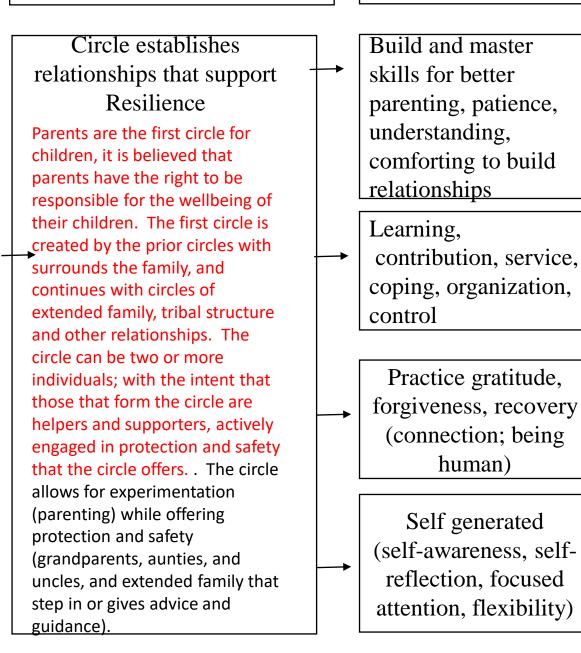
OUTCOMES

Parents: Relationships & Family Connections Develop mastery with communication and negotiation (give and take of relationships)

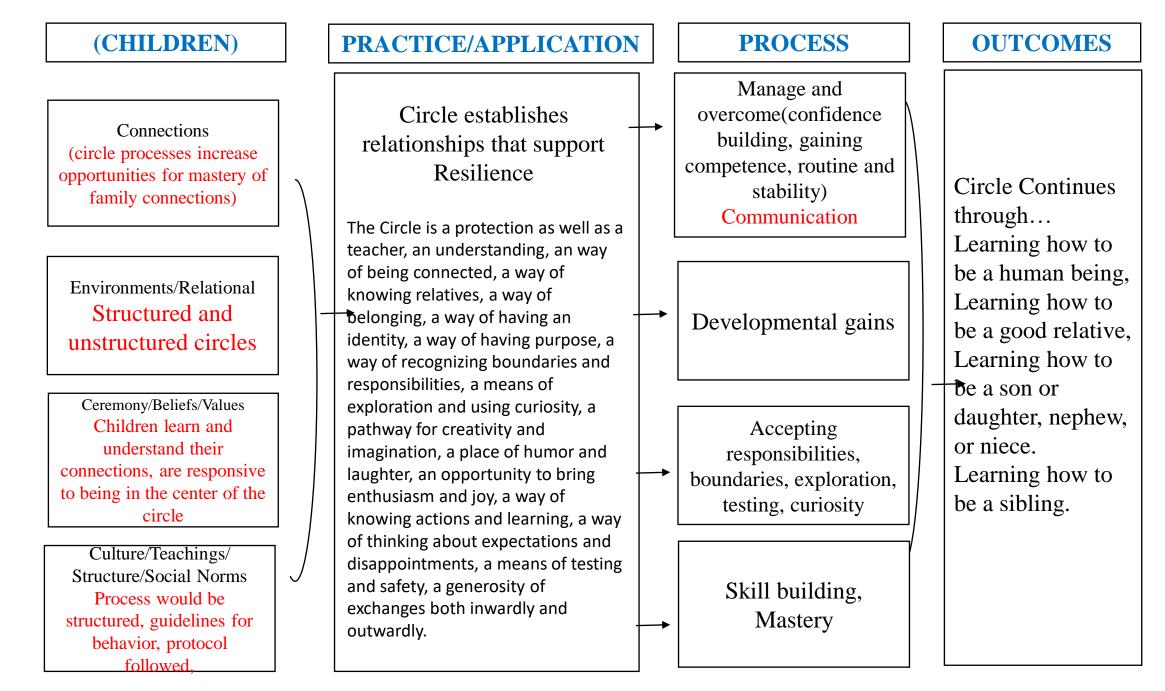
Environments/Relational (work skills, financial literacy, structure, predictability)

Ceremony/Beliefs/Values (sacrifice, self discipline and self regulation)

Culture/Teachings/ Structure/Social Norms (Sacred Being, allowing children to step into sacredness, gifts of generations before, generations following)



Circle Continues through... Consensus Experience Regulation Model Support Exploration Priority setting Reflection Accountability Witnessing Ceremony Connectiveness Belonging Identity Repetition



EXTENDED FAMILY

PRACTICE/APPLICATION

PROCESS

factors in children

and shared expectations (how did the previous generation provide for the wellbeing of future generations?) Environments/Relational Gatherings, Events, Ceremony/Beliefs/Values (Teaching and practices are part of all activities) Culture/Teachings/ Structure/Social Norms Process would be structured, guidelines for

followed

Manage and **Relationships & Family Roles** Circle establishes overcome relationships that support (confidence Resilience competence, Grandparents, aunts, uncles stability) and extended family are the third circle for children, as extended family their roles Learn and reflect are the supportive network (contribution, coping, that allows families to thrive & control) and be resilient. This circle is the circle of helpers and healer, the teachers and instructors, those that guide Practice gratitude, and show the forgiveness, recovery interconnectedness of the (connection) relationships built by the overlapping circles. This Self generated circle is the next ring of (self-awareness, safety and protection focused attention, flexibility) behavior, protocol (increases resiliency

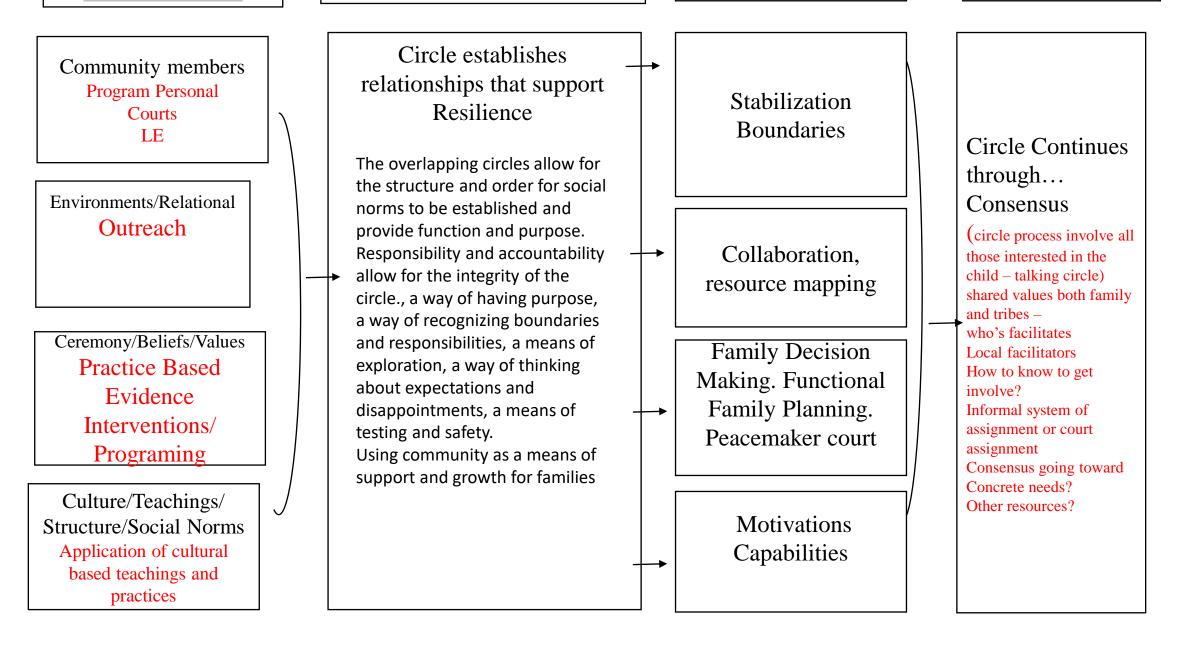
Circle Continues through... Consensus Experience Regulation Model Support Exploration Priority setting Reflection Ceremony Anticipation Meeting Needs Protection Safety Guidance Redeemtion Recovery

COMMUNITY

PRACTICE/APPLICATION

PROCESS

OUTCOMES



Thank You

Questions? Concerns? Reflections? Curiosity? Challenges? **Interest?**



THANK YOU

We look forward to our continued collaboration with you in developing a child and family well-being network!

SAVE THE DATE

2022 Bi-Annual Collaborative Convening

- Friday, April 1st, 2022
- Thursday, October 13th, 2022

STAY CONNECTED

- Family Support and Prevention Service https://oklahoma.gov/health/family-health/familysupport-and-prevention-service.html
- Family First Prevention Services Act https://oklahoma.gov/okdhs/services/cws/ffspa.html
 ourOKDHS.org