

# You have a client with Hep C, now what?

## YOUR ROLE AS A PROVIDER

- As a provider, you can test your clients for hepatitis C.
- If you have a client with hepatitis C, make sure they are vaccinated for hepatitis A and B.
- The Centers for Disease Control and Prevention (CDC) recommends that all adults aged 18 years and older be screened for hepatitis C at least once in their lives, except in areas where HCV prevalence is less than 0.1%. All pregnant women should be screened for hepatitis C during each pregnancy, except in areas where HCV prevalence is less than 0.1%.
- For more information on the CDC recommendations for hepatitis C testing, including risk factors for routine periodic testing for certain people, please visit:



### Testing Recommendations for Hepatitis C Virus Infection | CDC

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- ACOG recommends testing all pregnant patients for hepatitis C during each pregnancy.
- Test all adults and pregnant patients for hepatitis C. It could save their lives.



### Viral Hepatitis in Pregnancy | ACOG

## CDC Recommends Hepatitis C Testing For:



Every person 18+  
**At least once\***



All pregnant women  
**During each pregnancy\***



Every person with risk factors  
**At least once and periodically if ongoing**

*\*In settings where prevalence is 0.1% or greater*

# Treating hepatitis C is easier than ever.

- Treatments today have a cure rate of 95% and higher and do not have harsh side effects like previous medications.
- People who have tried previous medication unsuccessfully can try current medication and may be successfully cured.
- Because treatment options for hep C work differently, you could work with your patients to help decide which treatment option is best for them.

## Today's Hep C Treatments



Over 95% of people get cured.



Some common side effects are headache and tiredness.



12 weeks or less of treatment needed for most people.



Taken by mouth—not an injection.

*Hepatitis C is stated to be cured when the hep C virus is not detected in the blood when measured three months after the completion of treatment.*

- There are resources available to help you learn about how to treat hepatitis C and access support from other providers.
- Utilize Oklahoma State University's HCV ECHO program and present any case you have questions about. The facilitators and providers of the ECHO program are always happy to help you along the way.
- To learn more about and treatment for hepatitis C, you can complete the hepatitis C training course with the University of Washington. It is free and offers Continuing Education Credits (CEs).



**Hepatitis C Online (uw.edu)**

- If you are not quite ready to begin treating hepatitis C, you can refer your client to another provider who treats hepatitis C.
- You can also use this tool to find a health care provider near your client:



**Treat Hep C & Find a Health Care Provider Near You | Hep C Hope**