

Oklahoma Healthy Brain Coalition Meeting

July 20, 2021

Attendance:

Amanda Dirmeyer, Connie Befort, Denis Rishcard, E'Shaina Harned, Herb Magley, Jared Cook, Jeff Aynes, Joanna Parker, John Morton, Karen Walker, Keith Kleszynski, Keri Dennis, Lauran Larson, Leeanna Tomah, Leslie Ballenger, Lily Freekman, Madelyn Maxwell, Maggie Moon, Melissa Holland, Michaelle Statham, Morgan Fitzgerald, Nadine Walker, Randle Lee, Ron Grant, Ronelle Baker, Sara Paape, Dr. Sara Coats, Steve Petterson, Yanet Trejo

Welcome & Introductions:

Morgan Fitzgerald opened the meeting and welcomed members.
All new members introduced themselves and gave their background information.

Coalition:

Chair Introduction - Sara Paape has accepted the Chair position. Sara gave her background information to the members.

Morgan provided Sara's contact information for members to reach out to her with any questions.
Email is: sara.paape@3raptorconsulting.com.

Work Groups:

The following have accepted Work Group Chair positions:

Policy: Keri Dennis & Randle Lee

Education: Madelyn Maxwell & Joanna Parker

Workforce: Lee Jennings, Tom Teasdale, Keith Kleszynski (OkDCN)

Data: John Morton & Morgan Fitzgerald

Morgan would like for the Work Groups to start meeting in August and to start looking at the Healthy Brain Initiative and action items.

Morgan sent out the Mission and Vision Statement and Core Values for review by members.

Morgan asked the group for any changes. There were no changes wanted by the members. All

Members agreed on the Mission and Vision Statement and Core Values.

See Attached Mission and Vision Statement and Core Values.

August Meeting Location – TBD/Meeting maybe virtual.

Community:

Focus Questions – Morgan sent out focus questions to the members and reviewed prior to the meeting.

Amanda Cribbs created a Jam Board with a link for all the virtual members.

The group discussed each focus question in length and discussed the answers together as a group.

Everyone was engaged and feedback.

Questions and Consolidation of answers attached into 4 resource categories

State Plan:

Morgan requested that all members review the state plan and bring back to the next meeting any questions.

Action Items:

- All members to choose a work group they would like to be on. Please send that information ASAP so it can give the chairs/co-chairs contact information.
- Recruit others to the next meeting you feel should be a part of OHBI.

Share:

Morgan asked members if they had anything they would like to share with the group
Please bring any questions, comments or concerns to the next meeting.

Next Meeting is August 17th 2021 at 1:00pm to 2:00pm
In Person (TBD) and Via Zoom.

Meeting Adjourned

The Mission, Vision, and Core Values

Vision - "To advance brain health awareness and education among caregivers, patients and providers."

Mission - "To promote a system of collaboration among Oklahoma Healthy Brain Initiative stakeholders."

Core Values -

- Increase public awareness of Alzheimer's and dementia.
- Provide an accessible location for resources regarding Alzheimer's and dementia.
- Identify opportunities for provider collaboration.
- Inform providers about proper, early and accurate diagnosis.
- Address need for education among policymakers.

Focus Questions:

ENGAGEMENT QUESTIONS

1. How would you describe the community you provide services? Is your community rural or urban?
2. Oklahoma is ranked one of the worst states for healthcare. Why do you think this is the case specifically?

EXPLORATION QUESTIONS

3. In general, what barriers are keeping this community from becoming a healthier population?
4. Do you think people in the community have a personal doctor and get annual physicals? If no, why not?
5. How do you think people in the community/state travel to receive health care? How far do you think they travel?
6. Think about risk reduction and prevention strategies. What would help the people to engage in physical activity? What would help the people in the community eat a nutritious diet?
7. What are the barriers to people not asking for or receiving care for Alzheimer's or other dementias?

EXIT QUESTION

8. What would you do to improve the health of this community?

8.17.21 Resource Mapping Consolidation(from focus questions)

I. Awareness/Education

a. Family/Caregiver Resources

- i. Alzheimer's Association: Support Groups, Education, Care Consultations, Helpline
- ii. VA: Caregiver Support Group, Hospital has Respite for Veterans
- iii. Leading Age OK: caregiver education
- iv. SYNERGY: Education via social media forums, video blogs
- v. AAA: respite Vouchers
- vi. Daily Living Center: Respite, Support Groups, Resources
- vii. Sunbeam Family Services: Support Groups, Education, Respite Care, Volunteer Services, Resources
- viii. ABLE Tech: Assistive Technology Resources
- ix. Alzheimer's Foundation of America: Helpline, Support Groups
- x. RSVP: Transportation
- xi. Independent Transportation Network of Central OK
- xii. Medicare & Medicines: Assistance with Medicare premiums and medicines
- xiii. Legal Aid Service of OK: OK-SPLASH provides free legal advice, counseling, and community education for American citizens who are 60 years of age or older
- xiv. AARP: education
- xv. ASCOG
- xvi. Life Senior Services
- xvii. Oklahoma Rehabilitation Services
- xviii. Tribal Aging services, education and resources
- xix. OK Healthy Aging Initiative (OHAI)- caregiver education

b. Diagnosis/Detection

- i. OK Dementia Care Network (OkDCN)-Dementia Friendly Community Health Worker
- ii. Alzheimer's Association- Health Systems
- iii. Alzheimer's web sites
- iv. There's a back up of trying to get into Neurologists in the area but Mercy Neurology has been great to work with

c. Signs/Symptoms

- i. Alzheimer's Association- Ten Warning Signs educational presentation
- ii. OkDCN CHW program
- iii. Alzheimer's web sites

- iv. MHFA.org provides training to assist in recognizing some basic warning signs, but play a bigger role in stigma reduction.
- d. Communication
 - i. Needs:
 - 1. Need to train PCPs
 - 2. Focusing on sharing information. In rural areas, and outside of OKC/Tulsa, there is not a lot of information available
 - 3. We also really need to break down barriers and ensure minorities are equally represented and have access to services. As well information in other languages
 - 4. PCP providers educated and helping to see the warning signs and diagnose earlier
 - 5. Rural areas. Some rural areas do not have internet, or has sketchy internet which hinders online resources.
 - 6. reimbursement- assembly line medicine is hard to practice with PLWD
 - 7. How do all of these organizations communicate to one another
 - e. Stigma
 - i. AARP- movies for grown-ups: some focus on dementia
 - 1. Needs:
 - a. Reach out to local celebrities for spokesperson

II. Healthcare

- a. Limited Access:
 - i. Project Echo- dementia launch possibly in September
 - ii. Dementia Friendly CHW/CHR
- b. Insurance
 - i. Medicare/Medicines
 - ii. Barrier:
 - 1. Primary obstacle to having physicians willing to care for those with dementia
- c. Prevention/Risk Reduction
 - i. OSDH- various departments and programs
 - ii. Alzheimer's websites
 - iii. Need:
 - 1. "I think most people don't connect chronic conditions with dementia."
- d. Organizations that work in this realm:
 - i. OK Hospital Association
 - ii. Oklahoma Dementia Care Network
 - iii. OK County and State Medical Association
 - iv. OK Primary Care Research Network

- v. OK Aging Advocacy Leadership Academy (OAALA)
- vi. OK Primary Care Association
- vii. Office of Primary Care- OSDH
- viii. Schools- Medical. Nursing, Pharmacy, CNA/CMA

III. Social Determinants of Health

- a. Environment
 - i. Certified Healthy Program
 - ii. Health at Work
- b. Access
 - i. Rockwell Center- opening a new center for PA
 - ii. New supermarket opened at 36th and Lincoln
 - iii. SendaRide- transportation
- c. Organizations that work in this realm:
 - i. Regional Food Bank
 - ii. TSET
 - iii. OSDH
 - iv. Potts Family Foundation

IV. Policy(Support)

- a. Medicare-set the standards for other insurance companies
- b. Dementia Friendly Communities/Cities
- c. Organizations that work in this realm:
 - i. OK Health Care Providers(OHCP)
 - ii. Alzheimer's Association
 - iii. AARP
 - iv. OK Health Care Educators
 - v. Long-Term Care Ombudsmen
 - vi. Areawide Aging Agency(AAA)
 - vii. OK Assisted Living Association(OKALA)
 - viii. Leading Age
 - ix. State Council on Aging
 - x. OK Caregiver Coalition
 - xi. Ok Health Care Authority
 - xii. The Oklahoma Haired Silver Legislature
 - xiii. OK Legislature
 - xiv. State Chamber
 - xv. Parkinson's Foundation
 - xvi. OK Association for Home Care and Hospice(OAHC)