



INJURY PREVENTION

checklist for caregivers

A safety guide for preventing infant injuries.

Create a safe home environment for infants and children using the checklist on the other side.



Questions about hand-me-downs and inherited baby equipment?



Visit the U.S. Consumer Product Safety Commission website.
www.cpsc.gov/recalls

Available resources for parents/caregivers:

- Warmline, 1-888-574-KIDS (5437)
- Get Help – 988 Lifeline

Contact your local county health department to learn about free supplies and resources in your community and to connect with a child passenger safety technician.



To learn more, visit oklahoma.gov/health/IPS and click on “Childhood Injury.”



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Check off as you complete each task.

TRANSPORTATION SAFETY



- Obtain a car seat and have a certified technician help you with installation.

SAFE STORAGE



- Unload and lock all firearms in a safe or with a gun lock.
- Store all medications, including medical marijuana, in a medication lock box out of reach.
- Store chemicals, cleaning solutions, and other potentially toxic items out of reach and locked away.
- Put the poison control number (1-800-222-1222) in, on, or near your phone.

SAFE SLEEP & INFANT SPACES



- Identify a safe space (crib, pack-and-play) where baby can be when you're stressed, tired, need a break, or can't hold them.
- Remove pillows, toys, and blankets from sleep areas, such as a crib, bassinet, or pack-and-play.

HOME SAFETY



- Install smoke and carbon monoxide detectors and/or check them to ensure they are working.
- Cover sharp edges and corners.
- Install window guards and stops.
- Cover all outlets.
- Hide electrical cords or put them out of reach.
- Anchor TVs and furniture to the wall to prevent tip-overs.
- Pick up small objects/choking hazards on the floor and in play spaces.
- Install mounted safety gates at the top and bottom of staircases.

WATER SAFETY



- Empty buckets and other water collection sources.
- Set hot water heater no higher than 120 degrees.
- If the property has a pool, install appropriate fencing and alarms on doors and windows.
- Secure toilet lids with child safety locks.

Note: Never leave a child alone in or near water.