

Oklahoma Healthy Brain Initiative Coalition
July 19th 2022
Microsoft TEAMS Meeting
Morgan Fitzgerald

Attendance:

Welcome & Introductions:

Morgan Fitzgerald: Morgan asked new members to introduce themselves. Joy McGill, Felicia Cummings Morgan welcomed all to the meeting.

OHBI Updates:

Morgan Fitzgerald:

The OHBI has been together for 1 year now. Goals and Objectives are due at the end of August. Bi-Laws have been passed. Morgan will attach those to Monday's email.

- Commitment Letters – Morgan has asked all to sign the yearly Commitment Letter for another year of service to the OHBI Coalition and send back to her or Sara Paape. Members will be asked to sign a Commitment Letter yearly.

- Bylaws Passed

- State Plan Due Dates – Morgan presented on the timeline for the OHBI State Plan.

March - Launched Caregiver & Caregiver Provider Survey.

April – Launched Provider Survey Work groups met in June.

July - OHBI Meeting

August - Work Groups will meet, Draft Goals & Objectives due to Sara and Morgan.

September - Work Groups Meet & Prioritize Goals & Objectives, Morgan and Sara work on introduction for State Plan.

October - OHBI Meeting & Work Groups Meet.

December - OHBI Meeting Survey w/Goals and Objectives sent to all members.

2023

January – OHBI Meeting

February – Work Groups Meet, Submit State Plan Draft to Communications.

April – OHBI Meeting & Work Groups Meet.

June – Work Groups Meet, State Plan Begins- Tie in with ABAM.

July – OHBI Meeting.

August – Work Groups Meet.

Morgan – Work groups need to be working on and finalizing getting goals drafted, making sure they are SMART goals. If there are objectives for the goals that is great, please add them in. More can be added in September and October if needed.

To ensure we are working together and not being repetitive in our goals and that everyone is headed in the same direction and they all fit the Oklahoma Healthy Brain Initiative roadmap series actions to ensure we are following all requirements set for our State Plan based on the CDC's grant.

These are due in September. If work groups would like to meet, they can and prioritize which goals are most important to them. Goals will be uploaded into SmartSheets by work group leads.

Dr. O – Asked to resend what defines a Smart Goal. Morgan will send that in her “Meeting Recap” email.

Morgan - Asked chairs if they had any updates. Policy Work Group will not meet in August. They will meet in October. Data and Surveillance will meet in August. Keith's Workforce Development Workgroup will not meet in August. Morgan advised all workgroups to meet in October for possible revisions. Madelyn and Johanna's Public Education Workgroup – Madelyn will submit goals and objectives to her group for then to look over and offer any feedback, but they will meet in October.

Morgan – Morgan offered to do a Qualtrics Survey like she did for the Policy Work Group to get feedback on their goals and objectives. Keith said yes, he would like that for his group and Madelyn said yes as well. Morgan will send them a link for the survey. Morgan has Keith's goal and objectives and she has requested that Madelyn send her goals and objectives to Morgan so Morgan can create one for Madelyn's group as well.

Survey Updates:

Leslie Ballenger

See PowerPoint for full Presentation.

• **Caregiver Survey Findings -**

Methods

Study Population - Current and Former Caregivers, Paid and Unpaid

Study Period – March 1-31. 2022

Mode – Online Survey, Referral

Participants

346 responded to the survey. 55 out of the 77 Oklahoma counties participated in the survey.

Impact on Health

Health of the Caregiver, Unpaid and Paid, Physical Health, Impact on Physical Health and Emotional Stress.

Experiences Unpaid Caregiver

Toll from being a caregiver, coping mechanisms, level of stress.

Resources Unpaid Caregiver

Have Necessary Information/Resources, Source of information, Received Information.

Paid Caregiver

Emotionally Stressful, Received Training, and Have Necessary Training.

Resources and Training

Unpaid Caregivers – Additional Support/Resources Needed

Paid Caregivers – Additional Training

Qualitative Analysis

Unpaid Caregivers Thoughts and Comments

Caregiver Focused Support

Emotional, Financial, Taxation vs Reward, Resources

During Covid

Comments of concern during Covid were listed in the PowerPoint.

Questions:

Keith – Breakdown of who took the survey would be great to help tailor things.

Morgan – Will get information for Keith.

Morgan – Shared the 4-5-61 and explained it. She showed a PowerPoint on this.

- Provider Survey
- Coalition Survey

Be a Neighbor:

Morgan Fitzgerald/ Madelyn Maxwell

Madelyn – Met with Be a Neighbor – Through an innovative platform, “Be a Neighbor” seeks to identify and strengthen collaboration among Oklahoma’s non-profits, faith-based groups, and community organizations across the state’s 77 counties.

Madelyn demonstrated through slides how to navigate through the website and how to find resources that are needed.

Morgan – All OSDH Community Health Workers are currently utilizing “Be a Neighbor”. Morgan explained how the system was used, how to find resources and the map feature. System was originally built for DHS for the Foster program. More State agencies are being encouraged to use this site.

Morgan recommends everyone go in and put themselves in as a seeker. It will also be included in the State Plan saying that we will promote this program. The public can also use this platform.

Dr. Odenheimer - Asked if there was an information regarding volunteer opportunities.

Morgan - Yes! There is an Event area that anyone can add an event. There is a volunteer tab/button under Volunteer Registration.

Dr. Odenheimer - Asked what if people were looking for volunteers?

Morgan – Morgan said she will find out the answer to that question. The focus has been primarily on the Resources aspect at this point.

Madelyn – There are routine check to make sure the home health care agency or organization is still in business.

Morgan – The website is completely free of charge for all users. This website is 100% funded by the State of Oklahoma for now. That may change as the website expands.

If there is any changes or updates that someone see’s they are willing to work with us to make changes.

Maggie– How does this look for caregivers who may or may not have fully connected somewhere yet and are searching for resources and how they might get there or might hear about it? What efforts is the State leading for the usage of “Be a Neighbor”?

Morgan – Answered that we are going to get that out to Senior Services, and we will go out and share information. We are the promotion aspect. We will be promoting this to Senior Services and to our caregivers.

Nadine – On the caregiver website Okcares.org it is very much the same thing, putting resources out for family caregivers that are supporting individuals across their lifespan. Nadine would really

like to partner with “Be a Neighbor”. Caregivers need to be met where they are at. Being in several places is a good thing. Resources should be on OKcares.org as well for exposure. Morgan – We can help promote both and is a good thing. Morgan and Nadine will discuss this topic future.

Dementia Caregiving Conference:

Members/Morgan Fitzgerald

Bold Dementia Caregiving Conference

- Takeaways

Morgan – There is a program at the University of South Carolina that has created a 5-module program that can be used for general public, health care professionals, a dementia certificate is provided for their program. If we chose to do this, we would be the 2nd State to be doing this Statewide. The program is called Dementia Dialogs. They are willing give training showing how all of the 5 modules work. Then we can decide if we would like to have training to go out and do the same.

Dr. Odenheimer – Dr. Odenheimer said she would like to be part of this.

Morgan – Will open this up to the Coalition for anyone interested.

Morgan – Caregivers were upset that their loved one didn’t have options if under the age of 60.

Shelly – Under 60 individuals really stood out at the conference. People living with dementia under 60 and their struggles. We really need to support this area and how these people are treated and how it makes them feel. Provide support.

Morgan – Asked Jacob or Maggie to help her get information about Oklahoma’s support group over to Rhonda.

Getting the chance to talk to other states was very helpful. It allowed for States to share their ideas and what works for them.

Madelyn – Attended the Conference virtually and has the link and will send to Morgan and Morgan will share with group.

Morgan - Dementia Friendly Program – We will be purchasing that license to so we can utilize the Dementia Friendly Program America. Morgan will send out a poll for anyone who would like to be part of that.

Share & Close:

Morgan – There are research studies going on. Morgan asked everyone to share the fliers from her Monday emails. There are specific studies going on involving African American caregivers and providers for African Americans living with the disease. They are 2x’s more likely to get the disease.

August 4: Data and Surveillance Meeting 12-1pm Goals & Objectives are due at the end of August to Morgan and Sara.

Dr. Odenheimer – There has been a group started for African Americans caregivers.

Alzheimer's Association Walk Season

Tulsa Walk September 17, 2022

Ardmore Walk is September 23, 2022

Lawton Walk is September 24, 2022

Chickasha Walk is September 25, 2022

Enid Walk is October 7, 2022

Stillwater Walk is October 8, 2022

Oklahoma City Walk is October 22, 2022.

For more information on Walks Go to: **ALZ.Org\walk** then search Oklahoma for your Walk.

OHAI has a lot of presentations going on. Please pass along fliers from the emails to get information out there.

Caregivers Conference

November 1, 2022. Nadine will send Morgan the link for anybody who wants to sign up as a presenter, sponsor or attendee.

Caregiver Coalition Meeting

July 21, 2022 10:00am to 11:30am

Health Fairs

District 8 - 3 Elders Health Fairs in Marshall, Pontotoc and Garvin Counties.

Email Morgan or Karen Walker for more information.

Next Meeting

October 18, 2022 @ 1:00pm to 3:00pm

Meeting Adjourned