

**Oklahoma Healthy Brain Initiative Meeting**  
**September 21, 2021**  
**In Person and Zoom Meeting**

**Welcome:**

**Sara Paape** – Welcomed members and opened meeting.

**Organizational Presentations:**

**Morgan Fitzgerald** – Morgan gave the members instruction on presenting their presentation. Morgan instructed members to talk about their organizations and share with the members what services their organization offers to the community, any volunteer opportunities they may have in their organization, and any upcoming events their organizations may be having. Morgan included slides that the members may have sent for their presentations.

**OHBI Members/Organizational Presentations:**

**Jacob Guinan/Alzheimer's Association Oklahoma Chapter**

Jacob is with the Care and Support Team out of Tulsa. They offer a variety of care and support services such as

- 24/7 Help Line – 1-800-272-3900 or visit [alz.org](http://alz.org) for information about the disease and caregiving.
- Care Consultations – Offer care consultations and access your needs for care planning, home safety, and managing caregiver stress and concerns that may arise from Alzheimer's and other dementias.
- Support Groups - Support groups and educational programs for caregivers and/or person with dementia with the opportunity to meet with others on a regular basis, led by a trained volunteer.
- Educational Presentations – Volunteer presents educational programs to families.
- Volunteer opportunities are available.

[jbguinan@alz.org](mailto:jbguinan@alz.org)

**Shelly Gladden/Oklahoma ABLE Tech/OSU**

ABLE Tech is the States ATF Program (Assistant Technology). It is a federally mandated program for all states. ABLE Tech helps individuals with getting access to an acquisition of assisted technology.

- Library of over 500 devices that cover all assistive technologies covering all disabilities.
- Device Demonstration - Help to find solutions for caregivers to make caregiving easier and for the person with the disease to be more successful at daily task and to help caregivers with issues they may have.
- Device Loan at no cost for 6 weeks to see if the device is for them before purchasing.
- Device Reutilization – In partnership with The Oklahoma Health Care Authority, they take in donated devices or medical equipment, repair it and give it to Oklahomans are in need at no cost. They have an exchange program where individuals can list equipment they may have or donate it to ABLE.

- Financial Loans - Loan program in Partnership with BancFirst of Stillwater and the Oklahoma Assistive Technology Association, to help individuals purchase assistive technology equipment such as hearing aids and modified vehicles to top the list. The loans have a 5% interest rate and special programs for individuals with limited income or poor credit.

[shelley.gladden@okstate.edu](mailto:shelley.gladden@okstate.edu)

### **Becky Treece/Brookdale Senior Living**

Brookdale 4 locations. 2 assisted living in Edmond, 1 assisted living in Norman and 1 free standing memory care community in SW Oklahoma City.

- Assisted Living - for beginning stages of Alzheimer's or dementia.
- Memory Care - with individualized care.
- Respite Care – Help caregivers with a break from caregiving. 1 price covers all services.

CE Credits are available on September 28<sup>th</sup> for social workers, case managers and administrators via Zoom or live at Synergy @ 3:30pm. [rtreece1@brookdale.com](mailto:rtreece1@brookdale.com)

### **Madelyn Maxwell/Healthy Aging and Falls Prevention/Project Coordinator OSHD**

Will send any agency or organization educational materials.

- Home Fall Prevention Checklist
- Medication Safety Tips for Seniors
- Age Without Injury (older adults, caregivers and providers)  
Motor vehicle crash prevention, Traumatic brain injury prevention, Falls Prevention – Tia Chi: Moving for Better Balance and STEADI Toolkit. Looking for coaches to teach the Moving for Better Balance classes.
- Healthy Aging - Holistic approach to injury prevention  
Cognitive Health - Healthy Brain Initiative (Alzheimer disease and relate dementias)  
Nutrition – Food Insecurity, Mental Health, Depression, isolation and loneliness.
- Older Adult Fall Coalition Meet 4 times a year. The week of September 20<sup>th</sup> the group will be at the Oklahoma State Fair for Senior Day doing Tai Chi demonstrations at 10:00am and 4:00pm

[madelynm@health.ok.gov](mailto:madelynm@health.ok.gov)

### **Mary Brinkley/Executive Director of Leading Age Oklahoma**

The state association of not-for-profit providers for aging services representing the continuum of care. Offering low income housing, subsidized housing, HUD housing, and private pay housing all through not for profit organizations.

- Education – Annual Conferences for providers for how to better service seniors.
- Advocacy – Leading Edge steps in for these seniors. Leading Age responsible for stopping DHS cutting services such as the Advantage Waiver Program and Adult Day which would have resulted in approximately 22,000 seniors going into nursing homes. Introduced Legislation that required Oklahoma to develop a State plan on aging which was passed. State plan was developed in 2019.
- Received a grant of \$450,000.00 to implement the music and memory program to 97 Oklahoma nursing homes.
- Inspire, educate and encourage providers to do even more.

Conference being held March 8 and 9, 2022 in Oklahoma City.

[mary@leadingageok.org`](mailto:mary@leadingageok.org)

**Keith Kleszynski/Assistant Professor of Research Geriatric Medicine at University of Health Sciences/  
Oklahoma Dementia Care Network**

- Program through the Section of Geriatric Medicine at OUHSC Working with nursing homes, assisted living facilities and caregivers and The Choctaw Nation to name a few.
- HRSA (Health Resources and Services Admin) sponsored grant (completing Yr2 of 5yr grant)
- CAN Echo project-provided COVID education to both in-state and out-of-state nursing homes
- CARES Act iPad project-provided 2 iPad tablets to 30 in-state nh's, helping with education and communication during COVID.
- Career Tech training – Train the Trainer, Bathing Without a Battle, etc
- CHW trainings with OCCHD and Choctaw Nation
- Oklahoma Healthy Aging Initiative and Alzheimer's Association community classes for caregivers

[keith-kleszynski@ouhsc.edu](mailto:keith-kleszynski@ouhsc.edu)

**Nadine Walter/Community Living, Aging and Protective Services (CAP)**

- Communications for CAP
- Adult Day Services
- Adult Proactive Services Self-Neglect Grant
- ADRC COVID-19 Pandemic Response Grant
- ADRC COVID-19 Vaccination Assistance Grant
- Medicare and Medicines Assistance Grant
- Lifespan Respite Grant

[Nadine.Walter@okdhs.org](mailto:Nadine.Walter@okdhs.org)

**Ronelle Baker/ Grant Manager/Lifespan Respite**

- Eligibility for Caregivers - Respite services can provide much needed temporary break from the often-exhausting challenges faced by family caregivers. Respite vouchers let caregivers hire another respite provider to temporarily care for loved ones. Eligibility for care givers: Is 18 years or older, full-time unpaid, Is a grandparent or other relative age 54 or younger raising a child, no household income, Does not receive respite services or payments for other programs including but not limited to foster care, Family Support Assistance Payment, OAA Title III-E, ODMHSAS Systems of Care Funding.
- Oklahoma Caregiver Coalition – Over 160 partners statewide, 9 subcommittees established after statewide needs assessment, and Quarterly meetings held virtually.  
Next meeting is October 21, 2021 from 10:00am to 11:30am held virtually. All are welcome to attend.  
November 10, 2021 is the Oklahoma Caregiver Conference also to be held virtually as well from 10:00am to 4:00pm.  
Email [Ronelle.Baker@okdhs.org](mailto:Ronelle.Baker@okdhs.org) for further details and meeting invites.  
Seeking sponsorship to the Conference on November 10, 2021.

**Lauran Larson/Lead Wellness Coordinator/Center for Chronic Disease Prevention and Health Promotion**

### **OSDH Physical Activity and Nutrition Team –**

- Provides technical assistance and guidance to the Grantees of the TSET Healthy Living Program, working in 30 counties across Oklahoma on PSE changes trying to create a healthy environment regarding tobacco free policies, wellness, physical activity and nutrition.
- The group works on guidance teams providing technical assistance and support tools throughout their 5 year grant.
- Host the Oklahoma Youth Sports Strategy Group. This group helps remove barriers for youth to participate in sports.
- Facilitate the Oklahoma Obesity Plan Stakeholders Group. All Stakeholders meet quarterly on the 3<sup>rd</sup> Wednesday of the month at 2:00pm via Zoom. There are 5 Sub Committees which consist of Early Childhood, School Age, Adults, Older Adults and Cross-Cutting/All Ages. Group is currently working on a State Obesity Plan.

Group is accepting new members. Email Lauran Larson @ [Lauran.Larson@health.ok.gov](mailto:Lauran.Larson@health.ok.gov) if interested.

### **John Morton/Tribal Partnership Consultant/OSDH**

- Created in January of 2012, the Office of the Tribal Liaison (OTL) seeks to demonstrate a respect for the sovereignty and advocate for tribal nations while fostering inclusive partnerships using sound public health practices to achieve its vision – Achieving Tribal-State Synergy for Optimal Holistic Health for all Oklahomans.
- Major OTL offerings include:
  - Seeking government to government consultations with tribal nations.
  - Establishing and strengthening relationships and collaboration amount tribal nations, federal, state and community key stakeholders and OSDH colleagues
  - Increasing cultural competence and diversity amount the OSDH workforce.
  - Implementing culturally appropriate and effective communication and
  - Appropriately dissemination and translating American Indian public health findings into meaningful knowledge and field practice.

[JohnCM@health.ok.gov](mailto:JohnCM@health.ok.gov)

### **Karen Bain/RSVP of Central Oklahoma**

RSVP of Central Oklahoma enriches the lives of older adults by connecting them with meaningful and rewarding volunteer opportunities.

- Provide A Ride Program – Helps older adults to remain independent by providing free, arm-to-arm transportation to medical appointments.

Volunteers are badly needed for the program. COVID-19 has hit this program very hard. The program lost a lot of volunteers from COVID-19

[KAREN.BAIN@RSVPOKC.ORG](mailto:KAREN.BAIN@RSVPOKC.ORG)

### **Dennis Rischard/Attorney/Elder Law and Estate Planning/Rischard & Associates**

Law firm that helps the elderly plan for the aging process in the best interest of the elderly person.

Below is a list of items Rischard & Associates provide.

- Asset Protection Planning/Long Term Care Planning/Help with approval of Medicaid Benefits
- Traditional Estate Planning (Trusts, Will, Power of Attorney, etc.)

- Elder Abuse & Neglect (Physical, Financial, Emotional, etc.)
- Guardianships
- Special Needs Planning
- Health Care and End of life issues
- Trust and Estate Litigation
- Trust and Estate Administration, Including Probate

[drischard@rischardlaw.com](mailto:drischard@rischardlaw.com)

### **Sarah Coats/PHD/ABPP-CN**

Provide testing to help with different diagnosis, care planning, and level of care by testing the brain. They also help with connecting patients and caregivers to resources.

- Neuropsychological Evaluation Services – Private Practice Setting
- One of six board certified neuropsychology providers in the state of Oklahoma and the only Board Certified Providers of neuropsychological services in NW Oklahoma.
- Referrals largely come from primary care/family medicine and neurology.
- Refer heavily to the Alzheimer's Association for ongoing support to caregivers and their loved ones.

There is an Alzheimer's Walk in Enid on October 30, 2021. All are welcome to join.

[coatsneuropsych@gmail.com](mailto:coatsneuropsych@gmail.com)

### **Morgan Fitzgerald Presented for Belinda /Telligen**

Nationwide partners with BOLD grant. Looking at Iowa and Colorado State plans to gather ideas for ours.

- Quality Innovation Network Quality Improvement Organization
- Partner across the care continuum to address challenging issues
- Supporting partners and quality improvement

See slides for more detail. Morgan will provide contact information.

[brogers@telligen.com](mailto:brogers@telligen.com)

### **Keri Dennis/Well Preserved Advisory Group**

Gave background on Eunice Khoury. Over 30 years ago Eunice began working with seniors.

She started a radio show 20 years ago. This show airs live every Saturday morning on KTOK. There will be a 20 year anniversary show. Guest speak on different things such as programs.

- Walk through Medicare process with anyone that is retiring or turning 65 and many other scenarios, the Medicare process and assist individual on getting on the proper plan for their needs. They are independent agents, representing many different companies.
- Assist in Life Legacy Planning which is long term care planning and retirement plans.
- Also assist people in other surrounding states.

Radio show will be live Saturday morning, September 23, 2021 @ Scissortail Park. Everyone is welcome to come and attend the live show or listen to it on KTOK.

Medicare open enrollment is Oct 15, 2021 through December 7, 2021.

[keri@wellpreserved.info](mailto:keri@wellpreserved.info)

### **Sara Paape/3 Raptor Consulting**

3Raptor Consulting provides the tools small businesses, leaders, entrepreneurs, and non-profits need to achieve their dreams. Services offered are:

- Grant Writing
- Strategic Mapping
- Leadership Trainings
- Custom Trainings
- Professional Coaching, One on One and Group
- Website Content
- Blogs
- Ghost Writing
- Program Design
- Data Collection and Analyzation
- Professional Report
- Market Services

[sara.paape@3raptorconsulting.com](mailto:sara.paape@3raptorconsulting.com)

### **Karen Walker/District 8 South-Central Oklahoma County Health Department**

Provide mobile clinics and mobile clinics to schools. Providing large number of COVID Vaccine's. Rural areas benefit from this. District 8 has 3 grants Immunization Grant, Public Community Health Workers Grant and the Health Disparity Grant.

- General Clinic
- Child Health
- Immunizations
- SoonerStart Program
- Children First
- WIC
- Family Planning
- Child Guidance
- Emergency Preparedness
- Health Education
- Health Disparities
- Environmental Health

Any interest in mobile health care vans coming to your area, please contact Karen Walker

[Karen.Walker@health.ok.gov](mailto:Karen.Walker@health.ok.gov)

### **Jared Cook/Financial Advisor/Edward Jones**

Helps and protects individuals with financial planning.

[j.cook@edwardjones.com](mailto:j.cook@edwardjones.com)

### **Doctor Germaine Odenheimer/Neurologist in Geriatrician**

She acts as a resource to the OHBI and serves on various committees.

[gloglo53.go@gmail.com](mailto:gloglo53.go@gmail.com)

### **Rebecca Weingart/ Archwell Health**

Opening 3 health care facility's serving seniors in Oct and Nov.

- Offering transportation to appointments for seniors
- They have a low doctor to patient ratio to ensure all areas of the senior's health is covered.
- In-house Cardiologist
- In-house Case Worker
- In-house IV and wound care
- Offer same day appointments

[Rebecca.Weingart@archwellhealth.com](mailto:Rebecca.Weingart@archwellhealth.com)

### **Lilly Freeman/RSVP: Senior Volunteer Program in Kay County**

They have a senior resource specialist on staff to help with senior needs. Ramping up for Medicare enrollment.

- Offer Transportation to 55 and over to
- Build ramps for seniors
- Meals on Wheels Started back in July with 80 recipients
- Support Group for Alzheimer's Caregivers

[rsvpforkayco@outlook.com](mailto:rsvpforkayco@outlook.com)

### **E'Shaina Lawson Harned/OU Health Liaison/OU Health**

Helps seniors connect with physicians and resources at OU.

[eshaina.harned@oumedicine.com](mailto:eshaina.harned@oumedicine.com)

### **Coalition Updates:**

Morgan Fitzgerald

- 1) OHBI will meet October 19, 2021 for the quarterly meeting. Location TBD.
- 2) Doctor Odenheimer will send Morgan COVID transportation information to share with OHBI group.
- 3) Next Data Work Group will meet on October 7, 2021 from 12:00pm to 1:00pm to be held virtually.
- 4) Public Education Work Group will meet on October 26, 2021 from 9:00am to 10:30am.
- 5) Policy Development Work Group will meet on October 26, 2021 from 2:30pm to 3:30pm. (MAY CHANGE)
- 6) Work Force Development waiting on results from Keith's Doodle Poll.
- 7) Submit directory information.
- 8) Next OHBI Coalition Meeting Date: October 19, 2021 @ 1-3 pm

**Please see the Dashboard for all information, news, educational materials, policy and much more. Morgan will provide all presentation contact information for any questions OHBI members might have.**

**MEETING ADJOURNED**