

Lincoln County Healthy Living Directory

This directory was created as part of the 2019 Lincoln County Fitness Challenge.





This directory was created as part of the 2019 Lincoln County Fitness Challenge to make sure residents from across the county had ideas and approximated distances of places they could walk. It is <u>NOT</u> intended to be a fully comprehensive list. Nor does it make any assurances as to the safety of the area such as condition of sidewalks, trails, lighting, etc.

Lincoln County Health Department
Lincoln County TSET Healthy Living Program
101 Meadow Lane
Chandler, OK 74834

(405) 258-2640

https://www.ok.gov/health/County_Health_Departments/Lincoln_County_Health_Department/

To keep up-to-date on current projects, challenges, and events, please "like" our "Lincoln County Health Department" Facebook Page!

Agra

Start at senior center go south to end of sidewalk cross street going east, go North on sidewalk to end walk back and cross street in front of senior center for 1/2 mile.



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Carney Memorial Park Trail

Main Street

Carney, OK 74832

Distance: .63 miles



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Main Street

Carney, OK 74832
Distance: .63 miles



Carney Memorial Park Trail

Main Street

Carney, OK 74832

Distance: .63 miles



Carney Memorial Park

Main Street

Carney, OK 74832

Other Opportunities:

Hands of War Gym



Chandler Walking Trail 1314 Park Road Chandler, OK 74834

Distance: 1.03 miles around blacktop



Chandler Walking Trail 1314 Park Road

Chandler, OK 74834

Distance: 1.03 miles around blacktop



Chandler Walking Trail
1314 Park Road

Chandler, OK 74834

Distance: 1.03 miles around blacktop



Chandler Community Garden 215 North Blaine Avenue Chandler, OK 74834



Tilghman Park
Ripped Health & Fitness
Route 66 Functional Fitness
Chandler Lake Equestrian Trails
Chandler City Pool



DAVENPORT

Davenport Track

Davenport, OK 74026

Distance: 1 lap = .29 miles-4 laps = 1.16 miles



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Davenport Track

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Distance: 1 lap = .29 miles-4 laps = 1.16 miles



Davenport Park

Davenport, OK 74026



Kendrick Park



Kendrick



B & B Store 302 Main Kendrick, OK



B & B Store 302 Main Kendrick, OK



Glenn Crest Park
Curtis & Bonnie Streets
Meeker, OK
Distance ½ mile



Glenn Crest Park
Curtis & Bonnie Streets
Meeker, OK 74855
Distance: ½ mile



Hwy 18 & 62 to Meeker Library West on Hwy 62 Meeker, OK 74855 Distance: ½ mile



Hwy 18 & 62 to Meeker Library
West on Hwy 62
Meeker, OK 74855
Distance: ½ mile



Other Opportunities Meeker Lake Hiking Trail Shape Fitness Prague Park 501 US 62

Prague, OK 74864

Distance: 2 laps = 1 mile

Prague Park 501 US 62

Prague, OK 74864

Distance: 2 laps = 1 mile



Distance: 1 lap = .25 mile – 4 laps = 1 miles

Prague Community Garden
Bluebell Road
Prague, OK 74864

Other Opportunities

Prague Lake Hiking Trail Bodyworx Prague City Pool









Town of Sparks
Post Office to Nutrition Site
Sparks, OK 74869

Distance: 1/3 mile











Sparks Walking Trail/Sparks City Lake 3475 & McLaughlin Sparks, OK 74869 Distance: 1 mile



Foster Park

7th & Cedar

Stroud, OK 74079

Distance: 1 lap on road = 6/10 mile



Foster Park

7th & Cedar

Stroud, OK 74079

Distance: 1 lap on road = 6/10 mile



Stroud School Track

2nd & 9th

Stroud, OK 74079

Distance: $1 \text{ lap} = \frac{1}{4} \text{ mile} - 4 \text{ laps} = 1 \text{ mile}$



Stroud Pavilion/Farmer's Market

Main Street

Stroud, OK 74079



Other Opportunities:

Stroud Gym Stroud City Pool Stroud Lake Trail

TRYON

Tryon Police Dept. to Post Office

Tryon, OK 74875 Distance: 1/10 mile



Tryon Police Dept. to Post Office

Tryon, OK 74875

Distance: 1/10 mile



Tryon Police Dept. to Post Office

Tryon, OK 74875

Distance: 1/10 mile



Tryon Police Dept. to Post Office

Tryon, OK 74875

Distance: 1/10 mile



WELLSTON

Wellston

Sidewalk from HS to Elementary & back

Wellston, OK 74881

Distance: 1 mile



Wellston

Sidewalk from HS to Elementary & back

Wellston, OK 74881

Distance: 1 mile



Wellston Gazebo to Water Tower

Wellston, OK 74881

Distance: 1 mile



Wellston Farmers Market

Wellston, OK 74881



LINCOLN COUNTY - 2019



