

## For Immediate Release

Date: 10-23-17

Contact: Rebecca Villa-Winsett

Local Emergency Response Coordinator

**Custer County Health Department** 

580-323-2100

## **Psychological First Aid Class Offered in Weatherford**

The Oklahoma Medical Reserve Corps in partnership with the Custer County Health Department and the Southwestern Oklahoma State University are offering a free Psychological First Aid course on Friday, October 27 from 8:30 am to 4:30 pm at Rosebud Hall on the SWOSU campus, 1121 North 7<sup>th</sup> Street in Weatherford. This course will provide Continuing Education for RN, CLEET, LPC, LMFT & LCSW including 1-hr of ethics credit. Credit has been requested for Pharmacists, and all others will receive a certificate of completion.

PFA is the "acute intervention of choice" when responding to the psychosocial needs of children, adults, and families affected by disaster and terrorism. Recently developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from other individuals involved in coordinating and participating in disaster response, PFA is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping.

You can register online at <a href="https://www.surveymonkey.com/r/CusterCo2017">https://www.surveymonkey.com/r/CusterCo2017</a> or you can call/text Rebecca at 580-682-1572.

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