COLORING CHALLENGE
INSTRUCTIONS

SHARPEN YOUR CRAYONS, UNCAP YOUR MARKERS, WET YOUR WATERCOLORS!

Who should participate?

- Children (all ages) - or -
- Families, Classrooms and Groups – (as a shared activity)

Instructions

Participants are encouraged to create a picture
of their happiest day or simply a *"Happy Day Picture"*.

1. Use a plain white piece of paper or download the template available **here***
   (if using plain white paper, add child's first name *only*, age and #pictureabrighterfuture.)
2. Color away… (Remember to be creative and have fun!)
3. Take a snapshot of the drawing with your smartphone.
4. **SHARE! SHARE! SHARE!** *Help make this a viral sensation!*
   a. Upload the picture to your own Facebook page and share a few words about what's going on in picture (*smidgen of content to provide context*).

   > **TIP:** Include the link to these instructions in your status bar so friends can know how to participate in the "CHILD ABUSE PREVENTION (CAP) COLORING CHALLENGE", too!
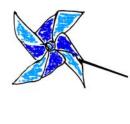
   b. *Like* the *"Brighter Future for Kids"* Facebook Page (if you haven't already) and then upload the snapshot of your child's drawing directly to that page - or - if you prefer, email a jpg of the drawing to sheriet@health.ok.gov with all the same info
   (first name and age of child with a few words about what's taking place in drawing).
   c. Tweet and/or upload your same picture on Instagram using #pictureabrighterfuture.
5. Once you upload your child's picture on FB page (or tweet #pictureabrighterfuture or send it by email), stay tuned…

Watch for it and more *Happy Day Pictures* on the Brighter Future for Kids
Facebook Page!

GOAL: 1,000 COLORING PICTURES UPLOADED BY CAP DAY – **TUES, APRIL 10, 2018**!

Thanks for helping Picture a Brighter Future for Oklahoma Children!

NOTE: If you don't Facebook or Tweet (or just prefer to email your pictures), send to sheriet@health.ok.gov – must include child's first name and age, a few words about what's going on in the picture along with the jpg or pdf of the drawing and your contact information.

*Link to Coloring Page template:
https://www.ok.gov/health2/documents/Coloring%20Template.pdf

my happiest day...

First Name: _____ Age: _____