

January 1, 2013

The Honorable Mary Fallin Governor of Oklahoma **State Capitol Building** 2300 N. Lincoln Blvd., Room 212 Oklahoma City, OK 73105

Dear Governor Fallin:

Pursuant to O.S. 63-1-1923.D.5. of the Nursing Home Care Act, I submit the enclosed annual report of activities from the Long-Term Care Facility Advisory Board.

The 2012 Annual Report summarizes our activities for the improvement of services, care, and treatment to Oklahoma residents of nursing and specialized facilities, intermediate care facilities for individuals with intellectual disabilities, continuum of care and assisted living centers, residential care homes, and participants in adult day care centers.

We are happy to inform you that, due to recent new appointments and reappointments, we have been able to conduct official business during the year. The twenty-seven (27) member board presently has six (6) vacancies and twenty-one (21) members with active appointments still serving on the committee.

If you have any questions, please contact Dr. Mark Newman, Office of State and Federal Policy, at (405) 271-4200 or at marksn@health.ok.gov.

Respectfully.

Kay Parsons, Chair

Long Term Care Facility Advisory Board

cc: Brian Bingman, Oklahoma Senate President Pro Tempore

T.W. Shannon, Oklahoma House of Representative Speaker Designate Elect Terri White, MSW, Commissioner, Oklahoma Department of Mental Health &

Substance Abuse Services

Michael Fogarty, CEO, Oklahoma Health Care Authority Edward Lake, Director, Oklahoma Department of Human Services

Terry Cline, Ph.D., Commissioner

Secretary of Health and Human Services

Members, Oklahoma State Board of Health

Long Term Care Facility Advisory Board

2012 Annual Report

LONG TERM CARE FACILITY ADVISORY BOARD 2012 ANNUAL REPORT

PURPOSE: The Long-Term Care Facility Advisory Board is authorized by Section 1-1923 of the Oklahoma Nursing Home Care Act {63 O.S. §§ 1-1900 et seq.}. The Advisory Board, consisting of twenty-seven (27) members, is appointed by the Governor and functions as a professional advisory body to the State Commissioner of Health.

As part of their routine activities, the Advisory Board serves as an advisory body to the Department of Health for the development and improvement of services to and care and treatment of residents of facilities subject to the provision of the Nursing Home Care Act, homes subject to the provision of the Residential Care Act, facilities subject to the Continuum of Care and Assisted Living Act, and facilities subject to the provisions of the Adult Day Care Act; reviews, makes recommendations regarding and approves in its advisory capacity the system of standards developed by the Department of Health; evaluates and reviews the standards, practices and procedures of the Department of Health regarding the administration and enforcement of the provisions of the Nursing Home Care Act, the Residential Care Act, the Continuum of Care and Assisted Living Act, and the Adult Day Care Act, and the quality of services and care and treatment provided to residents of facilities and residential care homes and participants in adult day care centers. The Advisory Board may make recommendations to the Department of Health as necessary and appropriate.

The Advisory Board annually publishes a report of its activities and any recommendations for the improvement of services and care in long-term care facilities. The annual report is prepared for the Governor, the State Commissioner of Health, the State Board of Health, the Speaker of the House of Representatives, the President Pro Tempore of the Senate, and the chief administrative officer of each agency affected by the report.

SERVICES: Long-Term Care facilities provide the following services in Oklahoma:

- Nursing Facilities provide twenty-four (24) hour skilled care and related services for residents who require medical or nursing care.
- Intermediate Care Facilities for the Mentally Retarded (ICF/MR) provide care designed to meet the needs of persons with developmental disabilities and who require special health and rehabilitation.
- Assisted Living Centers provide assistance with personal care, medications and ambulation. The center may also provide nursing supervision and information or unscheduled nursing care. An assisted living center cannot provide twenty-four (24) hour skilled nursing care as is provided in a nursing facility.
- Continuum of Care Facilities combines the services of a nursing facility with an assisted living center and/or an adult day care.
- Residential Care Homes offer or provide residential accommodations, food service and supportive assistance. A residential care home may provide assistance with meals, dressing, bathing

and other personal needs, and it may assist in the administration of medication. However, it cannot provide medical care.

• Adult Day Care Centers provide basic day care services to unrelated impaired adults for more than four (4) hours in a twenty-four-hour period.

PROVIDERS: At the end of 2012, there were six hundred and eighty-eight (688) long-term care facilities operating in Oklahoma.

- Nursing Facilities 318
- Adult Day Care Centers 42
- Assisted Living Centers 141
- Continuum of Care Facilities 17
- Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID) 88
- Residential Care Homes 82

VACANCIES:

The Long Term Care Facility Advisory Board consists of twenty-seven (27) members. Currently at the end of 2012 there are six (6) vacancies on the Board; we currently have sixteen (21) members with active appointments.

ACTIVITIES:

The Long Term Care Facility Advisory Board met on a quarterly basis during 2012 to evaluate and review the standards and practices of the Department of Health in administration and enforcement of the provisions of the Nursing Home Care Act, the Residential Care Act, the Continuum of Care and Assisted Living Act, and the Adult Day Care Act. The Board received reports on emerging health care issues in long-term care facilities; rule and regulation review; updates of the Quality Indicator Survey (QIS) process; updates of the awarded grant for a national background check system; and updates of the CMS requirement of the reduction of antipsychotic medications in nursing homes by 15% by the end of 2012.

RECOMMENDATIONS:

At the January 11, 2012 meeting, the Advisory Board agreed the Ad Hoc committee should be a part of the board for the 2012 term. During the April 11, 2012 meeting the Advisory Board Chair Kay Parsons suspended the Ad Hoc meetings; and at the July 11, 2012 meeting the board agreed to absolve the Ad Hoc meetings.

COMMITTEE REPORTS:

Chairman Kay Parsons formed a nomination committee to elect officers for 2013 at the July 11, 2012. It was the decision of the nominating committee to re-elect the same officers to remain the same for the 2013 term. A motion was made by Rene Hoback to allow the elected officers from 2012 to remain in their positions and was seconded by Linda Brannon. The LTCFAB members then proceeded to vote on the motion and subsequently approved the motion.

AGENDAS:

The meeting agenda items addressed various aspects of the long-term care industry. The Long-Term Care Facility Advisory Board allocated time at each regular meeting to discuss other long-term care issues that may become the responsibility of this Board at some future date.

BOARD OFFICERS:

Advisory Board Officers for 2013 were elected at the October 11, 2012 Advisory Board meeting. Currently elected officers are Kay Parsons, Chair; Dewey Sherbon, Vice-Chair; and Donna Bowers, Secretary-Treasurer.

MEETING SCHEDULE FOR 2013

The 2013 regular meetings are scheduled on January 9, April 10, July 10, and October 9, 2013.