BOARD OF MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES

September 25, 2020
Department of Mental Health
and Substance Abuse Services
Oklahoma City, Oklahoma

MINUTES

Board members present via zoom:

Courtney Knoblock, MPA, Chair

Tricia Everest, J.D.

Rebecca Newman-German

Shannon O'Doherty Jeanne Russell, Ed.D. Kari Stomprud, M.Ed. Carisa Wilsie, Ph.D.

Others present in person:

Interim Commissioner Carrie Slatton-Hodges, ODMHSAS

Durand Crosby, ODMHSAS Angie Patterson, ODMHSAS Melissa Miller, ODMHSAS Keith Butler, Valliant House Kelli Reid, ODMHSAS Carol Ladd, ODMHSAS Dustin Robins, ODMHSAS Jeff Dismukes, ODMHSAS Heath Hayes, ODMHSAS

CALL TO ORDER

Ms. Knoblock called the meeting to order and stated that a quorum was present.

APPROVAL OF MINUTES OF THE JUNE 26, 2020, BOARD MEETING

Ms. Newman-German moved to approve the June 26, 2020, minutes. Dr. Russell seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

DISCUSSION AND POSSIBLE ACTION REGARDING APPROVAL OF PROGRAM CERTIFICATION RECOMMENDATIONS

Kelli Reid, Director of Provider Compliance and Assistance, presented the programs recommended for approval listed on Attachment A as follows:

Alcohol and Drug Treatment Programs

A. Permit for Temporary Operation

Permit for temporary operation was recommended for: AWS, Behavioral Health, L.L.C., Tulsa; and Quapaw Counseling Services, Miami.

Ms. Newman-German moved to approve permit for temporary operation for the above-referenced programs. Dr. Russell seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

B. Certification with Distinction

Certification with distinction was recommended for: Cornerstone Counseling & Consulting, Inc., Oklahoma City; Port Lawrence Behavioral Health Services, L.L.C., Oklahoma City; Professional Counseling and Consulting Services, P.C., McAlester; and Valliant House, L.L.C., Valliant, Konawa.

Ms. Knoblock reminded the Board Members that in addition to a very, very thorough staff review the Provider Certification Subcommittee has also reviewed all of these and the full Board receives the assessments as well.

Ms. O'Doherty moved to approve certification with distinction for the above-referenced programs. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

TOLL OF TEL VOIL			
Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

C. Two-Year Certification

Two-year certification was recommended for: Muskogee County Council of Youth Services, Inc., Muskogee.

Ms. Everest moved to approve two-year certification for the above-referenced program. Ms. Newman-German seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Opioid Substitution Treatment Programs

A. Permit for Temporary Operation

Permit for temporary operation was recommended for: Life Recovery Services, Inc., Del City.

Ms. Newman-German moved to approve permit for temporary operation for the above-referenced program. Dr. Russell seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Outpatient Mental Health Treatment Programs

A. Permit for Temporary Operation

Permit for temporary operation was recommended for: Counseling Dynamics and Recovery Services, L.L.C., Tulsa; Masterpeace Counseling, L.L.C., Oklahoma City; Mayes County Counseling and Resources, P.L.L.C., Chouteau; Pinnacle Counseling Services, P.L.L.C., Del City; Selby Counseling Solutions, L.L.C., Enid; and TD Behavioral Health, L.L.C., Tulsa.

Ms. O'Doherty moved to approve permit for temporary operation for the above-referenced programs. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

B. Certification with Distinction

Certification with distinction was recommended for: CREOKS Mental Health Services, Inc., Vinita; Muskogee County Council of Youth Services, Inc., Muskogee; and Unity Point Counseling and Resource Center, Inc., Ada.

Ms. Newman-German moved to approve certification with distinction for the above-referenced programs. Ms. O'Doherty seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

C. Two-Year Certification

Two-year certification was recommended for: Cornerstone Counseling & Consulting, Inc., Oklahoma City and Guthrie; Crossway Counseling Services, L.L.C., Sulphur, McAlester, Tishomingo; and Impact Counseling Center, L.L.C., Noble.

Ms. O'Doherty moved to approve two-year certification for the above-referenced programs. Ms. Newman-German seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

D. One-Year-Certification

One-year certification was recommended for: The Common Home, L.L.C., Oklahoma City.

Ms. O'Doherty moved to approve one-year certification for the above-referenced program. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Community Mental Health Center Programs

A. Certification with Distinction

Certification with distinction was recommended for: Green Country Behavioral Health Services, Inc., Muskogee, Checotah.

Ms. Knoblock requested that Ms. Reid remind the Board Members what "Distinction" denotes.

Ms. Reid stated that Certification with Distinction denotes that this program received a three-year certification. They have received 100% compliance with their organizational, operational and clinical standards.

Dr. Wilsie moved to approve certification with distinction for the above-referenced programs. Ms. Newman-German seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Community-Based Structured Crisis Center Programs

A. Two-Year Certification

Two-year certification was recommended for: CREOKS Mental Health Services, Inc., Sapulpa.

Ms. Stomprud moved to approve two-year certification for the above-referenced program. Ms. O'Doherty seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Programs of Assertive Community Treatment

A. Two-Year Certification

Two-year certification was recommended for: Family and Children's Services, Inc., Tulsa.

Ms. Newman-German moved to approve two-year certification for the above-referenced program. Ms. O'Doherty seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

DISCUSSION REGARDING THE REPORT FROM THE ADMINISTRATIVE RULES SUBCOMMITTEE

Dr. Wilsie presented the report from the Administrative Rules Subcommittee as follows:

The Administrative Rules Subcommittee met Thursday, September 17, 2020.

Ms. Melissa Miller, Director, Medicaid Behavioral Health and Policy Planning presented the emergency rule changes to Chapter 18 and Chapter 24. (The Chapters have been included in your Board book.)

Ms. Miller Stated that:

- ODMHSAS is pursuing emergency rule changes to Chapter 18 and Chapter 24 to align with requirements of the Institutions for Mental Disease (IMD) waiver pending approval from the Centers for Medicare and Medicaid Services (CMS).
- Chapter 18 rule revisions include a new requirement for all residential level of care providers certified under Chapter 18 to provide access to medication assisted treatment and an amended requirement regarding treatment hours for dependent children.

- Chapter 18 and Chapter 24 rule revisions both include the addition of language describing the Certificate of Need process for certain newly certified residential level of care providers.
- Ms. Miller mentioned that each member has a copy of the proposed rule changes to both chapters in their board packet.
- Emergency rules, if adopted by the Board, will become effective with Governor Stitt's approval.

The Administrative Rules Subcommittee recommends that the Board accept the changes to Chapter 18 and Chapter 24.

Dr. Wilsie indicated that Ms. Miller is in attendance to answer any questions that the Board Members may have.

There were no questions for Ms. Miller.

Ms. Miller added that we are pursuing these changes to align with the IMD waiver. Ms. Miller mentioned that we are not required to have a public comment period with emergency rules but we had an informal public comment period where the public was able to provide comments by email where we posted these changes on our website from September 1st through the 13th. She stated that we did not receive any comments. These rules will go through the permanent rulemaking process in the near future.

Ms. Stomprud made a motion to approve the changes to Chapter18. Ms. O'Doherty: seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Dr. Wilsie stated that the Board will need to vote on Chapter 24 as well.

Ms. Miller specified that Chapter 24 includes the addition of language describing the Certificate of Need process for certain newly certified residential level of care providers.

Ms. Everest made a motion to approve the changes to Chapter 24. Ms. Newman-German seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Dr. Wilsie stated that there was no further business discussed at the meeting.

Interim Commissioner Slatton-Hodges formally introduced Ms. Melissa Miller to the Board.

DISCUSSION REGARDING REPORT FROM INTERIM COMMISSIONER

Interim Commissioner Slatton-Hodges presented her report as follows:

Oklahoma Department of Veterans Affairs – Zero Suicide Academy – (Speaker) – Interim Commissioner Slatton-Hodges stated that she was a speaker at the Oklahoma Department of Veterans Affairs – Zero Suicide Academy. She stated that this is a partnership with the Veterans Administration to bring together the work with our two systems around Zero Suicide. General Ben Robinson has been instrumental in reaching out and partnering with us.

ODMHSAS Cultural Awareness Luncheon – Ben Robinson, Secretary of Military and Veterans Affairs – General Ben Robinson was the August speaker at our Cultural Competency luncheon event to talk about veterans' issues and the culture of veterans statewide.

Gail Lapidus, Executive Director, Family & Children's Services; Sam Shore, MSW, Principal, TriWest Group and Zack Stoycoff, Senior Director of Policy & Planning, Healthy Minds Policy Initiative, The Anne & Henry Zarrow Foundation/Amy Brown, Tulsa Deputy Mayor; Shellie Seibert, Captain, Tulsa Police Department; and Zack Stoycoff, Senior Director of Policy & Planning, Healthy Minds Policy Initiative, The Anne & Henry Zarrow Foundation — Interim Commissioner Slatton-Hodges stated that she met with Gail Lapidus, Executive Director, Family & Children's Services as well as participating in meetings with Healthy Minds, community members, community supporters and providers in the Tulsa area regarding development of a better overall system of care in Tulsa.

Interim Commissioner Slatton-Hodges stated that working with Family & Children's Services was in regard to creating a front door in Tulsa for law enforcement to take individuals that present with a mental health or severe addiction issue to one location; providing and assessment and determining the best level of care for the individual.

The Steven A. Cohen Military Family Clinic at Red Rock Open House – (Speaker) – Interim Commissioner Slatton-Hodges stated that she spoke at the Red Rock Open House in Weatherford. This new clinic replaced the old, dated Red Rock Behavioral Health facility in Clinton, Oklahoma. In addition, their crisis unit in Clinton was moved to Weatherford where they increased those beds by six and added an Urgent Care.

Jeffery Pierce, Captain, Oklahoma Police Department; Ron Sims, Senior Director of Crisis and Residential Services and Nisha Wilson, Senior Director of State Operated CMHCs and Criminal Justice Services – Interim Commissioner Slatton-Hodges stated that she and staff members Ron Sims and Nisha Wilson met with Captain Jeffrey Pierce from the Oklahoma City Police Department (OKCPD) to discuss additional partnership with the OKCPD for the crisis system by adding mental health professionals to the OKCPD

dispatch to help divert persons into the best level of care from the first phone call to law enforcement.

Google, Syntasa and ODMHSAS – Interim Commissioner Slatton-Hodges stated that she met, on a couple of occasions, with Google, Syntasa. She stated that they did a pilot showing us ways they could improve our overall system. An example of the demonstration consisted of them taking search engine data around the topic of methamphetamine to identify and pinpoint hot spots around the state. This information will help the Department use that data, plot hotspots by region to provide outreach and service in those areas. This is that next level of outreach, support and information that we have been missing that will be helpful to us going forward.

Debby Hampton, President & CEO and Melanie Anthony, Vice President Community Impact, United Way of Central Oklahoma, EmbraceOKC Task Force; Teresa Rose Crook, Oklahoma City Public Schools Compact/EmbraceOKC Task Force; Sean McDaniel, Superintendent; Jason Brown, Assistant Superintendent of Human Resources; and Marsha Herron, Executive Director of Equity and Innovation, Oklahoma City; and Jessica Hawkins, Senior Director, Prevention Services, ODMHSAS re: EmbraceOKC Meeting – Interim Commissioner Slatton-Hodges stated that she met with Debby Hampton, the superintendent of Oklahoma City Public Schools and numerous other individuals to continue our work on the EmbraceOKC program.

Dan O'Neil, Mayor, Edmond, Oklahoma – Interim Commissioner Slatton-Hodges stated that she had a phone call and then staff had a subsequent meeting with Dan O'Neil, Mayor, Edmond to talk about partnership with Edmond on prevention and treatment efforts and diversion from the criminal justice system.

James Hess, Ed.D., Chair and Director, OSU School of Healthcare Administration – Interim Commissioner Slatton-Hodges stated that she met on several occasions with Dr. James Hess from OSU. He is currently serving in the primary role for the National Center for Wellness and Recovery. They have been brainstorming partnership to elevate the work that Oklahoma is doing around analyzing data to identify best practices that are occurring around the treatment of substances in Oklahoma and sharing that on a national level so that others can learn from what we are doing here.

Senator Roger Thompson; Representative Kevin Wallace; Senator Frank Simpson; Senator John Haste; Senator Greg McCortney; Senator Paul Rosino; Senator Kay Floyd; Representative Emily Virgin; Representative Lewis Moore; Representative Ajay Pittman and Heath Holt Hayes, Senior Director, Communications and Strategic Engagement, ODMHSAS – Interim Commissioner Slatton-Hodges stated that she met with several legislators to talk about our vision, what things will look like in the future and what we hope to continue to develop and grow across our state. She stated that discussion surrounded bringing the best evidence based practices into our state, reducing our substance abuse and dependence in Oklahoma and reducing our levels of mental illness in Oklahoma. Every senator and representative that she met with was incredibly interested in the issues that are important to us and how they can help.

Health Cabinet Meeting/Governor Kevin Stitt's Leadership Summit – Interim Commissioner Slatton-Hodges stated that the Health Cabinet met a few weeks ago, and she also attended Governor Stitt's Leadership Summit. She indicated that the Cabinet has worked diligently together to align our goals with the Governor's goals. In particular, the Governor's goals and our agency goals include the reduction of substance use and reduction of suicides in our state, and both the Cabinet and Governor's office will be working on those goals.

Mr. Nick Cole advised Interim Commissioner Slatton-Hodges that Board Member Dr. Jeannie Russell had a couple of questions, which are as follows:

"How does the new front door policy differ from previous procedures, and will Family & Children's Services decide where a client will go?"

Interim Commissioner Slatton-Hodges stated that the main difference is that law enforcement will have one place to take individuals. She explained that when an individual goes into a psychiatric hospital or an emergency room, they will either meet or not meet criteria for inpatient care. An urgent care is designed for individuals, regardless of whether they meet or does not meet criteria for inpatient care, to receive a series of services; that can include psychiatric care with a physician or case management working with a therapist or a peer. After those services are provided and some time has elapsed, de-escalate whatever is going on and then decisions can be made about whether long-term care is recommended or not. This model helps de-escalate the situation, stabilizes an individual who would ordinarily be admitted directly into a hospital bed and then connects them with community care from that point forward. Interim Commissioner Slatton-Hodges described it as a funnel, with the top piece being an individual going into an urgent care, narrowing to after urgent care services are provided, on to a crisis care bed and then that funnel narrowing to the need to go on to a hospital bed.

Interim Commissioner Slatton-Hodges stated that with the project in Tulsa, starting October, we will be increasing the size of urgent care services so that anybody in Tulsa would be able to receive those services as a first point of access, where currently that is not the case. This project would be broadening how many people could avail themselves to that 24/7 frontline care, then funneling down for what needs to happen next. In addition, they will be adding additional crisis unit beds to serve more individuals at that level of care with a hope that less individuals will need to go outside of Tulsa to complete whatever care they need. Now, in Tulsa, we have a large number of individuals needing to leave Tulsa for care than we would like to see.

Dr. Russell asked if the individual would go into Family & Children Services and have the choice on where they would go, or if that would be decided by Family & Children Services.

Interim Commissioner Slatton-Hodges stated that the individual always has a choice on where they want to go, with the exception of if the client does not have a payor source. Normally, the only folks that will accept a transfer of those individuals are our state

services. If the individual has a payor source, then the choices are wide and broad, dependent upon who has a bed available. She stated that one of our challenges in Tulsa. is that there are not as many beds available as we would like to see, and we are hoping this will allow that whenever there is a choice of beds, the consumer can identify where they would like to go. She stated that we are hoping, through providing care as early and as thoroughly as possible, that in the long run it will allow for more choice for those that need to go on for continued care.

Dr. Russell asked if other agencies and providers are supportive of this.

Interim Commissioner Slatton-Hodges indicated that yes, they are. She indicated that it has taken us a while with partners and with funding to get close to implementation, but at this point we are getting ready to move forward. She stated that there are other pieces that will layer in, in the future, to continue to develop a holistic system in Tulsa, but this is a great next step.

Ms. Knoblock asked if the ODMHSAS partnership with the Oklahoma City Public Schools and the Oklahoma Police Department will be models for the state, and is there an intentional plan for expanding this or rolling it out statewide.

Interim Commissioner Slatton-Hodges stated that yes, our hope is that the EmbraceOKC plan that is in coordination with Oklahoma City Public Schools and the United Way will be a model for utilization statewide. She noted that the barrier to that would be funding but we are very fortunate that Debby Hampton with the United Way has diligently been fundraising for this project.

Interim Commissioner Slatton-Hodges stated that our partnership with the Oklahoma City Police Department is a great model. The piece that we are going to be utilizing within the next couple of years is placing mental health professionals in dispatch who can dispatch mobile crisis teams anywhere throughout the state to intervene in a crisis. This is part of an overall evidence based crisis system that we want to see statewide. She stated that this system would also include having one crisis number statewide that would be answered by mental health professionals. She stated that instead of law enforcement being first responders for mental health crises this system would move them further down the line in response to persons with severe mental illness.

Interim Commissioner Slatton-Hodges stated that during the last legislative session the federal level had an initiative stating that the Federal Communications Administration would develop 988 as the national number to be used for mental health crises. It is scheduled to be in effect 2022, although not all states will be mandated to be ready to access that 988 number in 2022. We want to be one of the first states to mandate this 988 number with mental health professionals being able to dispatch mobile crisis and then law enforcement as a secondary.

Interim Commissioner Slatton-Hodges continued on with her report as follows:

NASMHPD Annual 2020 Commissioners Meeting/2020 Substance Abuse and Mental Health Services Administration (SAMHSA)/National Association of State Alcohol and Drug Abuse Directors (NASADAD) Annual Meeting Virtual Conference — Interim Commissioner Slatton-Hodges stated that the National Association of State Mental Health Program Directors (NASMHPD) and the National Association of State Alcohol and Drug Abuse Directors (NASADAD) conducted their annual meetings virtually this year. She noted that it was nice to be able to connect with peers around the 50 states to hear about what they are doing, what they are implementing, how they have handled, in particular, COVID issues and to be able to share and talk about the work that we are doing.

DISCUSSION REGARDING THE REPORT FROM CORPORATE ACCOUNTABILITY SUBCOMMITTEE

Ms. Everest presented the Corporate Accountability Subcommittee report as follows:

The Corporate Accountability Subcommittee met on Wednesday, September 16, 2020.

The Department's Internal Auditor, Misty Capps, presented the internal Audit report. This report has been included in the Board book.

There were no questions regarding that report.

We require no further action from the Board regarding that report.

The Department's Advocate General, Joey Mickey, presented the Advocate General's report to the subcommittee. This report has been included in the Board book.

One Committee member asked if the Advocate division currently uses the Zoom platform to conduct meetings with consumers. Mr. Mickey replied that it is used; however, they have to take precautions and research the consumer's symptoms such as auditory and visual hallucinations and proceed accordingly.

Mr. Mickey had nothing further to add to his report.

We had no further questions regarding the report and I am going to move as Chair to accept the report.

DISCUSSION AND POSSIBLE ACTION REGARDING THE ADVOCATE GENERAL'S REPORT

Ms. Everest made a motion to approve the Advocate General's report. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Ms. Everest continued the report from the Corporate Accountability Subcommittee as follows:

The Inspector General's report was also reviewed by the subcommittee and is included in the Board book.

Mr. Moore stated that anxiety amongst staff seems to be higher due to the external circumstances across the country right now. He noted that staff incidents involving consumers did not seem as high indicating that the increased anxiety does not seem to be affecting the care being provided.

Mr. Moore discussed protocols at the facilities that were dealing with COVID.

The subcommittee did not have any further questions, concerns or comments.

The Corporate Accountability Subcommittee recommends that the Board accept the Inspector General's report.

DISCUSSION AND POSSIBLE ACTION REGARDING THE INSPECTOR GENERAL'S REPORT

Ms. Everest made a motion to approve the Inspector General's report. Ms. Newman-German seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Ms. Everest continued the report from the Corporate Accountability Subcommittee as follows:

Dr. Durand Crosby presented the Legal report, which is also in the Board book.

There were no questions regarding the Legal report.

This report requires no further action from the Board.

No further business was discussed and no further action is needed.

DISCUSSION REGARDING THE REPORT FROM THE PERFORMANCE IMPROVEMENT COMMITTEE

Ms. Newman-German provided the Performance Improvement (PI) Committee report as follows:

The PI Committee met on September 17, 2020.

Tania Woods, Law Enforcement Liaison, presented two law enforcement projects on how ODMHSAS provides support to law enforcement. She discussed the CIT program and the COVID Law Enforcement Project. These programs provide support to law enforcement with the goal of maintaining a healthier police force and encouraging interactions that protect both the officer and the public.

The CIT program began in 2002 and now offers multiple trainings a year. There are currently 1,400 CIT officers in the state. The CIT is a 40-hour training program that focuses on teaching officers highly skilled verbal de-escalation techniques which lead, more often, to persons being taken into treatment facilities without charges. Since the program began, families in a mental health emergency have learned to ask for CIT officers where the response is immediate and sensitive to mental health issues so families begin to trust.

The 40-hour class includes NAMI family and consumer panels, resource panels, information on the signs and symptoms of psychiatric disorders, information on legal blocks and, lastly, scenario-based trainings.

This training benefits not only consumers and the public but the police as well. It aids in:

- 1. Decreasing the number of injuries to officers.
- 2. Decreasing the use of force incidents.
- 3. Improves the use of alternatives to arrest and jail.
- 4. Decreases time officers spend in the crisis unit.
- 5. Reduces the stigma of mental illness among law enforcement.
- 6. Improves relations for the officers and the community.

The second project discussed was the COVID-19 Support Project. This project provides two avenues of support:

- 1. Mental health services and treatment services for officers.
- 2. Educational opportunities no matter where they are in the state.

This support project will provide tablets for officers to have in their cars to personally connect to services. The service providers will have the ability to connect to the officers even in remote areas. This project funds local treatment agencies in all 77 counties to develop and implement confidential services using mobile devices in real time for officers from their vehicle, home or office. This will provide immediate crisis and trauma debriefing so officers can quickly process traumatic events to decrease long-term impact. This project includes ongoing counseling services as needed. It is hopeful this will aid in decreasing the stigma barrier around accessing mental healthcare for officers.

The educational part of the COVID Support Project encompasses ODMHSAS, law enforcement partners, and agency contract partners creating a series of CLEET approved e-learnings for officers. They can access it on their own time for free on the ODMHSAS learning management system website. The education will encompass: Mental Health

Law, officer wellness, effective communication skills, suicide prevention, working with veterans with mental health needs and mental health in Corrections.

Ms. Woods did an amazing job, and she included a quote from the 2019 Department of Justice Report to Congress, which read as follows:

"Good mental and psychological health is just as essential as good physical health for law enforcement officers* to be effective in keeping our country and our communities safe from crime and violence. An officer's mental state affects his or her behavior in a variety of situations and can influence decision-making and judgment."

-2019 Department of Justice Report to Congress

After Ms. Woods' presentation, Dr. Durand Crosby reviewed the CIR summaries before we adjourned.

There was no further business discussed.

There is no further action required from the Board.

DISCUSSION AND POSSIBLE ACTION REGARDING THE CRITICAL INCIDENT REPORT

Dr. Durand Crosby stated that the Critical Incident Report was presented at the Performance Improvement Subcommittee meeting where the subcommittee reviewed it in more detail. He noted that the report has been included in the Board book.

He did not have anything further to add to his report.

Ms. Stomprud moved to approve the Critical Incident Report. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

DISCUSSION REGARDING THE REPORT FROM THE FINANCE COMMITTEE

Ms. Everest provided the Finance Subcommittee report as follows:

The Finance Committee met on September 16, 2020.

The first item discussed was the FY-20 Finance Reports Ending August 2020.

Mr. Edwards, who is available if there are questions, presented the FY-20 finance report for the month ending August 2020. He presented the budget to actual comparison reports as follows:

The FY-20 revenue collections are trending below projections by 4%, which equates to about \$20 million. Expenditures are trending under budget by 2% or an estimated \$11.2 million. The year-to-date net variance for the agency is a negative 1.8% or \$9 million.

We discussed and we did not have any further questions. The finance committee recommends approval of the FY-20 Finance Reports.

DISCUSSION AND POSSIBLE ACTION REGARDING THE MONTHLY FINANCIAL REPORT

Ms. Everest moved to approve the Financial Reports Ending August 2020. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Ms. Everest continued the report as follows:

The next item the committee reviewed are the 2020 Budget Revisions, which have been provided in the Board book.

Mr. Edwards presented revisions for items #13, #14, #15, #16 and #17 to the FY-20 budget work program. They added additional budget to recognize revenues from Medicaid funds, interagency funds, trust funds and CARES Act funds. In total, the revisions added \$1,166,788 million to the budget work program.

DISCUSSION AND POSSIBLE ACTION REGARDING BUDGET REVISIONS

Ms. Everest moved to approve budget revisions #13, #14, #15, #16 and #17. Ms. Newman-German seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

Ms. Everest continued with the report as follows:

The last item discussed during the Finance Committee on September 16, 2020, was the FY-21 Finance Reports Ending August 2020.

For FY-20, revenue collections are trending below projections by 1.3% or \$6.1 million. Expenditures are trending under budget by 14% or \$66 million. The year-to-date net variance for the agency is a positive 15% which equates to roughly \$72 million.

Mr. Edwards is present for questions of any of the Board members or any of the Committee members; otherwise, as Chair, I move approval of the FY-21 August Financial Reports.

DISCUSSION AND POSSIBLE ACTION REGARDING FY-21 AUGUST FINANCE REPORTS

Ms. Everest moved to approve FY-21 Financial Reports Ending August 2020. Ms. O'Doherty seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

PRESENTATION

Interim Commissioner Slatton-Hodges stated that in prior history of the Board, after the formal work is done, a staff member of the Department of Mental and Substance Abuse Services gives a presentation about a specific program or initiative that is going on. After that, an individual will share their story of recovery. She stated that we have not been doing that since we have been in our Zoom time period; however, we felt like we wanted to start adding those presentations back today.

Today, our first presentation is from Ms. Jessica Hawkins, Senior Director of Prevention and Services. She is joining via Zoom, and will be informing us about the PAX Good Behavior Game, which is an evidence based practice.

Ms. Jessica Hawkins gave a Power Point presentation of the PAX Good Behavior Game. A short summary of her presentation is as follows:

The Pax Good Behavior Game (GBG) is an evidence-based prevention service provided to Oklahoma elementary schools by the ODMHSAS Prevention Services Division via contracted provider, Oklahoma State University Center for Family Resilience. GBG is a set of skills taught to teachers implemented to create a trauma-informed, positive, and peaceful classroom environment that teaches student self/co-regulation. Research has demonstrated that GBG reduces lifetime substance use, violence, mental health needs (including suicide), and improves academic outcomes. The Oklahoma Prevention Needs Assessment (OPNA) is a survey designed to assess students' involvement in a specific set of problem behaviors and their exposure to a set of scientifically validated risk and protective factors. The Pax Good Behavior Game addresses risk factors measured in the OPNA that are associated with future development of problems such as substance use, suicide, and behavioral problems. The ODMHSAS has trained 890 educators and 240

youth workers, parents/caregivers in GBG, with over 18,000 student reached. An additional 320 teachers will be on boarded in FY21.

PRESENTATION

Interim Commissioner Slatton-Hodges introduced guest speaker Ms. Melody Mills.

Ms. Mills joined via zoom and shared her story of addiction and recovery. Ms. Mills is in long-term recovery, and she works for the Department of Mental Health and Substance Abuse Services as a facilitator of peer program implementation. Ms. Mills has been a passionate advocate for individuals living with mental illness and addiction and substance use disorders for seven years. Ms. Mills believes it only takes one person to make a difference in someone's life. She has had that one person on her journey that believed in her and empowered her to do more. Now, she tries to be that one person for others. Her life's mission statement or quote is, "If you always do what you have always done, you will always be what you've always been." Ms. Mills no longer wanted to be what she had been for 33 years and said, "Transformation is possible and recovery is a reality."

Ms. Knoblock thanked Ms. Mills for taking time to present to the Board today. She stated that it says a lot about ODMHSAS's culture that Ms. Mills is representative of the team.

NEW BUSINESS

Dr. Crosby stated that the next Board meeting will not be able to be done via Zoom, due to the piece of legislation that was passed that allowed us to circumvent the Open Meetings Act regarding Board meeting participation. That legislative order will expire November 15th. If we are to conduct the Board meeting at the regularly scheduled time, November 22nd, Board members would need to meet in person. Dr. Crosby stated that the Board could vote to move the meeting up so that it could be held via Zoom.

Ms. Knoblock stated that a motion should be made and voted upon to move the next meeting up in order to accommodate those who need to attend via Zoom.

Ms. Everest made a motion to move the November 22nd meeting to November 13th, 9:00 a.m. Dr. Wilsie seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes		

There was no further business discussed.

ADJOURNMENT

Ms. Everest moved to adjourn the meeting. Ms. Stomprud seconded the motion.

ROLL CALL VOTE

Ms. Everest	Yes	Dr. Russell	Yes
Ms. Knoblock	Yes	Ms. Stomprud	Yes
Ms. Newman-German	Yes	Dr. Wilsie	Yes

Ms. O'Doherty Yes

ricia Everest, J.D. Jeanne, Russell, Ed.D.

Courtney Latta Knøblock, MPA Kafi Stombrud, M.Eg.

Rebecca Newman-German Carisa Wilsie, Ph.D.

Shannon O'Doherty