

ODMHSAS CARES PROJECT SUCSESSES



CARES Funding

The Coronavirus Aid, Relief, and Economic Securities (CARES) Act funds were provided to states to support public services impacted or adjusting to the presence of COVID-19.

Timeline: 5 months (Aug-Dec)

Goal: Expeditiously initiate awarded projects to rebuild and recover Oklahoma communities.

ODMHSAS Projects

- ❖ Mental Health Support for Law Enforcement (\$1.2M)
- ❖ Expansion of Technology (\$2.6M)
- ❖ Mental Health COVID Services (\$5M)
- ❖ Mental Health Training for Front Line (\$500,000)
- ❖ Mental Health Integration (\$1M)

Mental Health Support for Law Enforcement

Mental Health Support for Law Enforcement

- Recognition that in addition to traditional stressors, officers facing Covid-19 related stressors as well
 - Loss of employment in the family
 - Anxiety
 - Disconnect with support systems or extended family
 - Concerns for their own health and safety
- Provides multiple avenues of support
 - Mental health services for officers
 - Mental health eLearning opportunities
 - Mental health services for individuals they interact with in the public

Mental Health Support for Law Enforcement

- Mental Health Services for Officers
 - Funds local treatment agencies to develop services using mobile technology that are confidential and real-time from their home, vehicle, or office
 - Reduces stigma barriers which prevent some officers from accessing care within their internal network
 - Provides both immediate crisis and trauma debriefing to quickly process traumatic events and provide ongoing counseling services

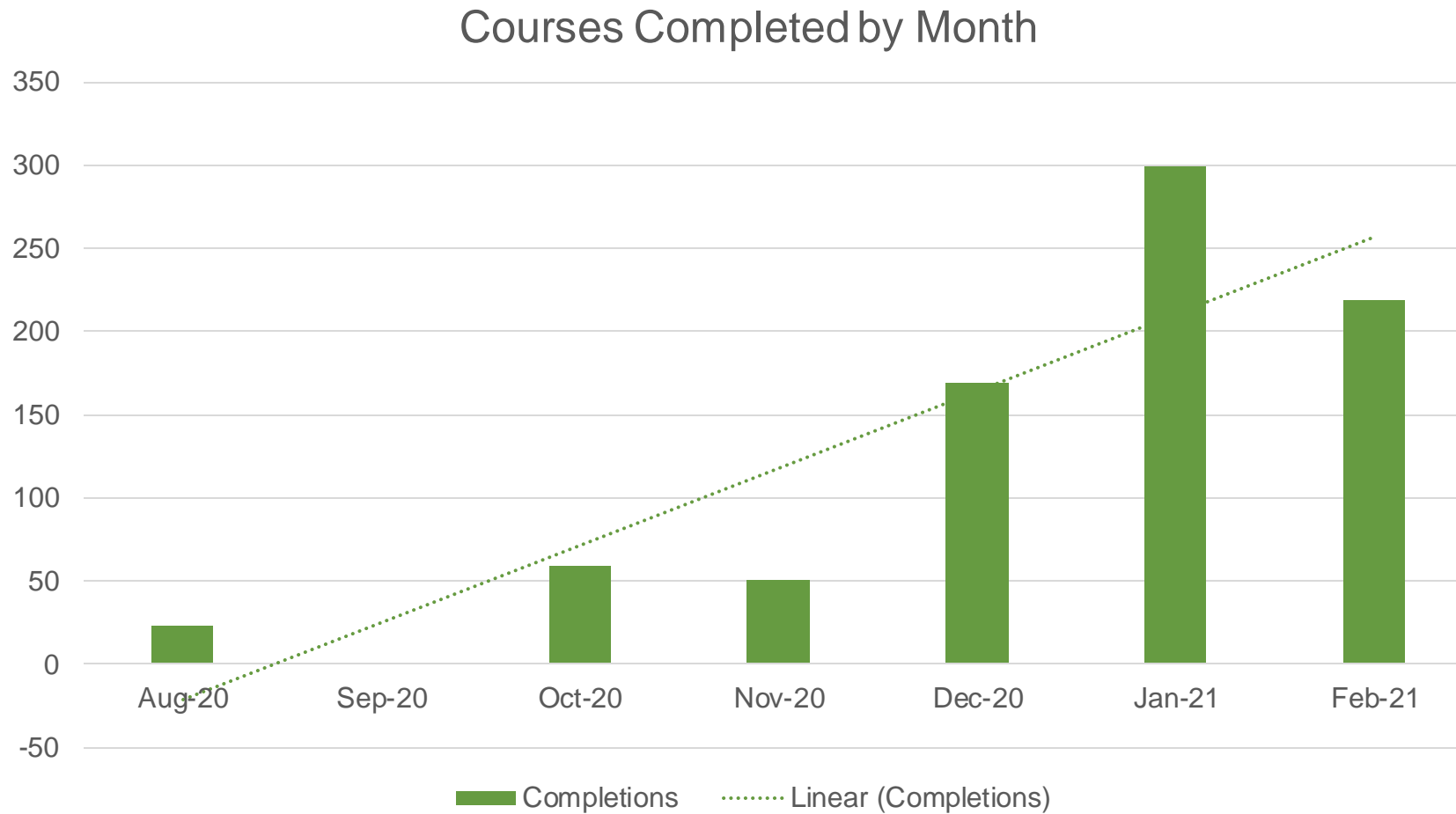
Mental Health Support for Law Enforcement

- Mental Health Services for Officers
 - 232 law enforcement agencies were connected to care in 70 counties. Included police departments, sheriff's departments, university police, and tribes
 - Nearly 1,300 ipads were distributed in total
 - Connecting officers and those they interact with to care

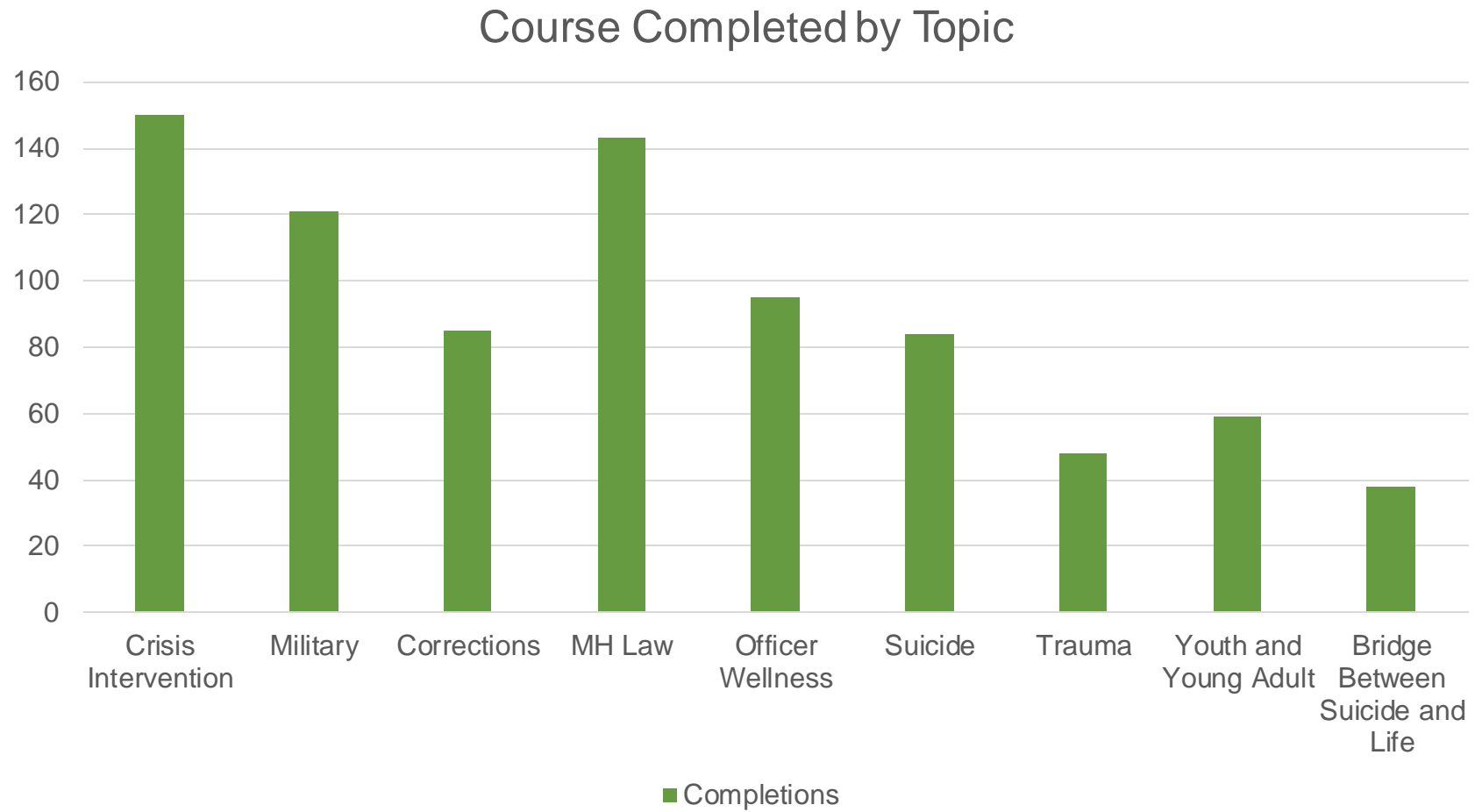
Mental Health Support for Law Enforcement

- Mental Health Education
 - Each CLEET commissioned officer in the state has a requirement to receive at least two hours of approved mental health training each year
 - While always a challenge, especially in rural areas, Covid-19 dramatically limited the training opportunities available
 - ODMHSAS created a series of 10 CLEET-approved, on-demand eLearning courses
 - Since August 2020, over 800 courses have been completed by Oklahoma officers

eLearning Course Completions



eLearning Course Completions



Expansion of Technology

Expansion of Technology



- Project Description: Provided mobile devices to service recipients for immediate crisis care, ongoing therapy and case management, medication visits, and seamless transitions from higher levels of care back to the community.
- Project Deliverables: Distributed grants to Oklahoma Community Mental Health Centers (CMHCs) and Comprehensive Community Addiction Recovery Centers (CCARCs) for the expansion of technology to better serve Oklahomans during the pandemic.

Expansion of Technology

- Success Metrics as of Project Closeout (12/23/2020)
 - Funds Awarded = \$2.6M
 - Devices Purchased = 5,957
 - Number of Persons Reached (ongoing) = 2,541
 - Number of Counties/Regions Reached (ongoing) = 49
 - Number of Sustainability Plans = 12 (all awarded agencies)

Expansion of Technology

- Success Stories:
 - Client in crisis at the Salvation Army overflow shelter. Immediate linkage.
 - Historically high utilizer of services requiring hospitalization. Doing well.
 - Client in a domestic violence relationship. Mentally stronger. Project saved this client.
 - Outreached to police departments, schools, women shelters, juvenile detention centers, as well as individuals who struggle to attend traditional services.
 - Residential consumers in quarantine. Services continue.
 - Consumers have embraced the technology.

Mental Health COVID Services

Mental Health COVID Services



- Project Description: Allowed mental health and addiction providers to meet the increased need by attributing any increase in client load and services to COVID-19 under ODMHSAS-developed criteria. Treatment for these individuals, when no other payer source exists, could be billed to this emergency treatment fund.
- Project Deliverables: Paid pended claims (those claims in which services were provided but there were no contractual dollars available to pay the claim). Paid the additional claim amounts either in full; or, where dollars were not sufficient to reimburse claims in full, paid claims based upon a pro-rated amount distributed by an equal percentage of claims.

Mental Health COVID Services

- Process
 - 2 Rounds (March-June & July-Sept).
 - Compared pended services with the prior FY for the same date segments.
 - Distributed funds by comparing agencies with >\$10,000 in pended from March 1 through June 30 in FY20 with their March 1 through June 30 FY19 pended. Divided funds among agencies with >1% pended. Other agency's pended were paid with other funding sources.
 - Same process for July-Sept.

Mental Health COVID Services

- Success Story:
 - Grand Lake – We want to use the added funds we were not expecting for more crisis care. We have transitioned people from residential care facilities into the community and have clients doing really well in the community.

Training for Front Line

Training for Front Line

Purpose:

Expand access to best practice skills to recognize, respond, and prevent mental and emotional distress responses.

- First Responders
- Schools
- Employers
- Health/Behavioral Health Providers
- Parents/Caregivers

Training for Front Line

Six (6) Courses:

1. Resilience in Times of Uncertainty
2. Calm Parent, Healthy Kids
3. Friend2Friend
4. Mental Health First Aid
5. Youth Mental Health First Aid
6. LivingWorks START



Training for Front Line

Trained = **2,109**

Certified as instructors = **43**

Participating organizations = **152**



Mental Health Integration

Mental Health Integration

Purpose:

Address needs of healthcare workers and school staff to effectively respond to increased mental or emotional distress.

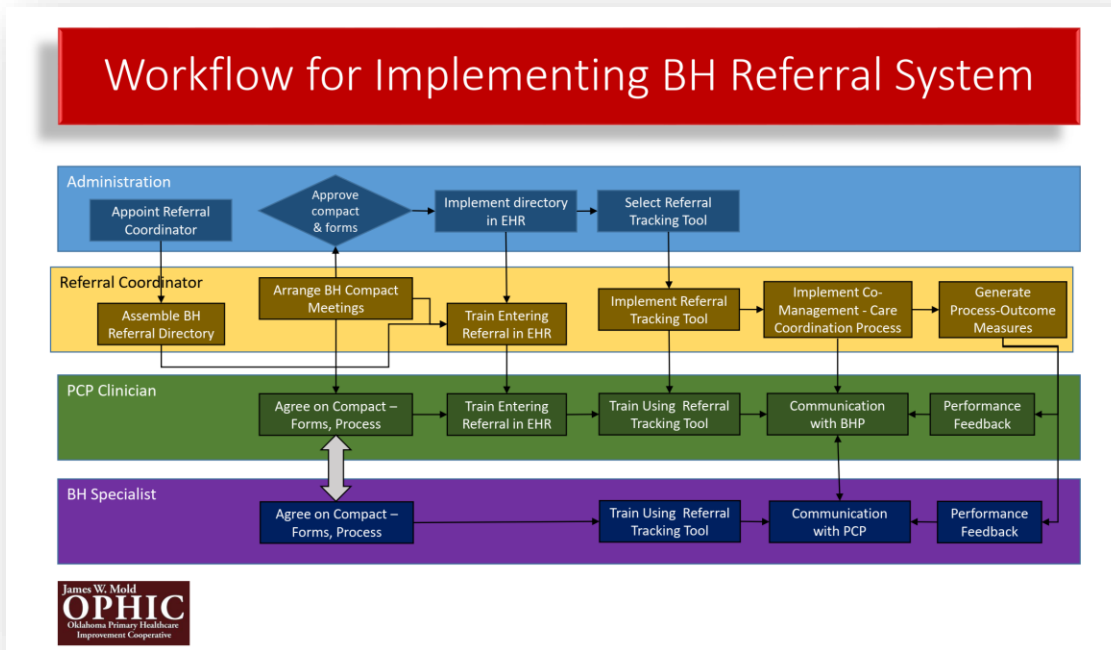
Integrate mental health best practices in primary care and schools.



Mental Health Integration

- **31** primary care sites and school districts designated a Behavioral Health Coordinator and developed an organizational plan
- **1,234** healthcare professionals and school-based staff were trained in best practices.
- **All sites** implemented at least one integrated care model:
 - Screening
 - Referral management
 - Evidence-based interventions/supports
 - Integrated mental health protocols/systems

Mental Health Integration



- Training Matrix for Primary Care
- Referral Management Guide Developed
- Professional Development Course

This webinar is being offered at no cost to attend. We have limited capacity so please register at...<http://bit.ly/ReferralMgt>.

FRIDAY, OCTOBER 30, 2020 @ 1:00-2:30 PM

You are invited to attend...

CONNECTING OKLAHOMANS TO MENTAL HEALTH SERVICES

Best Practices for Mental Health Referrals

Oklahoma's chronic shortage of mental health services is made worse by the current COVID-19 pandemic. When patients come to their primary care clinicians for relief, it is critical that connections to treatment and other supports are in place. The Oklahoma Primary Healthcare Improvement Cooperative (OPHIC) and the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS) have partnered to provide current information about how to find resources for effective mental health services that are available across the state. During this webinar, you will...

- Hear ODMHSAS' interim Commissioner, Carrie Slatton-Hodges, describe the critical mental health needs facing our state along with how the agency is making a broad array of resources available and easy to find.
- Learn from one of the state's most distinguished clinicians, Dr. Dan Duffy, about a robust mental health referral management process that can be implemented in primary care practices.

James W. Mold OPHIC
Oklahoma Primary Healthcare Improvement Cooperative

OKLAHOMA Mental Health & Substance Abuse

LEARNING OBJECTIVES

- ✓ How the mental health of Oklahomans is being impacted by current events.
- ✓ What resources are available to primary care practices and their patients.
- ✓ How to create a well-designed protocol for referral management in any practice size.

Register now at <http://bit.ly/ReferralMgt>
There is no cost to attend this webinar
ICMEs are not available for this session!

Carrie Slatton-Hodges
Interim Commissioner, ODMHSAS

F. Daniel Duffy, MD
OPHIC Co-Director (Retired)

Steven Crawford, MD
OPHIC Co-Director

Brent Beasley, MD
OPHIC Co-Director



**THANK
YOU**