Title 450. Department of Mental Health and Substance Abuse Services
Rule Impact Statement – Chapter 27 Revisions

A. Purpose of the proposed rule and legal authority.

The proposed revisions specify that wellness services and related activities are “optional services”.

The legal authorities for the proposed rules are Board of Mental Health and Substance Abuse Services; O.S. 43A §§3-306, and 3-323A.

B. Description of the proposed rule.

The proposed revisions specify wellness services and related activities are “optional services” in order to align with current practices and processes. Further revisions remove the definition for "wellness coaches" since it is no longer used in the Chapter.

C. Classification of the rule(s) and justification for classification.

Classification: ☐ Major ☒ Nonmajor

Justification: The proposed changes are expected to be budget neutral.

Total annual implementation and compliance costs: The annual implementation and compliance costs are not expected to be incurred or passed along because of promulgation of the proposed permanent rules.

Methodology used to calculate costs: The proposed changes are expected to be budget neutral because they do not add or make any changes to covered services or reimbursement. The proposed rules clarify that wellness and related activities are optional services and not required.

D. Description of affected classes of persons most likely to be impacted by the proposed rule.

The proposed revisions will primarily impact ODMHSAS certified providers currently required to offer wellness services and related activities by clarifying that these services are optional rather than mandatory. Individuals receiving these services may also be affected.

E. Description of the classes of persons who will benefit from the proposed rule.

ODMHSAS certified providers will benefit from greater flexibility in offering wellness services and related activities by making these services optional rather than required. This change will reduce compliance burdens associated with services that are no longer billable.

F. Comprehensive analysis of the rules’ economic impact.

The proposed revisions are not expected to result in additional costs to providers or political subdivisions. By making wellness services and related activities optional rather than required, providers may experience cost savings and greater flexibility in allocating resources, as these services are no longer billable. No new fees or additional financial requirements are established by the proposed revisions.

G. Probable costs and benefits to the ODMHSAS and other agencies.

The proposed revisions are not expected to result in additional costs to ODMHSAS or other state agencies. The changes will align administrative requirements with current billing practices and reduce unnecessary compliance and oversight burdens by making wellness services and related activities optional rather than required.

H. Economic impact on political subdivisions and whether their cooperation is required.

The proposed changes are not expected to have an economic impact on any political subdivisions and will not require their cooperation for implementing or enforcing these rules.

I. Economic impact on small businesses.

The proposed revisions are not expected to have a negative economic impact on small businesses. Small providers may benefit from reduced operational costs and greater flexibility in allocating resources, as wellness services and related activities will no longer be required. No additional compliance costs are anticipated.

J. Measures taken to minimize compliance and assessment of less costly, less intrusive, or nonregulatory alternatives.

The proposed revisions minimize compliance burdens by making wellness services and related activities optional rather than required, allowing providers greater flexibility in allocating resources. Since these services are no longer billable, removing the requirement may also reduce operational costs. Nonregulatory alternatives would not eliminate the existing requirements established in administrative rule.

K. Effect of the rule on public health, safety, and the environment.

The proposed revisions are not expected to have a negative impact on public health and safety, as providers may continue offering wellness services and related activities on an optional basis.

L. Determination of any detrimental effect on the public health, safety and environment if the proposed rule(s) is/are not implemented.

If the proposed revisions are not implemented, providers will continue to be required to offer wellness services and related activities that are no longer billable. This could create

unnecessary financial burdens for providers and limit resources available for other services, potentially impacting access to care.

M. Summary of and preliminary comparison to existing or proposed federal regulations.
There is no existing federal regulation that spears these proposed changes. The revisions and services fall under the statutory authority governed by Oklahoma Statutes Title 43A.

N. Analysis of alternative to adopting the proposed rule.
The current administrative rules require providers to offer wellness services and related activities that are no longer billable. Amending the rules is necessary to remove these requirements, reduce unnecessary burdens on providers, and align the administrative code with current billing practices.

O. Estimates of internal ODMHSAS employee time and other resources used to develop the proposed rule.
Between policy staff, program staff, and legal staff, the ODMHSAS has spent about 5 hours developing the proposed rule changes.

P. Date the rule impact statement was prepared and if modified, the date modified.
Prepared: August 21, 2026
Modified: