

WIC Breastfeeding Educator Course

Day 1 Agenda - June 13, 2023

Registration	7:30 a.m.
Session 1 BFHI: Key Concepts of Quality Maternal and Newborn Care	8:00 a.m.
Session 2 Benefits of Breastfeeding	8:50 a.m.
Break	9:40 a.m.
Session 3 Counseling Skills: Listening and Learning	9:55 a.m.
Session 4 Counseling Skills: Building Confidence and Giving Support	10:45 a.m.
Lunch	11:35 a.m.
Session 5 How Breastfeeding Works	1:05 p.m.
Session 6 Impact of Birth Practices on Breastfeeding	1:55 p.m.
Break	2:45 p.m.
Session 7 Postnatal Practices to Support Breastfeeding	3:00p.m.
Session 8 Assessing Breastfeed	3:50 p.m.
Session 9 Position a Baby at the Breast	4:40 p.m.
Evaluations and Closing Remarks	5:30 p.m.

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Day 2 Agenda - June 14, 2023

Registration	7:30 a.m.
Session 10 Breast and Nipple Conditions	8:00 a.m.
Session 11 Milk Supply Challenges	8:50 a.m.
Break	9:40 a.m.
Session 12 Challenges to Feeding at the Breast and Alternative Feeding Methods	9:55 a.m.
Session 13 Medical Indications for Supplementary Feedings	10:45 a.m.
Lunch	11:35 a.m.
Session 14 Maternal Health	1:05 p.m.
Session 15 Antenatal Preparation for Breastfeeding	1:55 p.m.
Break	2:45 p.m.
Session 16 Preparing a Mother for Discharge	3:00 p.m.
Session 17 International Code of Marketing (the Code)	3:50 p.m.
Session 18 Facility Practices: Implementing the Ten Steps chain	4:40 p.m.
Evaluations and Closing Remarks	5:30 p.m.