

## **OHBI Coalition Meeting Notes**

**4/16/2024**

**Zoom**

### **Welcome**

Jacob opened the meeting and welcomed all attending. Jacob introduced guest speaker, Shelby Roberts

### **Presentations**

#### **The Alzheimer's Association BOLD Center of Excellence on Dementia Risk Reduction/Shelby Roberts**

Promoting Brain Health. Her presentation covered the following:

- Projected Alzheimer's Prevalence and Cost
- Categorizing the Evidence
- Cognitive Decline and Dementia
- State of the Science  
Formal Education, Traumatic Brain Injury, Midlife Hypertension, Midlife Obesity, Diabetes, Smoking, Physical Inactivity, Poor Sleep, Diet and Nutrition and Cognitive Engagement
- U.S. Pointer Study  
5 Sites, 2111 participants, 2 Self-guided or structured and 2 Year intervention. Results anticipated in 2025.
- How Do I Keep My Brain Healthy  
10 Healthy Habits for your Brain
- Risk Factors for Cognitive Decline: Oklahoma  
For the State of Oklahoma facts sheets and heat maps go to:  
[Alz.org/PublicHealthOklahoma](http://Alz.org/PublicHealthOklahoma) to see other states go to [Alz.org/PublicHealth](http://Alz.org/PublicHealth)
- How the Center Helps Public Health
- What the Center is Doing
- For More Information:  
[Alz.org/PublicHealth](http://Alz.org/PublicHealth)  
**\*Questions were taken. \***

#### **OHBI Gap Analysis Report/Dr. Lelsie Ballenger**

- Alzheimer's Related Dementia Disease Resource Gap Analysis – Preliminary Findings.  
Dr Ballenger shared Objectives and Intended Users
- Methods – Gap Analysis Process  
Step 1 – Survey Findings

Step 2 – Resource Types

Step 3 – Statewide Map by Counties

- Findings: Maps and Resource Table Shared.
- Recommendations

**\*Questions were taken\***

### **BOLD/OSDH Progress Update/Jacob Guinan**

- New Partnerships
  - Alzheimer’s Diversity Outreach Services
  - Regional Food Bank of Oklahoma
  - Office of Rural Health
- Public Education
  - Dementia Dialogues
  - 2<sup>nd</sup> Wind Dreams Virtual Dementia Tour
  - Questions to take to the Doctor’s.
  - Public Education Programs: 4/23 – Tribal Public Health Conference. 4/18 – EODD Caregiver Conference, 3/22 OSDH Shamrockin Family Fun Day (Claremore), 2/21 – OSU Wellness
- Stats from Campaign Aug-Sept 202
  - 2606 Clicks to the website from Display.
  - 3384 Clicks from social media
  - 309K Streaming TV Ads Ran
  - 96.5% average VCR on Streaming TV
- August to September New OHBI Risk Reduction Public Awareness Campaign Coming.
- Dementia Friendly Oklahoma
  - 23 Partners Across 77 Counties
  - 2 OSDH Districts Fully Trained and Recognized (D5 and D6)
  - 2 OSDH Districts with training scheduled (D2 and D6)
- Other Updates and Achievements
  - Rack Cards and Fact Sheets Sent Out
  - \*Questions Taken\***
  - Continuation was submitted for continuing the grant for year 2.
  - \*Questions were taken. \***

- **Resource Sharing Session/Presenters**

**Oklahoma Dementia Care Network/ Keith Kleszynski**

ODCN Goals – Improve the care and health outcomes of older adults living with Alzheimer’s disease and other dementias and their caregivers. Our greatest strength is our partners and our collective ability to amplify our impact across the state.

[www.okdcn.org](http://www.okdcn.org)

OKDCN Offers:

- 1) 4Ms Age Friendly Facilitation
- 2) Project ECHOS for Nursing Homes, Community Services, Caregivers
- 3) Education and Support
- 4) Nursing Home In-Service Education
- 5) Education for Career Tech Educators, First Responders, Community Health Workers/Community Health Representatives.
- 6) Check OKDCN Website for More

**Able Tech/Jacob Guinan**

Able Tech is Oklahoma’s Assistive Technology Agency. Able Tech is based out of Oklahoma State University. Their goal is to make life accessible to Oklahomans of all ages and abilities. Services include:

Device Demonstration

Device Short Term Loans

Device Reutilization

Financial Loans

Digital Accessibility

**OK Cares/Jennifer Hill**

The Oklahoma Caregiver Coalition, OKCares is a collaboration of over 200 private and public partners who strive to improve the support and experiences of family caregivers across the lifespan through education, advocacy, and access to resources. Our partners meet quarterly to discuss pressing caregiver issues.

**Eastern Oklahoma Development District (EODD)**

**Area Agency on Aging (AAA)/Alysa**

Caregiver Program offers:

Respite Vouchers, Access Assistance, Support Groups, Information Services. Training.

Outreach offers:

Home Delivered Meals, Homemaker Services, Nutrition Counseling, Transportation, Caregiver Services

Information and Assistance:

Masonic Grant Program, Medicare Counseling, Long Term Care Ombudsman  
Caring Assistance Line 1-800-211-21116, EODD AAA 918-682-7891.

[akinnell@eoddok.org](mailto:akinnell@eoddok.org), 918-91309560 (direct Line).

**Daily Living Centers Services/Jacob Guinan**

Daily Living Centers Services offer:

Adult Day Services (Ages 18 to 102)

Transportation Services

Bathing Services

Caregiver Support Resources

**Alzheimer's Diversity Outreach Services/Pastor Beverly & Pastor Jean**

Jacob played a short video on Alzheimer's Diversity Outreach Services and what they offer. Pastor Beverly and Jean spoke on what their organization offers. Trying to reach the younger population and the African American population. Upcoming conference in September. Going into the schools to educate on the disease.

Free Consultations

Service Referrals

Support Groups

Educational Workshops

**Meeting Adjourned**

**Next Meeting**

7/16/24 @ 1 pm – 3 pm