



## Home Isolation for Tuberculosis

You are being confined at home on special precautions called home isolation because you are under evaluation for an infectious disease called tuberculosis (TB). This is a serious disease that can be given to others, you must take steps to prevent the spread of the TB germ. This information will help you understand more about TB and what you must do.

### **What is Home Isolation?**

Home Isolation is when a person is required to remain at home and cannot go out to public places because of a contagious illness that can spread to other people. People on Home Isolation are NOT allowed to leave their home except for needed medical care. This means the person is not allowed to go out in public, have visitors, go shopping for groceries, or use public transportation, until cleared by the Oklahoma State Health Department.

### **How long will I need to be on Home Isolation?**

It may be as short as two weeks or longer. This will be based on the results of your sputum tests, X-rays and symptoms. The Public Health Nurse will tell you when you are no longer contagious and may resume activities, such as work, school or shopping.

### **What must I do to comply with Home Isolation?**

Remain in your home and out of contact with the public (you may be outdoors at home) until the Public Health Nurse tells you that you are no longer contagious. You cannot go in public or have visitors. You can go to your TB healthcare appointments. You will be provided a mask for these appointments.

### **What about family or roommates?**

If you are diagnosed with contagious TB the Public Health Nurse will determine which contacts need to be evaluated for TB. Contacts in need of evaluation will be evaluated at the county health department.

### **Legal Authority**

Home Isolation may be voluntary or mandated through public health authorities by the State of Oklahoma. You will receive a compliance order pursuant to 63 O.S. §1-106, 1-403 and 1-410. Violation of this order can result in an order to be confined for isolation and/or treatment in a health care facility or other treatment facility. Persons with contagious TB must be under adequate medical supervision and observe instructions of the State Medical Officer.