BOARD OF MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES September 27, 2013

Department of Mental Health And Substance Abuse Services Oklahoma City, Oklahoma

Board members Present:

J. Andy Sullivan, M.D., Chair

Henry Haynes, Ed.D.

Bruce Fisher Paul Pierce, M.D.

Ronna Vanderslice, Ed.D.

Brent Bell, M.D. Gail Wood

Others present:

Commissioner, Terri White, ODMHSAS

Durand Crosby, ODMHSAS

Carrie Slatton-Hodges, ODMHSAS

Angie Patterson, ODMHSAS Steven Buck, ODMHSAS

Pam Ball, ODMHSAS

Nisha Wilson, ODMHSAS

Dewayne Moore, ODMHSAS Elizabeth Black, ODMHSAS

Deneka Cain, ODMHSAS

Juarez McCann, ODMHSAS

Jeff Dismukes, ODMHSAS

John Hudgens, ODMHSAS

Lenae Clements, ODMHSAS

Chief Ezeala

Ray Caesar, ODMHSAS

Brett Wheeler, Access to Counseling

Crystal Henderson, OCCIC

Joy Sloan, Green Country Behavioral

Health

Kelly Smith Troutman, Edwin Fair CMHC

John Bradley, Primary Therapeutic Services

Carol Ladd, ODMHSAS

Michaelle Statham, ODMHSAS Caitlin McArthur, ODMHSAS

Savannah Kalman, ODMHSAS

Dane Libart, ODMHSAS

David Health Holt, ODMHSAS

Jessica Hawkins, ODMHSAS

Elicia Berryhill, ODMHSAS Laura Rojo, ODMHSAS

Karen Frensley, ODMHSAS

Teresa Capps, ODMHSAS

Jason Maddox, ODMHSAS

Amanda Jett, ODMHSAS

Lynn Hall, Your Key to Change

Shon Sanders, OCCIC

Gary Wilburn, Edwin Fair CMHC Steve Norwood, Red Rock BHS

Rosanne (Rae) Nardori, Genesi

Crystal Byrd, Song Byrd

Behavioral Health

CALL TO ORDER

Dr. Sullivan called the meeting to order and declared a quorum was present.

Dr. Sullivan announced that Larry McCauley, Ed.D., was moving and would no longer be serving as a member of the Board as of the end of the year.

APPROVAL OF MINUTES OF THE JUNE 28, 2013, BOARD MEETING

Dr. Vanderslice moved to approve the June 28, 2013, minutes. Dr. Haynes seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Abstain
Dr. Pierce	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING CRITICAL INCIDENT REPORT

John Hudgens had no additional information to add to the Critical Incident Report.

Dr. Sullivan expressed concern with the upward trending in data across the country, including the Department's. He was particularly concerned that the Department's number had recently gone above the national average. Dr. Sullivan stated that the category he was most concerned with was medication errors. Dr. Sullivan feels that we need to look at some performance improvement projects in this field. He suggested starting with a pilot program at one of the facilities that had a significant increase in medication errors.

Mr. Hudgens stated that he was aware of some processes that were already being put into place, such as implementing a multiple patient identification process.

Commissioner White stated that the Performance Improvement Committee has been discussing the need to begin looking into the details to why some of our reportable measures have increased.

Dr. Pierce moved to approve the Critical Incident Report. Ms. Wood seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr Pierce	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING PROGRAM CERTIFICATION RECOMMENDATIONS Alcohol and Drug Treatment Programs

A. Permit for Temporary Operation

Permit for temporary operation was recommended for: Another Chance Counseling Agency, Inc.; Genesi, L.L.C.; Hearts of Hope, L.L.C., Elk City;

Monarch, Inc. (Outpatient), Warner; Pahl Pharmaceutical Professionals, L.L.C.; Rural Intervention Services Enterprises, P.L.L.C., Wilburton and Poteau; Sequoyah Counseling Services of Oklahoma, Inc.; Southeastern Oklahoma Family; and Your Key to Change, L.L.C.

Mr. Fisher moved to approve the permit for temporary operation for the above-referenced programs. Ms. Wood seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

B. One-Year Certification

One-year certification was recommended for: Access2 Counseling Services, P.L.L.C.; Cornerstone Counseling and Consulting, Inc.; Counseling & Recovery Services of Oklahoma, Inc.; and Gateway to Prevention and Recovery, Inc.

Ms. Wood moved to approve one-year certification for the above-referenced programs. Mr. Fisher seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

C. Two-Year Certification

Two-year certification was recommended for: Alcohol Training & Education, Inc.; Keetoowah-Cherokee Treatment Services; and White Horse Ranch, L.L.C.

Mr. Fisher moved to approve two-year certification for the above-referenced programs. Dr. Pierce seconded the motion.

ROLL CALL VOTE

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Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

D. Certification with Distinction

Certification with distinction was recommended for: Northwestern Oklahoma State University-Community Service Program; and Reach for the Light, Inc., The Enrichment Center.

Dr. Pierce moved to approve certification with distinction for the above-referenced programs. Ms. Wood seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

E. Certification with Special Distinction

Certification with special distinction was recommended for: Community Adolescent Rehabilitation Effort (CARE) for Change, Inc.; Creoks Mental Health Services, Inc., Tahlequah and Wagoner; MMLD, Inc. dba New Beginnings Counseling Services; Monarch, Inc. (Residential, Halfway House, and Non-Med Detox), Muskogee; Moore Youth & Family Services, Inc.; Professional Counseling Solutions, P.L.L.C.; The Referral Center for Alcohol and Drug Services of Central Oklahoma, Inc.; Youth and Family Services of North Central Oklahoma, Inc.; Youth Services of Oklahoma County, Inc.; and Zen Gee Counseling & Psychological Services, L.L.C.

Dr. Vanderslice moved to approve certification with special distinction for the above-referenced programs. Dr. Pierce seconded the motion.

Dr. Sullivan recognized Moore Youth and Family Services, Inc., and Zen Gee Counseling & Psychological Services, L.L.C., for scoring 100% in all categories at their site visit.

Mr. Hudgens gave special recognition to Moore Youth and Family Services, Inc., as they are located very near the center of the May disaster area and still managed to score 100% at their site visit.

ROLL CALL VOTE

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Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

Opioid Substitution Treat Programs

A. One-Year Certification

One year certification was recommended for: Southern Oklahoma Treatment Services, Inc. dba Transitions Treatment, Mead and Ardmore.

Mr. Fisher moved to approve the one-year certification for the above-referenced program. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Dianas	Vaa		

Dr. Pierce Yes

B. Two-Year Certification

Two year certification was recommended for: Oklahoma Treatment Services, L.L.C., Bartlesville; and Oklahoma Treatment Services L.L.C., Roland.

Ms. Wood moved to approve the two-year certification for the above-referenced programs. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

C. Certification with Distinction

Certification with distinction was recommended for: Keetoowah-Cherokee Treatment Services.

Dr. Pierce moved to approve the certification with distinction for the above-referenced program. Dr. Vanderslice seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

Gambling Treatment Programs

A. Permit for Temporary Operation

Permit for temporary operation was recommended for: Promises, Inc.

Mr. Fisher moved to approve the permit for temporary operation for the above-referenced program. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

Outpatient Mental Health Treatment Programs

A. Permit for Temporary Operation

Permit for temporary operation was recommended for: 3 Dimensions Counseling Services, L.L.C.; Another Chance Counseling Agency, Inc.; Center for Psychological Development, Inc., Durant and Atoka; Center for Psychological Development, Inc., McAlester, Wilburton and Coalgate; Center for Wholly Living, L.L.C.; Hearts of Hope, L.L.C., Elk City and Weatherford; Helping Hands Making Brighter Futures, L.L.C.; Monarch, Inc., Warner; Primary Therapeutic Services, R.L.L.P.; Song Byrd Behavioral Health, Inc.; White Horse Ranch, L.L.C.; and Your Key to Change, L.L.C.

Ms. Wood moved to approve the permit for temporary operation for the above-referenced programs. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

B. One-Year Certification

One-year certification was recommended for: Hope Family Clinic, P.L.L.C.; and Rural Intervention Services Enterprises, P.L.L.C., Wilburton and Poteau.

Dr. Pierce moved to approve one-year certification for the above-referenced programs. Mr. Fisher seconded the motion.

ROLL CALL VOTE

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Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

C. Two-Year Certification

Two-year certification was recommended for: Community Counseling and Testing Services, L.L.C.; Oklahoma Counseling and Intervention Center, L.L.C.; ROCMND Area Youth Services, Inc.; and Youth Services for Stephens County, Inc.

Dr. Haynes moved to approve two-year certification for the above-referenced programs. Ms. Wood seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes	•	

Programs of Assertive Community Treatment

A. Two-Year Certification

Two-year certification was recommended for: Edwin Fair Community Mental Health Center, Inc., Stillwater.

Dr. Pierce moved to approve two-year certification for the above-referenced program. Ms. Wood seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

Community-Based Structured Crisis Center Programs

A. Certification with Special Distinction

Certification with special distinction was recommended for: Green Country Behavioral Health Services, Inc.; and Oklahoma Mental Health Council, Inc. dba Red Rock Behavioral Health Services, Norman.

Dr. Pierce moved to approve certification with special distinction for the above-referenced programs. Ms. Wood seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr Pierce	Yes		

Community Residential Mental Health Programs

A. One-Year Certification

One-year certification was recommended for: C.B.W., Inc. dba Golden Years Residential Care; Spears Management Co., Inc. dba Boley Residential Care Home #1; and Sugar Mountain Retreat, Inc.

Mr. Fisher moved to approve the one-year certification for the above-referenced programs. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

B. Certification with Distinction

Certification with distinction was recommended for: Spears Management Co., Inc. dba Boley Residential Care Home #2.

Mr. Hudgens stated that Santa Fe Residential Care Home, L.L.C., would not be recommended at this time, pending a technicality.

Mr. Fisher moved to approve the certification with special distinction for the above-named program. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

DISCUSSION REGARDING REPORT FROM COMMISSIONER

Commissioner White addressed the Board briefly regarding suicide prevention. She stated that Oklahoma is ranked 13th in the nation for the number of suicides. Commissioner White informed the Board that the suicide data is a few years behind. She reported that in 2009, Oklahoma had 560 individuals that lost their lives to suicide and in 2010 the number had increased to 610. Commissioner White stated that the single highest risk group for suicide is individuals with mental illness.

2013 Annual Oklahoma Suicide Prevention Conference, "Suicide Prevention Across the Lifespan" – Speaker – Commissioner White stated that the event was held in Stillwater this year. One of the guest speakers at the conference was retired Major General Mark Graham with the United States Army who lost his son, who was also in the army, to suicide. One in four suicides in Oklahoma is either a veteran or service man or woman.

19th Annual Zarrow Mental Health Symposium – Speaker – This event was held in Tulsa and had 650 attendees. Commissioner White stated that there were two topics at the event: Advancement in Brain Research and Hope and the Issue of Suicide Prevention. Commissioner White stated that this was a very large group talking about suicide prevention. She stated that this is an area which we will continue to focus our efforts on.

Moore High School Football Game – T3 – "Time to Talk" – Commissioner White stated that the Oklahoma National Guard, along with Major General Deering, started a dialog with Oklahoma youth around the issue of suicide. Major General Deering asked the Department and the State Department of Education to participate in a campaign to engage Oklahoma high school students to start talking about this issue. The Department is working with him to ensure that evidence based practices are incorporated into this effort. The kickoff was held at the Moore High School's first home football game. Commissioner White, Major General Deering and Janet Barresi, the State Superintendent of Public Education, did a pre-kickoff at the football game to get people engaged and talking about suicide.

OCARTA Join Voices for Recovery Rally – Speaker – This walk starts on 4th Street and ends at the Capitol. Commissioner White kicked off the event. Commissioner White also stated that Mr. Fisher, ODMHSAS Board member, also participated in the rally.

Step Out of the Darkness Recovery Rally, Ada, OK – Speaker – This is a 12-stop prayer walk to East Central University, where they hold a huge rally and discuss the issue of addiction and celebrating recovery.

Bill Citty, Chief of Policy, Oklahoma City and John Whetsel, Sheriff, Oklahoma County – Commissioner White met with Chief Citty and Sheriff Whetsel to continue to strengthen our partnership with law enforcement.

Brandon Clabes, Chief of Police and Bob Cornelison, Bureau Commander, Midwest City Policy Department — Commissioner White and Deputy Commissioner Carrie Slatton-Hodges had a meeting with Chief Clabes and Bureau Commander Cornelison to discuss the possibility of starting a pilot program with the Midwest City jail for individuals that come in contact with the jail who are in need of services, to get them into a diversion program. We are hopeful that this pilot will become a national model or at least a state model where we can identify individuals early that are in need of intervention. We have a proposal in place and are hopeful that Midwest City will be willing to partner with us to get this program underway.

Ted Streuli, Editor, The Journal Record – Commissioner had the opportunity to visit with Mr. Streuli recently. Mr. Streui recently lost his son to mental illness issues and is very interested in working with the Department to have a major event in Oklahoma to bring attention to the issue of mental health and addiction.

Janet Barresi, Superintendent of Public Instruction, State Department of Education – Commissioner White recently met with Superintendent Barresi to discuss the Systems of Care program. This is an evidence based program for children with the most complex mental health and substance abuse needs. We are working on getting the education system to partner with us on this program.

Schools that choose to participate in the program receive a small grant to assist with the program needs.

Denise Northrup, Chief of Staff, Office of Governor Mary Fallin; Preston Doerflinger, Oklahoma Secretary of Finance and Revenue and Director; and John Estus, Director of Public Affairs, Office of Management and Enterprise Services – Commissioner White, Durand Crosby, Chief Operating Officer and Kevin Marble, Director of Information Services, had a meeting with the Governor's office and OMES to discuss IT consolidation.

Nico Gomez, CEO, Health Care Authority and Patti Davis, Executive Vice President, Oklahoma Hospital Association – Commissioner White and Deputy Commissioner Carrie Slatton-Hodges had a meeting with Nico Gomez from the Health Care Authority and Patti Davis from the Oklahoma Hospital Association to discuss the issues with federal reimbursement. Commissioner White stated that Medicare is having some rule changes/interpretations that could have significant impact to the revenue coming in for behavioral health services, putting some of our private systems at risk for their ability to provide services.

Tornado After Action Review Meeting – Commissioner White attended an aftermath action review meeting for all state agencies that played a role in the disaster response.

Kerry Pettingill, Chief, Oklahoma Highway Patrol – Commissioner White had a follow-up meeting with Chief Pettingill. Chief Pettingill stated that he has made the care of first responders a priority for us. Commissioner White and Chief Pettingill will continue to work together to better serve Oklahomans.

ODMHSAS/Oklahoma Department of Human Services Joint Meeting – Commissioner White stated that Leadership will start having bi-monthly meetings with DHS to discuss areas where we can improve partnerships and provide additional services and treatment for those involved in the child welfare system.

Michael F. Hogan, Ph.D., Hogan Health Solutions, L.L.C. – Commissioner White stated that Dr. Hogan was the former Commissioner of Mental Health in the state of Ohio and served on the President's New Freedom Commission. He recently retired from being the Commissioner of New York. He is incredibly passionate about the issue of suicide prevention. The Department has contracted with him for some of his expertise in helping us facilitate our dialogue on how to make a real impact on the suicide rates in Oklahoma.

SAMHSA Center for Mental Health Services Mental Health Block Grant Monitoring Site Visit with ODMHSAS Staff and Michelle Gleason, SAMHSA MHBG Project Officer; Mitchell Berger, SAMHSA MHBG Reviewer; and Jeff McLoud, Recovery Consultant to SAMHSA – Commissioner White stated that the Department recently had our SAMHSA block grant site review. This review is

conducted every three years. Commissioner White stated that the review was very successful.

DISCUSSION REGARDING REPORT FROM CHIEF OPERATING OFFICER

Durand Crosby, Chief Operating Officer, announced that the 7^{th} Annual Prevention & Recovery Conference will be held on December $3^{rd}-6^{th}$, 2013, at the Embassy Suites in Norman. He invited all Board members to attend.

Mr. Crosby also reminded the Board members that the Specialty Court Conference will be held on October 10th & 11th, 2013, at the University of Central Oklahoma in Edmond.

Mr. Crosby stated that he and Commissioner White had been working closely with individuals from the City of Norman, including the Mayor and the Norman Public Schools, in collaboration to continue to try to integrate our services and our facilities with the community.

Laura Giblin, M.S., Senior Researcher, Office of Planning, Research and Statistics, Oklahoma Department of Human Services – Mr. Crosby had an opportunity to meet with Ms. Giblin to discuss culture and climate issues. Mr. Crosby stated that a couple of other state agencies are conducting studies on what drives culture and climate.

Julie Miller-Cribs, Interim Director, Anne and Henry Zarrow School of Social Work, The University of Oklahoma – Mr. Crosby had an opportunity to meet with Ms. Miller-Cribs to discuss projects our staff are working on to continue growth and add a new cohort in Tulsa. This would allow additional staff to obtain a master's degree in social work and help them begin providing services.

Mr. Crosby encouraged all Board members to read the success stories in their packets.

DISCUSSION REGARDING THE REPORT FROM THE CORPORATE ACCOUNTABILITY COMMITTEE

Dr. Pierce presented the Corporate Accountability Committee report.

The Corporate Accountability Committee met Wednesday, September 25, 2013.

The Advocate General's report was reviewed by the Committee.

Ms. Cain presented the Advocate's report. She discussed the new site visit process with the group. Additionally, she reported a new advocate had been hired. There were no questions.

Dr. Pierce had the new advocate introduce himself.

The Inspector General's report was reviewed by the Committee. Dr. Haynes asked a question concerning an investigation and the discipline implemented. Durand Crosby explained that the Department's process is that the Commissioner reviews all investigations and makes the determination of whether a violation of rule or policy has occurred. The matter is then referred to the facility director where the incident occurred, and he or she is responsible for determining the appropriate level of discipline to impose based upon the severity of the incident, and weighing any aggravating or mitigating circumstances.

Commissioner White also explained in detail a recent incident that is currently under investigation. The Board will be updated with further information once all inquiries into the matter are complete.

Commissioner White and Mr. Crosby also discussed a letter that was sent to Board members and answered questions posed by Corporate Accountability Subcommittee Board members. The Subcommittee is satisfied with the Department's actions to date, and asked Commissioner White and Mr. Crosby to keep them apprised of any future developments.

There was no new business.

The meeting was adjourned.

DISCUSSION AND POSSIBLE ACTION REGARDING THE OFFICE OF INSPECTOR GENERAL REPORT

Durand Crosby, Chief Operating Officer, stated that there was no additional information to add to the Inspector General's report.

Ms. Wood moved to approve the Office of Inspector General Report. Dr. Vanderslice seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING THE OFFICE OF CONSUMER ADVOCACY REPORT

Deneka Cain, Consumer Advocate General, had no additional information to add to her report.

Commissioner White informed the Board that Ms. Cain, in addition to her role as Advocate General, has taken on the role as Interim Director of the Crisis Center and Urgent Care Center.

Dr. Vanderslice moved to approve the Office of Consumer Advocacy Report. Dr. Bell seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

DISCUSSION REGARDING THE REPORT FROM THE PERFORMANCE IMPROVEMENT COMMITTEE

Ms. Wood presented the report from the Performance Improvement meeting held on August 28, 2013.

There were two presentations for the August meeting.

The first presentation was for the Freedom Recovery Empowerment Initiative by Gwen Downing, Coordinator of Hope and Resilience, Lori Byrum, Sr. Data Analyst, David Wright, Decision Support Manager, ODMHSAS; and Sarah Rahall, North Care Center.

It is estimated that the incidence of trauma for consumer's accessing the public behavioral health system is as high as 95%. (www.samsha.org) A traumatic event is one in which a person experiences, witnesses, or is confronted with actual or threated death or serious injury or threat to the physical integrity of oneself or others. (American Psychiatric Associations Diagnostic and Statistical Manual - DSM IV). According to the U.S. Department of Veterans Affairs, National Center for Post-Traumatic Stress Disorder it is likely that a relationship exists between the experience of a trauma incidence and an increase in utilization of medical services for physical health problems.

Oklahoma began providing training to the workforce in trauma specific care in 2010 at two sites, one rural and one urban. All persons entering the community mental health centers (CMHC) were screened for trauma using an evidenced based screening tool. Those persons who scored positive as having at least one traumatic event were referred to the FRE program. Participants then met with a recovery support specialist (peer staff) who explained the program services and supports available. Persons agreed to participate in the year-long study to collect information related to mental health recovery and physical health needs.

Participants who completed a six-month follow-up survey noted major improvements in every physical health category. The most prevalent health concerns at baseline experienced shifts in the positive direction as follows; sleep disturbances fell 49%, vision problems fell 46%, migraines fell 50%, arthritis fell 32%, and lastly high blood pressure/hypertension fell 47% between baseline and

six-month follow-up. In addition, shifts in the positive direction were also noted in individual recovery measures looking at 32 separate indicators.

For our second presentation, our Chief Operating Officer Durand Crosby and the Department's Risk Manager Tom Ferguson gave a presentation on the Department's "Safety First" Project. This was a three stage project aimed at making the department's environment safer for consumers and staff, and also reducing costs.

The project focused on three main concerns:

- The frequency and severity of work-related injuries
- Increased costs associated with these injuries
- The Negative impact these had on consumer care

The first phase of the project examined the injuries reported and identified those that appeared preventable. It became apparent that the department needed a way to identify pre-existing conditions to ensure that employees could safely perform their job duties. They then worked with Human Resources and outside consultants to identify positions with the highest rate of preventable injures and to determine the minimum physical requirements for these position. An outside provider was retained to conduct examinations to help determine whether employees could perform these minimum requirements, and they worked with the Legal division to ensure this program was compliant with state and federal laws.

Phase I of this initiative has netted significant results and earned a Governor's Commendation at Quality Team Day.

Phase II of the project focused on creating a climate of safety for consumers and staff. This phase began with a survey of staff to determine their knowledge of policies and procedures regarding safety and to identify areas for improvement. As a result, staff received additional training on the department's therapeutic restraint policy. The results of Phase II included fewer injuries to staff and consumers, and lowered the score worker's comp insurance carriers use to determine premium rates. Phase II also was awarded a Governor's commendation at Quality Team Day.

Phase III focused on reducing worker's compensation costs and getting employees back on the job to keep them engaged with the agency. The results of Phase III have thus far resulted in:

- 1. A reduction of the number of injury claims by 26%;
- 2. Reduced the severity rating for injuries by 66%; and
- 3. A savings of approximately \$1.8M

Commissioner White commented that Tom Ferguson checked with other state agencies to see if they had a practice of screening for pre-existing conditions that could interfere with job requirements. They determined that no other state agencies or mental health and substance abuse agency in the United States had taken on the task of ensuring that employees are physically capable to performing the tasks of the job for which they were hired. We have implemented this practice and it not only has saved injuries to staff but has saved the Department money on decreased claims and costs.

An additional topic, the Performance Improvement subcommittee would like to update the Board that the Department Leadership has also indicated that they would like to improve their corporate governance process by beginning to present critical incident summary information at the Performance Improvement subcommittee meetings. This will give us the opportunity to discuss this information in greater detail and learn more about the department's processes for performance improvement.

There was no further business discussed.

Dr. Haynes presented the report from the Finance Committee meeting held on September 25, 2013.

The Finance Committee was called to order by Dr. Haynes, Chair.

The Committee approved the minutes from the June 26, 2013, meeting.

Finance Report Ending August, 2013

Mr. McCann presented the finance report for the second month ending August 2013. He presented the budget to actual comparison report as follows:

Revenue collections were below projections by \$685,000 or -1% Expenditures are under budget by \$11.8 million or 18% The year-to-date net variance for the agency is a positive \$11 million or 17.2%.

SFY2014 Budget Revision 1

Mr. McCann presented the first budget revision that had been processed since the approval of the FY14 budget by the Board. The budget revision was a \$1.1 million increase to the agency's budget. Details of the revision consisted of increases in a couple of contracts for \$914,000, and increase in Griffin's budget of \$493,000, an increase in pass-through funds to the health department of \$100,000, and a net decrease in federal block grants of \$371,000.

The finance Committee recommended approval of FY14 Financial Report and Budget Revision 1.

FY15 Budget Request

Commissioner White and Mr. McCann presented a review of FY15 Budget Request for submission to the Governor and Oklahoma State Legislature.

The Finance Committee recommended approval of the FY15 Budget Request.

DISCUSSION AND POSSIBLE ACTION REGARDING MONTHLY FINANCE REPORT

Mr. McCann stated that there were no updates to the reports. Mr. McCann stated that the Budget Request is our official document to the Governor and Legislature for our funding needs for the next fiscal year. Mr. McCann stated the actual document contains detailed information about our programs, measures and outcomes. He stated that it assists the Governor and Legislature on what needs we have for our programs.

Mr. Fisher commented that in respect to the finance report, he appreciated the presentation that Mr. McCann made at the recent Board Retreat. It provided them with great details on the operations of the budget.

Dr. Pierce moved to approve the Financial Report. Mr. Fisher seconded the motion.

ROLL CALL VOTE

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Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING FY15 BUDGET REQUEST

Commissioner White addressed the Board regarding the FY15 Budget Request Prioritization. She stated that Juarez McCann will give a breakdown on maintenance of existing programs and then she will provide details for the remainder of the Budget Requests.

Mr. McCann explained that maintenance funding requested is to keep our programs at their current level. Mr. McCann provided a detailed breakdown of the maintenance requests. He stated that this is about a 6.8% increase over our current appropriation that we receive from the State.

The maintenance details are as follows:

a) System of Care Grant Match	\$1,649,076
b) 5.4% Increase in Medicaid program growth	7,941,443
c) Medicaid FMAP decrease (from 64.02% to 63.17%)	2,665,396
d) Loss of Federal Funds (Sequestration, DSH)	3,170,621

e) Medicaid Woodwork 1,748,284
f) One Time Budget Adjustment 5,600,000
(1 month of payments shifted to next year due to cuts in FY10)
Subtotal Maintenance Requests \$22,774,820

Commissioner White presented the FY15 Budget Request Prioritization. Commissioner White informed the Board that the Department's Budget Requests for FY15 must be turned in to the Governor's office, the House and the Senate by October 1, 2013.

The FY15 Budget Requests are as follows:

FY14 Budget & Appropriation	\$335,821,458 (State Source Funding)
FY14 Budget & Appropriation	\$453,729,276 (All Sources Funding)

	Maintain existing programs	\$22,774,820
2.	Smart on Crime Initiative	\$96,610,000
3.	CORE Services	12,600,179
4.	Health Homes	3,000,000
5.	Provider sustainability rate increase (3.25%)	5,854,128
6.	Saving Lives & Families through suicide prevention	450,000
7.	Treatment and Support to service Oklahoma's hero's	1,000,000
8.	Screening, brief intervention, and referral to treatment	
	private/public partnership	4,000,000
9.	95 Additional beds for residential substance abuse treatment	4,475,916
10.	Law enforcement partnership to reduce illegal	
	alcohol sales to minors	500,000
To	tal Request	\$151,265,044

Proposed FY15 Budget	\$488,086,502 (State Source Funding)
Proposed FY15 Budget	\$604,994,320 (All Sources Funding)

Ms. Wood made a motion to approve the FY15 Budget Request to be presented to the Governor and the Legislature. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING A NOMINATING COMMITTEE FOR THE SELECTION OF VICE-CHAIR

Dr. Sullivan asked for three volunteers for this committee. The following Board members will serve on the nomination committee for vice-chair: Mr. Fisher, Dr. Vanderslice and Dr. Pierce.

Dr. Sullivan requested that the Board discuss the appointment of Teresa Capps as the Executive Director of the Children's Recovery Center and requested the Board review Commissioner White's salary. On advice of our General Counsel, Executive Session is permitted to discuss the employment, hiring, appointment, promotion, disciplining or resignation of any individual salaried, public officer or employee.

Dr. Sullivan made a motion for the Board to go into Executive Session to discuss the appointment of Teresa Capps as Executive Director of the Children's Recovery Center and Commissioner White's salary. Dr. Bell seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

Executive Session began at 10:22 a.m.

Ms. Wood made a motion to go back into regular session. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

Executive Session ended at 10:55 a.m.

There was no action taken in Executive Session.

DISCUSSION AND POSSIBLE ACTION REGARDING THE FOLLOWING PERSONNEL ISSUES:

A. Discuss and Possible Appointment of Teresa Capps as the Executive Director of the Children's Recovery Center.

Dr. Bell stated that it was his distinct pleasure to nominate Teresa Capps for the Executive Director for the Children's Recovery Center. He stated that he has had the pleasure to know and work with Ms. Capps for many years. Her almost 30 years of dedication and devotion to working with children, coupled with her

relationships with community stake-holders, make her the perfect choice to take on this role. Dr. Bell made the motion that the Board appoint Teresa Capps as the Executive Director for the Children's Recovery Center. Ms. Wood seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

Congratulations were offered to Ms. Capps on her appointment as Executive Director of the Children's Recovery Center.

B. Discussion and Possible Action Regarding Commissioner White's Performance and Salary.

Ms. Wood stated, "After carefully and thoroughly reviewing Commissioner White's performance for the past six-plus years, which includes leading the Department to significant increases in state and federal appropriations, even in challenging budget times, improvement in important consumer outcomes, an increase in the number of people served, significantly increasing the efficiency of the Department, publically fighting the stigma of mental illness and addiction in unprecedented ways, and noting that the Commissioner has not had a salary increase since taking the position in 2007 while many of her counterparts have had salary increases, I believe that Commissioner White's salary should be raised to reflect her performance as well as the level of responsibility for this position."

Ms. Wood moved that the Board set Commissioner White's salary to a level consistent with pay ranges recommended by the independent consulting group, the Hays Group, engaged by the State of Oklahoma at \$173,318.00, to be effective immediately. Dr. Pierce seconded the motion.

ROLL CALL VOTE

Dr. Bell	Yes	Dr. Sullivan	Yes
Mr. Fisher	Yes	Dr. Vanderslice	Yes
Dr. Haynes	Yes	Ms. Wood	Yes
Dr. Pierce	Yes		

Commissioner White thanked the Board for their continued support and confidence. Commissioner White underscored her commitment to working with the Governor and Legislature to make sure all Department employees are recognized in terms of their pay. Commissioner White stated that the "employees of ODMHSAS work extremely hard every day and save lives every day." Continuing, she noted that it was her opinion that ODMHSAS is the most

important agency of all state agencies, adding "mental health and substance abuse are the single biggest public health problems facing Oklahoma. ODMHSAS loses staff routinely to other state agencies that can offer higher salaries. ODMHSAS employee pay is lower than other state agencies and the private sector." Commissioner White committed to the Board that agency leadership was going to fight hard for compensation increases for ODMHSAS employees, noting that it's an important message that be shared that this agency and its mission matters and that ODMHSAS employees should not be paid less than other state agency employees.

PRESENTATION

Dr. Sullivan left the meeting at 11:04 a.m. and requested a copy of the presentation be emailed to him.

Dr. Vanderslice took over as Chair.

Deputy Commissioner Steven Buck introduced two of his staff members that will be making todays presentation: Savannah Kalman, a new member to our staff and Jessica Hawkins, Director of Prevention Services.

Mr. Buck mentioned the importance of suicide prevention in our State and how important that is to address. Today's presentation will be addressing suicide prevention and recovery.

Jessica Hawkins thanked the Board for allowing them to make a presentation on prevention services in our agency. Ms. Hawkins spoke briefly to the Board regarding a handout that each member was given in their packet. This is information about a new opportunity in which we are partnering with OPUBCO on our underage drinking prevention called 2Much2Lose. Anyone who signs up for text alerts for OU football games will see a message about our underage drinking prevention initiative.

She introduced Savannah Kalman, Director over the Garrett Lee Smith Suicide Prevention and Early Intervention initiative.

Ms. Kalman gave a presentation on the Department's Suicide Prevention initiatives.

EQUIPPING:

These are the ways that the prevention department is training and educating our communities (organized by service location).

Hospitals: JCAHO service goals for patient safety are turning into standards. That will change the hospitals readiness and willingness to offer routine screens for suicidal ideation, room safety for patients presenting with suicidal ideation, and protocol for referral and follow up

with patients presenting with suicidal ideation. Mercy has already proactively implemented mandatory training for their staff and has worked with ODMHSAS prevention staff to modify training or medical settings.

Schools: Evidence based curriculum for staff, faculty, and students is available in the majority of school districts in GLS priority counties. Fall 2013, 600+ students in Yukon Public Schools have been trained in *Lifelines* 1 hour training for students. The University of Central Oklahoma has incorporated QPR in its freshman and transfer student curriculum. T3 promotion and awareness campaign has taken place among Mid-Del and Moore school districts. Community and National Guard driven awareness campaign promotes the T3 time to talk website and its objectives are to educate about suicide and increase help seeking behavior in youth.

Mental Health Providers: Training descriptions were provided to ODMHSAS clinical staff and CMBH staff across the state. Within ODMHSAS 2012-2013, the number of staff that have been trained: AMSR 130, ASIST 53, *Lifelines* 5, QPR 559. The National Suicide Prevention Lifeline number is now provided on all discharge paperwork.

Systems Change: In our third and last year of our current GLS funding, we are equipping whole systems with the education, training, and technical assistance to exist beyond grant funding. Internally, we have instituted training QPR at New Employee Orientation (559 just this year). Our membership on the State Suicide Prevention Council informs and promotes the work of community partners. Participation and support of the Suicide Prevention Conference lends gravitas to the organizers and helps the conference recruit plenary speakers and attendees.

RESPONDING:

There are two populations that we divert our equipped partners to prioritize.

At Risk: Garrett Lee Smith grantees are asked to focus on the following at risk populations: 10-24 year olds. Native Americans (There are specific Tribal GLS grantees within the state that do the majority of this work.), Caucasian males, and military involved youth. Communities who have recently experienced a suicide completion are at risk for "contagion" or copy-cat behaviors. ODMHSAS prevention has a set of procedures that take place every time a suicide completion is brought to our attention. Within that procedural check list is a set of criteria that will allow prevention staff to know when to respond immediately with our physical presence to a community. Examples of these criteria are available upon request.

Self-Advocating: There are a number of groups of people who are touched by suicide and decide to organize themselves and hold

memorials, fundraisers, walks, or that ask for training. We assess each request individually and provide when appropriate: Materials, consultation, connection to a local trainer in suicide prevention and physical presence. A short list of recent self-advocating groups/events: Joey Dunham walk, Out of Darkness Walk, OPD CLEET certification including QPR, T3 – Time to Talk, Suicide Prevention Conference. Many events are likely unaccounted for and occur across the state as the number of trainers and survivors increase!

INNOVATING:

Upcoming suicide prevention priorities in Oklahoma.

Referral and Follow Up: There are not enough procedures for safe, efficient referral from a school, workplace, or home to mental health services for persons with suicidal ideation. There is an equally deficient system for follow up after a person with suicidal ideation has left treatment (mental health inpatient, mental health outpatient, emergency department, and primary care/urgent care offices.) Studies have come out recently indicating that as many as six out of ten persons who complete suicide have been seen in either an emergency department or primary care physician's office within the last two weeks. We are working with the treatment department and with consultant Dr. Mike Hogan to craft policy and create systems that streamline, pay for, and hold facilities (this is starting within ODMHSAS and moving out to our ED's and PCP offices) accountable to evidence based referral and follow up. ODMHSAS is poised to become national leaders in this area.

Dr. Bell left the meeting at 11:15 a.m.

Dr. Vanderslice thanked Ms. Kalman for the wonderful presentation.

NEW BUSINESS

No new business at this time.

ADJOURNMENT

The meeting adjourned at 11:40 a.m.

Brent Bell, M.D.

Bruce Fisher

Henry Haynes, Ed.D

Paul Pierce, M.D.

J. Andy Sullivan M.D., Chair

Ronna Vanderslice, Ed.D

Gail Wood

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