6/22/2021

# Oklahoma Healthy Brain Initiative Coalition



**OKLAHOMA** State Department of Health



Time	Торіс	Discussion Points	Team Member(s) Responsible		
1:00—1:30	Welcome/Introductions	•Get to know one another	OHBI Members		
1:30- 1:45 Coalition		<ul> <li>Meeting Dates &amp; Times</li> <li>Discuss Meeting Location</li> <li><u>Where Brain Health Meets Public</u></li> <li><u>Health</u> video</li> <li>Discuss Workgroups</li> <li>Who are we missing?</li> </ul>	Morgan Fitzgerald		
1:45-2:50	Coalition	•Vision & Mission	Morgan Fitzgerald Amanda Cribbs		
2:50-2:55	State Plan	<ul><li>Share Data</li><li>Set Goals for Next Meeting</li></ul>	Morgan Fitzgerald		
2:55-3:00	Close	•Next Meeting Date	Morgan Fitzgerald		

# **OHBI Coalition**

- Future Meetings
  - Who would like to host next meeting in-person?
- Where Brain Health Meets Public Health
- Chairs & Co-Chairs

## Work Groups









# State Plan





## **Healthy Brain Initiative Road Map Series**

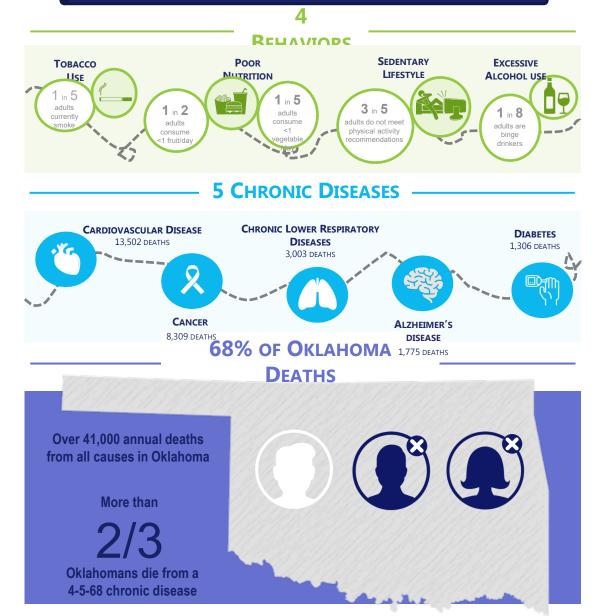
- P-1: Promote the use of effective interventions and best practices to protect brain health, address cognitive impairment, and help meet the needs of caregivers for people with dementia.
- M-3: Use data gleaned through available surveillance strategies and other sources to inform the public health program and policy response to cognitive health, impairment, and caregiving.
- E-1: Educate the public about brain health and cognitive aging, changes that should be discussed with a health professional, and benefits of early detection and diagnosis.
- W-5: Strengthen the competencies of professionals who deliver healthcare and other care services to people with dementia through interprofessional training and other strategies.

# Data

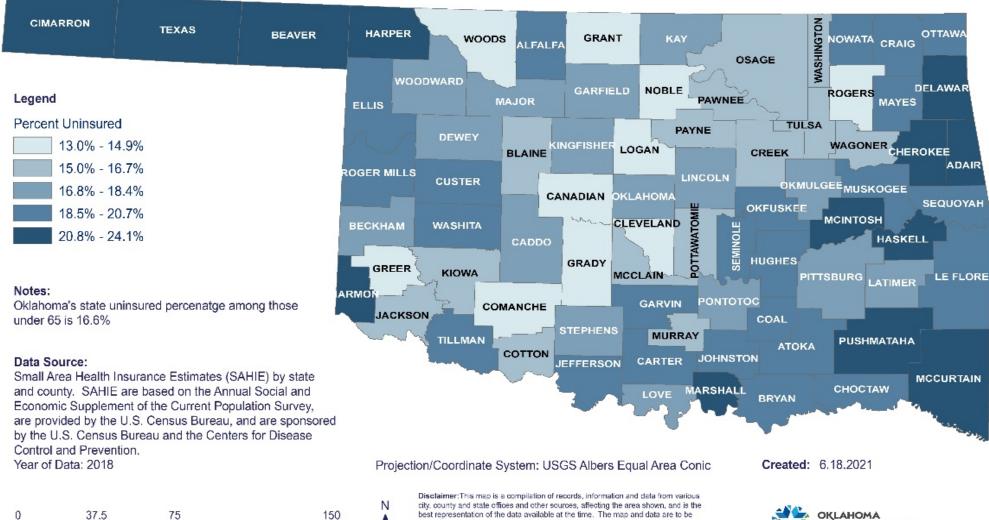


THE CENTER FOR CHRONIC DISEASE PREVENTION & HEALTH PROMOTION

## 4-5-68 IN OKLAHOMA



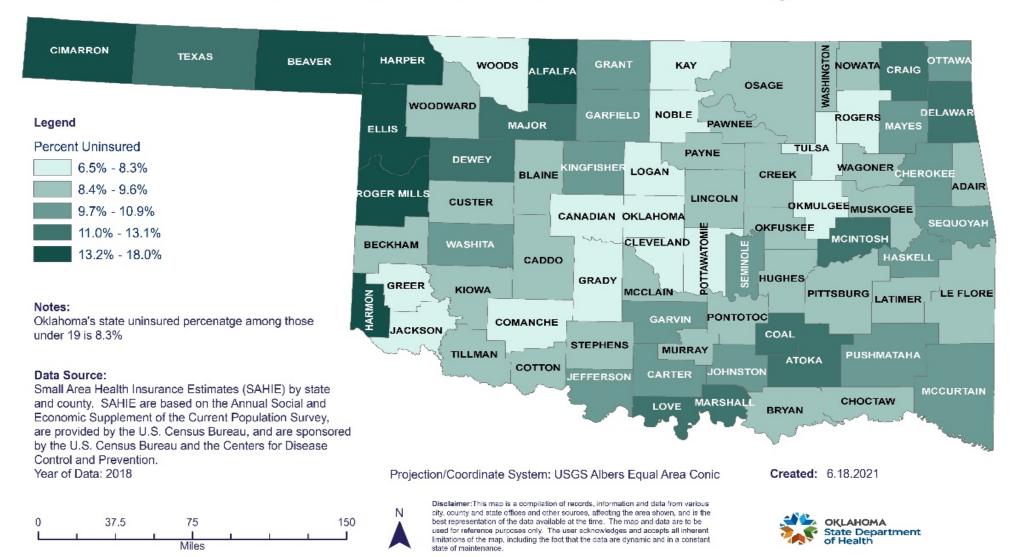
## **Oklahoma Uninsured - Under 65 Years of Age**



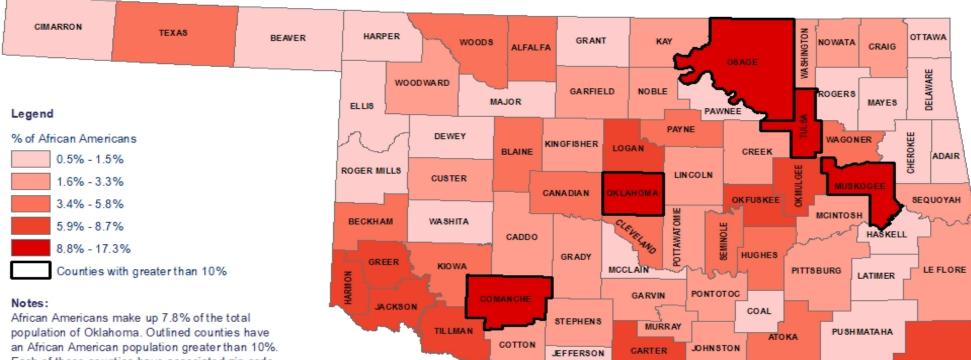
Miles



### **Oklahoma Uninsured - Under 19 Years of Age**



### **Oklahoma African American Distribution**



Each of these counties have associated zip code level maps.

#### Data Source:

US Census Bureau County Population Characteristics, July 2019 Estimates



MARSHALL

BRYAN

LOVE



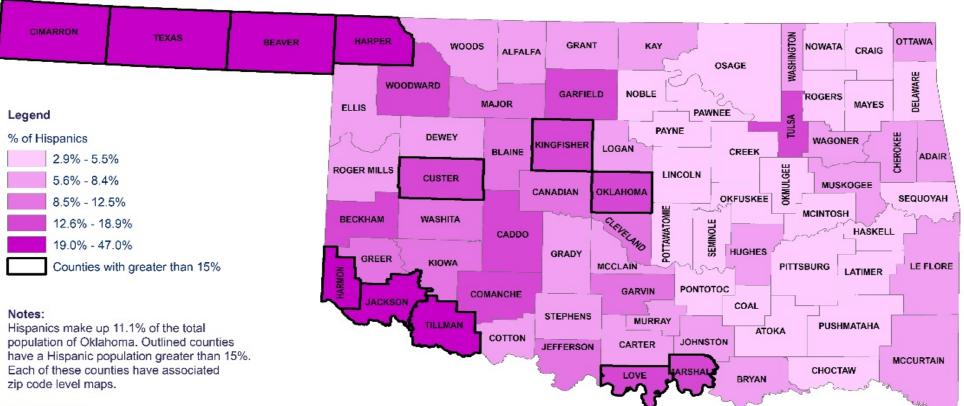
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Projection/Coordinate System: USGS Albers Equal Area Conic

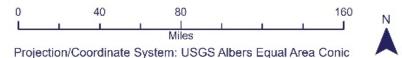
Disclaimer: This map is a compilation of records, information and data from various city, county and state offices and other sources, affecting the area shown, and is the best representation of the data available at the time. The map and data are to be used for reference purposes only. The user acknowledges and accepts all inherent limitations of the map, including the fact that the data are dynamic and in a constant state of maintenance.

## **Oklahoma Hispanic Distribution**



#### Data Source:

US Census Bureau County Population Characteristics, July 2019 Estimates

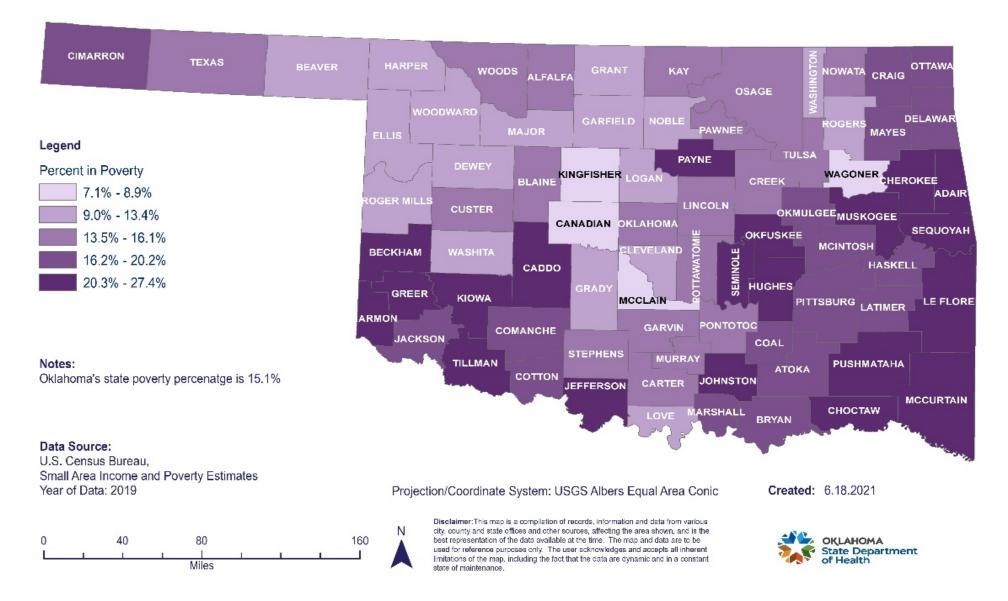


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#### Created: 03.19.2021



## **Oklahoma Poverty Percentages, 2019**



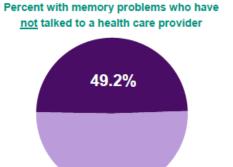
### alzheimer's സ്റ്റ് association\* cognitive decline in oklahoma

#### DATA FROM THE 2019 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Oklahoma, 14% — 1 in 7 — of those aged 45 and over report they are experiencing confusion or memory loss that is happening more often or is getting worse ("subjective cognitive decline").

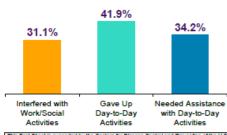
Half of them have <u>not</u> talked to a health care professional about it.

For those with worsening memory problems, **49.6%** say it has created "functional difficulties" — that is, caused them to give up day-to-day activities and/or interfered with work or social activities.

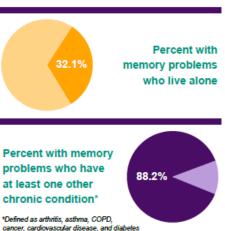


Percent of Those Aged 45+ with Subjective Cognitive Decline											
<u>All</u>	Ger	<u>nder</u>	der <u>Age</u>				Educational Attainment				
14.0%	<u>Men</u>	Women	<u>45-59</u>	<u>60-64</u>	<u>65-74</u>	<u>75-79</u>	<u>80+</u>	< High School	High School	Some College	College Grad
14.070	14.5%	13.7%	13.8%	11.2%	13.9%	13.5%	21.4%	20.4%	14.7%	14.3%	9.2%

Percent with memory problems who say it created difficulties and burden



This Fact Sheet is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Sentices (HHS) as part of a financial assistance award totaling 82,796,933 with 100 percent funded by CDCHHS. The contents are those of the authority and do not necessarily represent the official views of, nor an endorsement, by CDCHHS, or the U.S. Government.



# WELLNESS COUNTY PROFILE



 OKLAHOMA
 State Department of Health 2020

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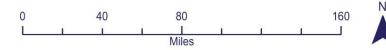
## **Oklahoma Smoking Prevalence**, 2018

NOWATA CRAIG CIMARRON TEXAS HARPER OTTAWA BEAVER WOODS GRANT KAY ALFALFA OSAGE DELAWARE WOODWARD Legend GARFIELD NOBLE ROGERS MAJOR MAYES ELLIS Smoking Prevalence PAWNEE TULSA PAYNE 10.0% - 16.0% CHEROKEE DEWEY WAGONER KINGFISHER LOGAN BLAINE CREEK 16.1% - 20.0% ADAIR i ROGER MILLS 20.1% - 24.0% LINCOLN CUSTER MUSKOGEE CANADIAN OKLAHOMA 24.1% - 29.0% OKFUSKEE SEQUOYAH CLEVELAND MCINTOSH POTTAWATOM 29.1% - 37.0% BECKHAM WASHITA SEMINOLE HASKELL CADDO HUGHES GRADY Notes: GREER KIOWA PITTSBURG LATIMER MCCLAIN LE FLORE HARMON Current smokers are defined as respondents who reported having smoked at least 100 PONTOTOC GARVIN COMANCHE cigarettes in their lifetime and currently smoke JACKSON COAL every day or some days. STEPHENS MURRAY TILLMAN

County-level data were estimated using a generalized linear mixed effects regression model with binomial outcome and a logit link function. This model was based on work by Serbotnjak et al., Zhang, X. et al., and Akcin, H.

#### Data Source:

2018 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health



Projection/Coordinate System: USGS Albers Equal Area Conic

COTTON

JEFFERSON

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#### Created: 01.16.2020

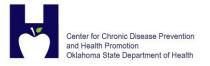
ATOKA

BRYAN

JOHNSTON

CARTER

LOVE MARSHALL

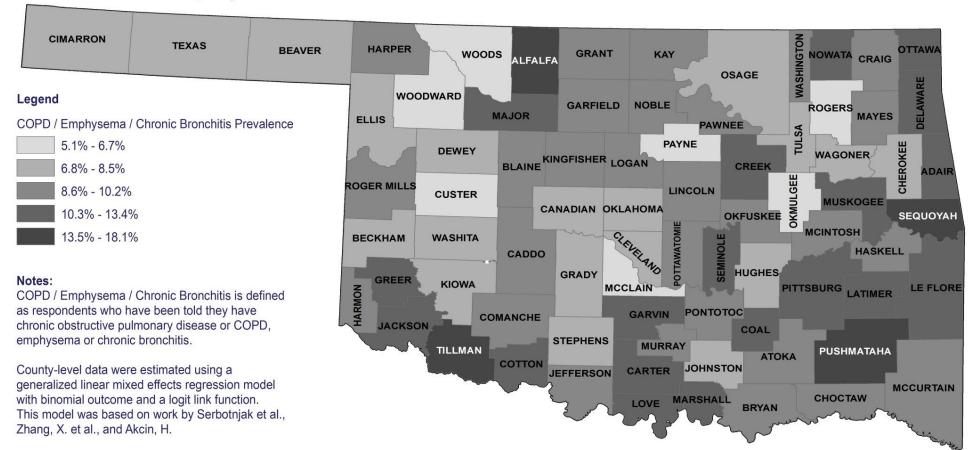


PUSHMATAHA

CHOCTAW

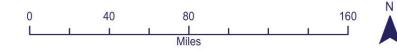
MCCURTAIN

## Oklahoma Chronic Obstructive Pulmonary Disease (COPD) / Emphysema / Chronic Bronchitis Prevalence, 2018



#### Data Source:

2018 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health



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state of maintenance.

#### Created: 01.23.20



## **Oklahoma Obesity Prevalence, 2018**

CIMARRON WASHINGTON TEXAS BEAVER HARPER OTTAWA NOWATA CRAIG GRANT KAY WOODS ALFALFA OSAGE DELAWARE WOODWARD GARFIELD NOBLE ROGERS Legend MAJOR MAYES ELLIS PAWNEE SA **Obesity Prevalence** PAYNE CHEROKEE DEWEY 29.0% - 33.0% KINGFISHER LOGAN WAGONER BLAINE CREEK ADAIR 33.1% - 37.1% GEE ROGER MILLS LINCOLN CUSTER KMUL 37.1% - 41.0% MUSKOGEE CANADIAN OKLAHOMA OKFUSKEE SEQUOYAH 41.1% - 47.1% TTAWATOMIE CLEVEL MCINTOSH WASHITA SEMINOLE BECKHAM 47.1% - 55.0% HASKELL CADDO HUGHES GRADY GREER KIOWA IARMON LE FLORE Notes: PITTSBURG MCCLAIN LATIMER Obese is defined as respondents with a body PONTOTOC GARVIN mass index equal to 30.0 or greater. COMANCHE

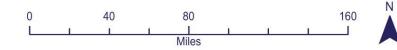
TILLMAN

JACKSON

County-level data were estimated using a generalized linear mixed effects regression model with binomial outcome and a logit link function. This model was based on work by Serbotnjak et al., Zhang, X. et al., and Akcin, H.

#### Data Source:

2018 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health



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Projection/Coordinate System: USGS Albers Equal Area Conic

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STEPHENS

**JEFFERSON** 

MURRAY

CARTER

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#### Created: 01.16.2020

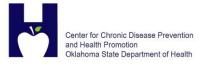
COAL

BRYAN

JOHNSTON

MARSHALL

ATOKA



PUSHMATAHA

CHOCTAW

MCCURTAIN

## **Oklahoma Lesiure Time Physical Activity Prevalence, 2018**

CIMARRON TEXAS BEAVER HARPER NOWATA CRAIG OTTAWA GRANT WOODS ALFALFA OSAGE DELAWARE WOODWARD Legend GARFIELD NOBLE ROGERS MAJOR MAYES ELLIS **Physical Activity Prevalence** PAYNE 56.0% - 62.0% KINGFISHER LOGAN WAGONER BLAINE 62.1% - 66.0% ADAIR ROGER MILLS 66.1% - 70.0% OKLAHOM/ CANADIAN 70.1% - 74.0% OKFUSKEE SEQUOYAH CLEVELAND MCINTOSH 74.1% - 80.0% WASHITA BECKHAM SEMINOLE HASKELL CADDO HUGHES GRADY GREER KIOWA Notes: LE FLORE MCCLAIN PITTSBURG LATIMER. Lesiure time physical activity is defined as respondents PONTOTOC who participated in leisure time physical activity GARVIN COMANCHE

TILLMAN

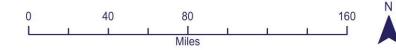
state of maintenance.

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#### **Data Source:**

in the past month.

2018 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health



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#### Created: 01.16.2020

COAL

BRYAN

JOHNSTON

MARSHALL

ATOKA



**PUSHMATAHA** 

CHOCTAW

**MCCURTAIN** 

## **Oklahoma Aerobic Physical Activity Prevalence, 2017**

Legend Aerobic Physical Activity Prevalence 33.7% - 36.7% 36.8% - 39.5%

CIMARRON

39.6% - 42.7% 42.8% - 46.3% 46.4% - 49.5%

#### Notes:

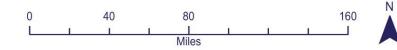
Aerobic physical activity is defined as respondents who participated in 150 minutes or more of aerobic physical activity per week.

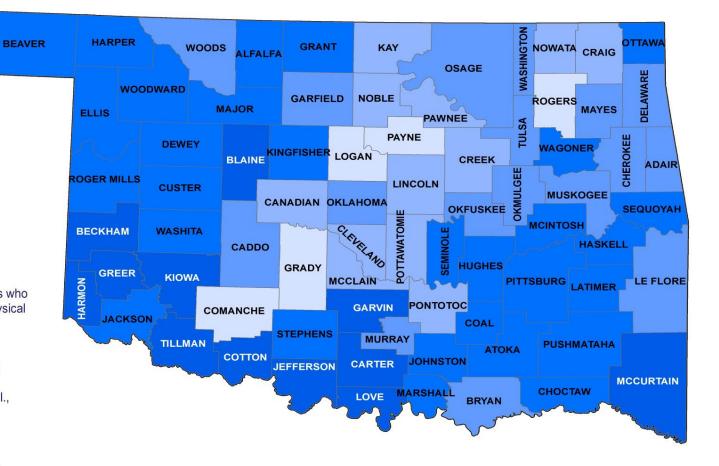
TEXAS

County-level data were estimated using a generalized linear mixed effects regression model with binomial outcome and a logit link function. This model was based on work by Serbotnjak et al., Zhang, X. et al., and Akcin, H.

#### **Data Source:**

2017 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health





Projection/Coordinate System: USGS Albers Equal Area Conic

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#### Created: 01.16.2020



## **Oklahoma Minimal Vegetable Consumption Prevalence, 2017**

Legend

Minimal Vegetable Consumption Prevalence

TEXAS

11.4% - 14.4% 14.5% - 16.8% 16.9% - 19.4% 19.5% - 22.4% 22.4% - 28.7%

CIMARRON

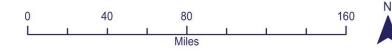
#### Notes:

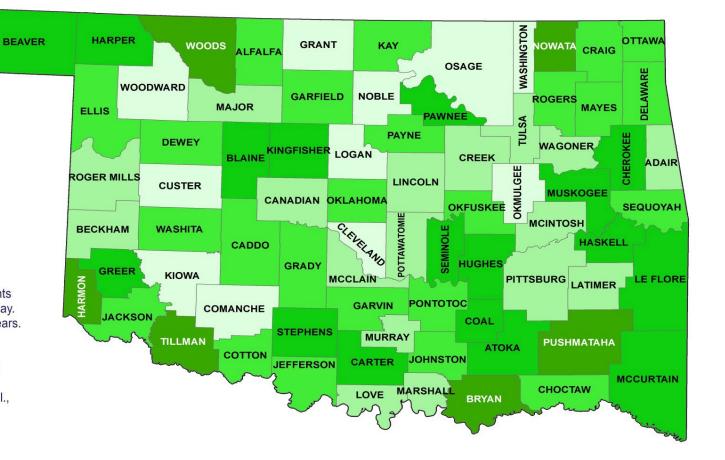
Minimal fruit consumption is defined as respondents who consumed less than one serving of fruit per day. Fruit consumption data is only collected on odd years.

County-level data were estimated using a generalized linear mixed effects regression model with binomial outcome and a logit link function. This model was based on work by Serbotnjak et al., Zhang, X. et al., and Akcin, H.

#### **Data Source:**

2017 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health

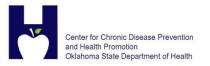




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#### Created: 12.05.2018



## **Oklahoma Minimal Fruit Consumption Prevalence, 2017**

Legend

Minimal Fruit Consumption Prevalence

40.0% - 44.1% 44.2% - 46.9% 47.0% - 49.7% 49.8% - 52.2% 52.3% - 55.6%

CIMARRON

#### Notes:

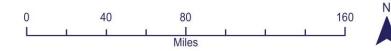
Minimal fruit consumption is defined as respondents who consumed less than one serving of fruit per day. Fruit consumption data is only collected on odd years.

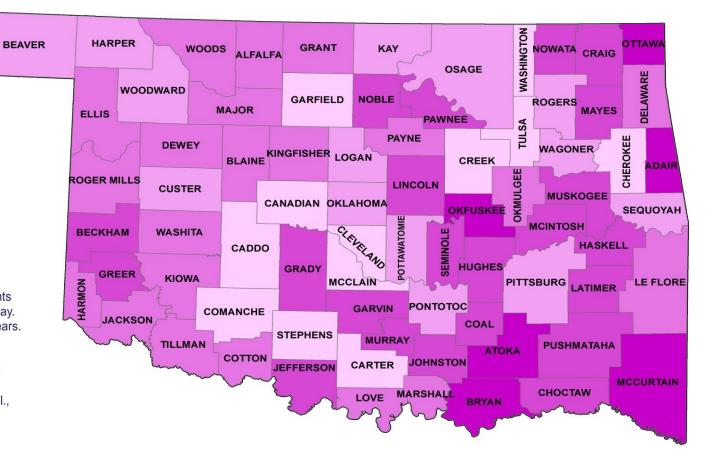
TEXAS

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2017 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health

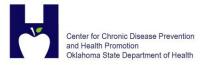




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#### Created: 12.06.18



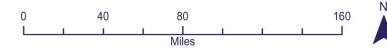
## **Oklahoma Diabetes Prevalence, 2018**

CIMARRON WASHINGTON TEXAS HARPER BEAVER NOWATA CRAIG OTTAWA WOODS GRANT KAY ALFALFA OSAGE DELAWARE WOODWARD GARFIELD NOBLE ROGERS Legend MAJOR MAYES ELLIS PAWNEE TULSA **Diabetes Prevalence** PAYNE EROKEE DEWEY WAGONER 8.0% - 10.0% BLAINE KINGFISHER LOGAN CREEK ADAIF 10.1% - 12.0% GEE ROGER MILLS 공 LINCOLN CUSTER OKMULC 12.1% - 14.0% MUSKOGEE CANADIAN OKLAHOMA OKFUSKEE SEQUOYAH 14.1% - 17.0% POTTAWATOMIE CLEVELAND MCINTOSH BECKHAM WASHITA SEMINOLE 17.1% - 21.0% HASKELL CADDO HUGHES GRADY GREER KIOWA PITTSBURG LE FLORE MCCLAIN Notes: Diabetes is defined as respondents who have PONTOTOC GARVIN COMANCHE JACKSON been told by a doctor that they have diabetes. COAL STEPHENS MURRAY TILLMAN PUSHMATAHA County-level data were estimated using a ATOKA COTTON JOHNSTON CARTER **JEFFERSON** 

generalized linear mixed effects regression model with binomial outcome and a logit link function. This model was based on work by Serbotnjak et al., Zhang, X. et al., and Akcin, H.

#### Data Source:

2018 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health



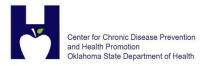
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#### Created: 01.16.2020

BRYAN

LOVE MARSHALL



CHOCTAW

MCCURTAIN

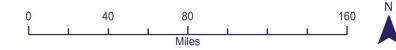
## **Oklahoma Hypertension Prevalence**, 2017

CIMARRON WASHINGTON TEXAS BEAVER HARPER OTTAWA NOWATA CRAIG GRANT WOODS KAY ALFALFA OSAGE DELAWARE WOODWARD Legend GARFIELD NOBLE ROGERS MAYES MAJOR ELLIS Hypertension Prevalence PAWNEE TULSA 29.6% - 34.1% PAYNE CHEROKEE DEWEY WAGONER KINGFISHER LOGAN BLAINE 34.2% - 38.8% CREEK ADAIR ш B ROGER MILLS 38.9% - 43.2% LINCOLN CUSTER MUSKOGEE CANADIAN OKLAHOMA 43.3% - 48.2% OKFUSKEE SEQUOYAH POTTAWATOMIE CLEVELAND MCINTOSH 48.3% - 55.2% WASHITA BECKHAM SEMINOLE HASKELL CADDO Notes: HUGHES GRADY GREER Hypertension is defined as respondents who have KIOWA PITTSBURG LATIMER LE FLORE HARMON MCCLAIN been told by a doctor, nurse, or other health professional that they have high blood pressure. PONTOTOC GARVIN COMANCHE JACKSON Hypertension data is only collected on odd years. COAL **STEPHENS** MURRAY TILLMAN PUSHMATAHA ATOKA County-level data were estimated using a

generalized linear mixed effects regression model with binomial outcome and a logit link function. This model was based on work by Serbotnjak et al., Zhang, X. et al., and Akcin, H.

#### Data Source:

2017 Behavioral Risk Factor Surveillance System, Oklahoma State Department of Health

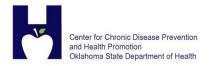


COTTON JOHNSTON CARTER **JEFFERSON** MCCURTAIN CHOCTAW MARSHALL LOVE BRYAN

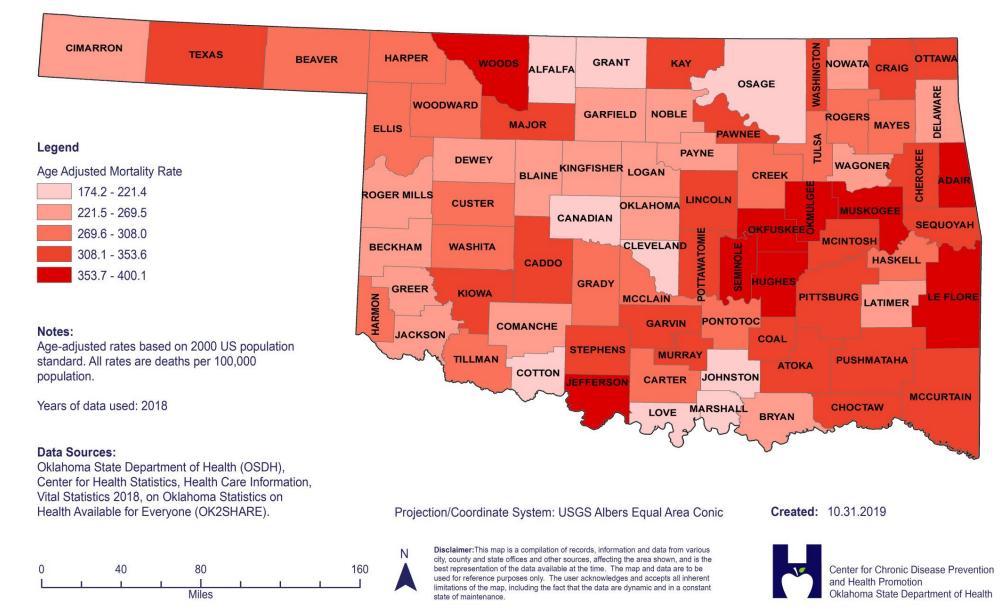
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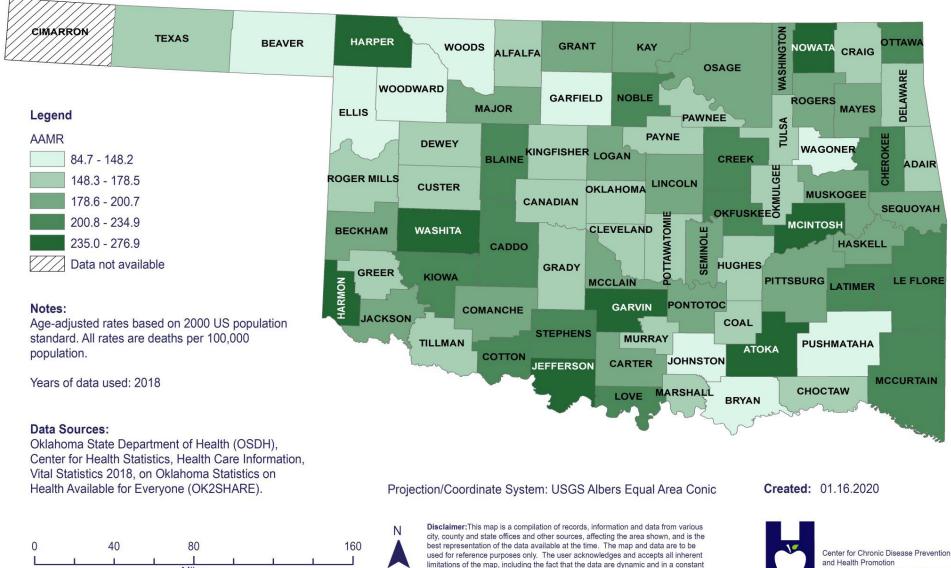
#### Created: 12.11.2018



## **Okahoma Age-Adjusted Cardiovascular Disease Mortality Rate, 2018**



## **Oklahoma Age-Adjusted Cancer Mortality Rate, 2018**



state of maintenance.

Miles

and Health Promotion Oklahoma State Department of Health

## **Oklahoma Rural and Urban Food Deserts, 2015**

Legend

CIMARRON

Urban Food Deserts Rural Food Deserts

TEXAS

 Population
 Population

 0 - 579
 0 - 140

 580 - 1,617
 141 - 494

 1,618 - 2,840
 495 - 1,168

 2,841 - 4,644
 1,169 - 2,080

 4,645 - 9,321
 2,081 - 3,986

#### Notes:

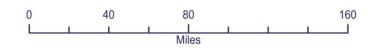
Food deserts are defined as urban neighborhoods and rural towns without ready access to fresh, healthy, and affordable food.

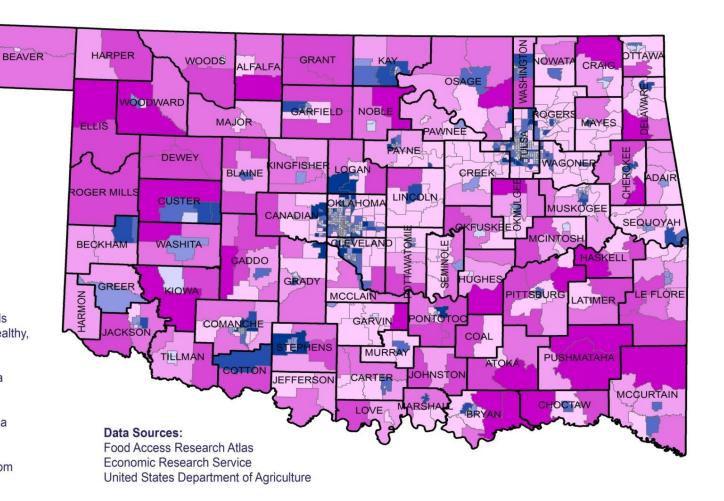
Rural Food Desert: the number of people within a 10-mile marker that have low access.

Urban Food Desert: the number of people within a 1-mile marker that have low access.

Population data are reported at the block level from the 2010 Census of Population and Housing.

Year of data used: 2015.





Projection/Coordinate System: USGS Albers Equal Area Conic

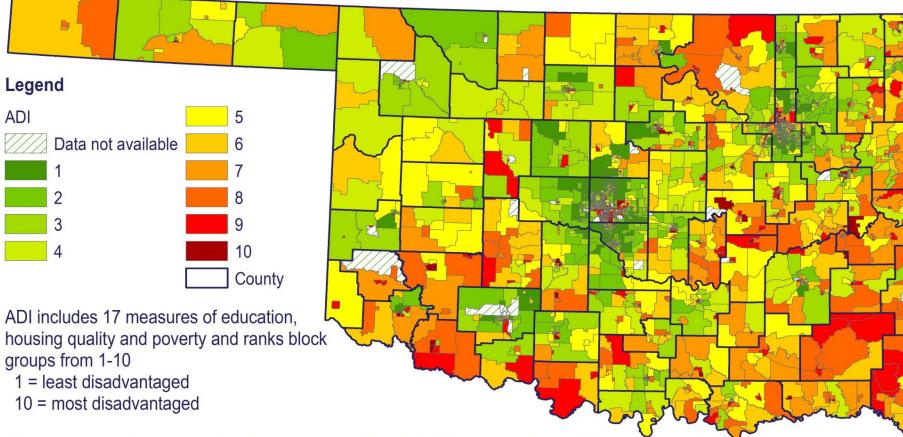
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Disclaimer: This map is a compilation of records, information and data from various city, county and state offices and other sources, affecting the area shown, and is the best representation of the data available at the time. The map and data are to be used for reference purposes only. The user acknowledges and accepts all inherent limitations of the map, including the fact that the data are dynamic and in a constant state of maintenance.

#### Created: 01.25.2017



## **Area Deprivation Index (ADI)**



Where someone lives can determine several health-related factors, such as safety, stress and access to food. A person's neighborhood can influence many conditions, including cardiovascular disease and diabetes, which are disproportionately more common among racial and ethnic minorities and the socioeconomically disadvantaged.

Socioeconomic disadvantage is one of the fundamental factors that result in health disparities. Seeing a neighborhood's socioeconomic measures, such as income, education, employment and housing quality, may provide clues to the effects of those factors on overall health, and could inform health resources policy and social interventions.

#### Data Source:

University of Wisconsin School of Medicine and Public Health. 2011-2015 ADI data. Area Deprivation Index.3/1/2020. Available at: https://www.neighborhoodatlas.medicine.wisc.edu/



## **Child Opportunity Index**

#### Legend



Neighborhoods matter for children's health and development. All children should live in neighborhoods with access to good schools, healthy foods, safe parks and playgrounds, clean air, safe housing and living-wage jobs for the adults in their lives. However, far too many children live in neighborhoods that lack these conditions.

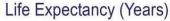
The Child Opportunity Index (COI) measures neighborhood opportunity along three domains that matter for children: 1. Education, 2. Health and Environmental, and 3. Social and Economic.

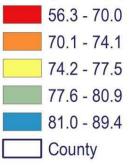
The COI ranks neighborhood opportunity based on 29 common conditions within these domains. Each neighborhood receives a Child Opportunity Score and is assigned to an opportunity level: very low, low, moderate, high, or very high opportunity. **Data Source:** DiversityDataKids.org Child Opportunity Index (COI) Available at: http://diversitydatakids.org/child-opportunity-index



## Life Expectancy

#### Legend





Life expectancy data is the average age to which people can expect to live. Across Oklahoma this ranges from 56-90 years.

Life expectancy data are based on census tract and death records. Census tracts include an average of 4,000 people who typically have similar characteristics, such as social and economic status.

#### Use this data to:

-decide which neighborhoods most need investment dollars to fund health clinics, schools, preschools, community centers, and other projects that can help improve health -better understand disparities and make important decisions about public transportation and grocery stores, requirements for physical activity and healthy foods in schools, community safety, access to health care, and much more -guide conversations about what might be causing life expectancy disparities

#### Data Source:

United States Small-Area Life Expectancy Project (USALEEP), National Center for Health Statistics, National Association for Public Health Statistics and Information Systems. Available at: https://www.cdc.gov/nchs/nvss/usaleep/usaleep.html



Center for Chronic Disease Prevention and Health Promotion Oklahoma State Department of Health

