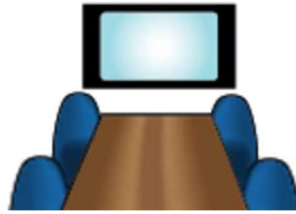


# VIDEO CONFERENCE REGISTRATION INSTRUCTIONS



**SITE REGISTRATION DEADLINE IS TWO BUSINESS DAYS BEFORE MEETING.**  
*Please reserve your satellite site at the County Health Department of your choosing and then register your site with [sheriet@health.ok.gov](mailto:sheriet@health.ok.gov) to be included on the list for connection through the central office.*

If you plan to attend via Video Conference, please remember the following steps to participate.

## **Option 1:**

**You must schedule the use of the videoconference equipment yourself at the County Health Department site you wish to use.**

You must then email [sheriet@health.ok.gov](mailto:sheriet@health.ok.gov) that you have made the reservation with location - **specify location, size of conference room** (if there is more than one option). Please remember - you must register your site two business days prior to the meeting (preferably sooner) **to be scheduled.**

## **Option 2:**

- **You may also connect via a personal computer or device.**

a) To join with web browser (Chrome or IE), use the appropriate link:  
CAP Action meetings: <https://call.lifesizecloud.com/472261>

Home Visitation meetings: <https://call.lifesizecloud.com/3598285>

To join using an app, download the LifeSize app on your phone, tablet or computer:

1. Go to: Caution-<https://call.lifesizecloud.com/download>
2. Use the appropriate extension when joining:  
CAP Action meetings: **472261**  
Home Visitation meetings: **3598285**

Test computer and access prior to meeting.

**YOU WILL ONLY BE SIGNED UP FOR THE VIDEOCONFERENCING IF YOU FOLLOW ALL OF THE STEPS ABOVE.**

For more information contact Sherie Trice at (405) 271-7611 or by email: [sherieT@health.ok.gov](mailto:sherieT@health.ok.gov)