

# Community Based Prevention Programs

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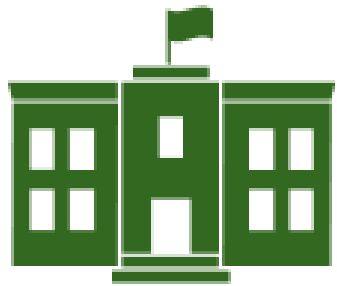
Emily Morrow

Prevention Programs Manager I

Oklahoma Department of Mental Health and Substance  
Abuse Services



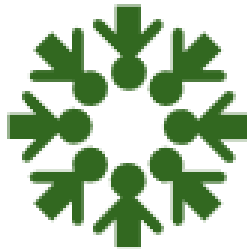
# Oklahoma's Prevention System: Sector Based Approach



Education



Families



Communities  
At Large



Healthcare



Business/  
Employer



Faith



# Community Based Prevention Services (CBPS)

- Oklahoma funds **38** community coalitions across the state.
- **86** prevention workplans developed and implemented at the local level.

## Funded Scopes of Service:

Alcohol

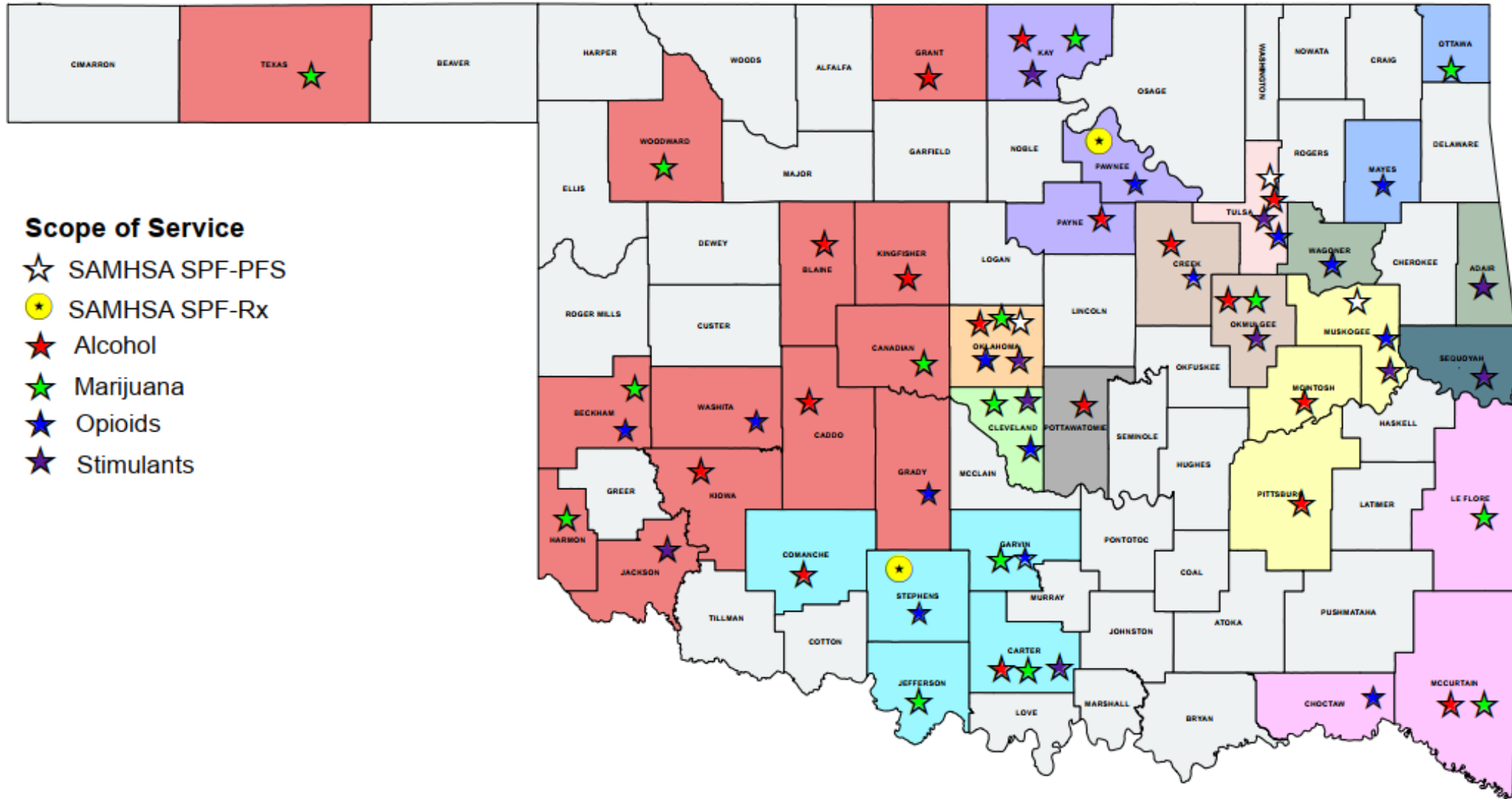
Marijuana

Stimulant

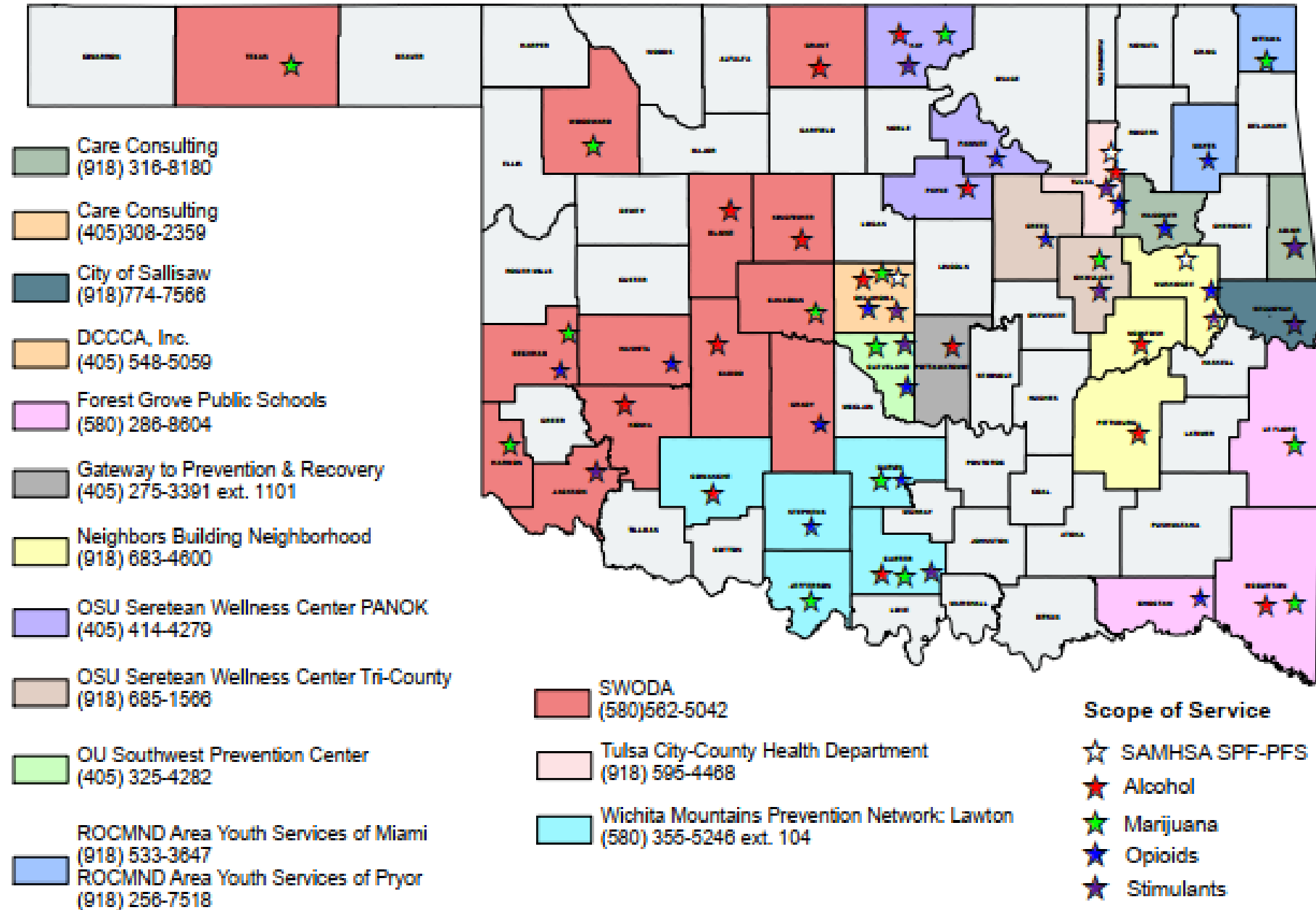
Opioid



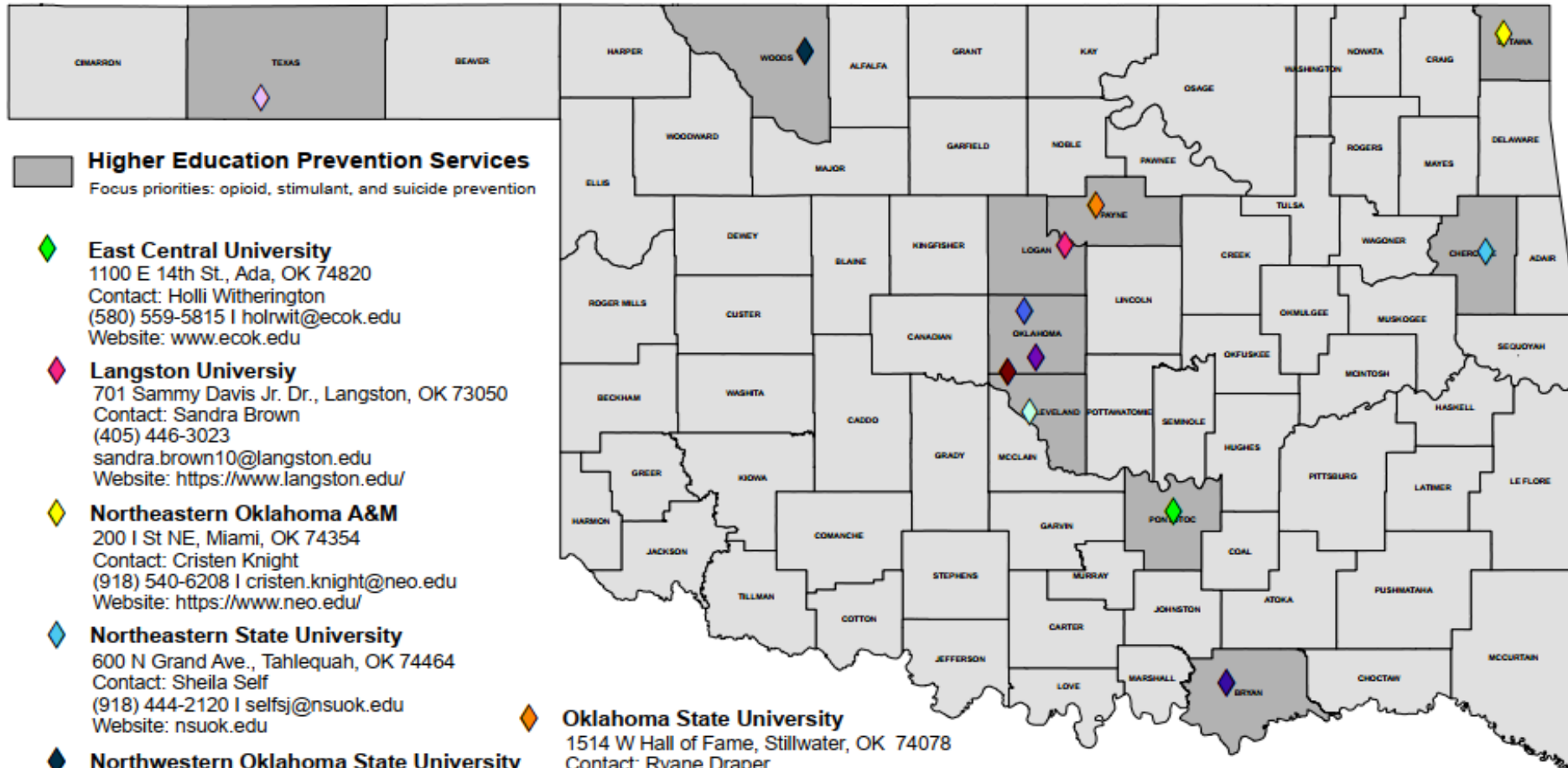
# CBPS Funded Counties



# Community-Based Prevention Services (CBPS) and Funded Counties



# ODMHSAS Higher Education Prevention Services



**Higher Education Prevention Services**  
Focus priorities: opioid, stimulant, and suicide prevention

- ◆ **East Central University**  
1100 E 14th St., Ada, OK 74820  
Contact: Holli Witherington  
(580) 559-5815 | holwit@ecok.edu  
Website: www.ecok.edu
- ◆ **Langston University**  
701 Sammy Davis Jr. Dr., Langston, OK 73050  
Contact: Sandra Brown  
(405) 446-3023  
sandra.brown10@langston.edu  
Website: [www.langston.edu/](http://www.langston.edu/)
- ◆ **Northeastern Oklahoma A&M**  
200 I St NE, Miami, OK 74354  
Contact: Cristen Knight  
(918) 540-6208 | cristen.knight@neo.edu  
Website: <https://www.neo.edu/>
- ◆ **Northeastern State University**  
600 N Grand Ave., Tahlequah, OK 74464  
Contact: Sheila Self  
(918) 444-2120 | selfsj@nsuok.edu  
Website: nsuok.edu
- ◆ **Northwestern Oklahoma State University**  
709 Oklahoma Blvd., Alva, OK 73717  
Contact: Taylor Wilson  
(580) 327-8547 | tawilson@nwsou.edu  
Website: <https://www.nwsou.edu/>
- ◆ **Oklahoma City Community College**  
7777 S May Ave., Oklahoma City, OK 73159  
Contact: David Schroyer  
(480) 560-2153 | david.s.schroyer@occc.edu  
Website: <https://www.occc.edu/>
- ◆ **Oklahoma Panhandle State University**  
323 W Eagle Blvd., Goodwell, OK 73939  
Contact: Virginia Cruz  
(580)349-1359 | virginia.cruz@opsu.edu  
Website: <https://www.opsu.edu/>

- ◆ **Oklahoma State University**  
1514 W Hall of Fame, Stillwater, OK 74078  
Contact: Ryane Draper  
(405) 744-8667 | ryane.draper@okstate.edu  
Website:  
<https://wellness.okstate.edu/student-wellness/heps/index.html>
- ◆ **Rose State College**  
6420 SE 15th ST., Midwest City, OK 73110  
Contact: Corissa Lemieux  
(405) 736-0386 | clemieux@rose.edu  
Website: <https://www.rose.edu/>
- ◆ **University of Central Oklahoma**  
100 N. University Drive, Edmond, OK 73034  
Contact: Kyle Deatherage  
(405) 974-3923 | rdeatherage1@uco.edu  
Website:  
<https://www.uco.edu/student-resources/center-for-counseling-and-wellbeing/health-promotion>

- ◆ **University of Oklahoma**  
700 Elm Ave, Room 345, Norman, OK 73069  
Contact: Jovanna Gaines  
(405) 235-2821 | jowg@OU.edu  
Website:  
<https://ou.campuslabs.com/engage/organization/ouheps>
- ◆ **Southeastern Oklahoma State University**  
425 University Blvd., Durant, OK 74701  
Contact: April A. Lehrling  
(580)745-2988 | ALehrling@se.edu  
Website: <https://www.se.edu/>







# Frameworks Guiding Prevention

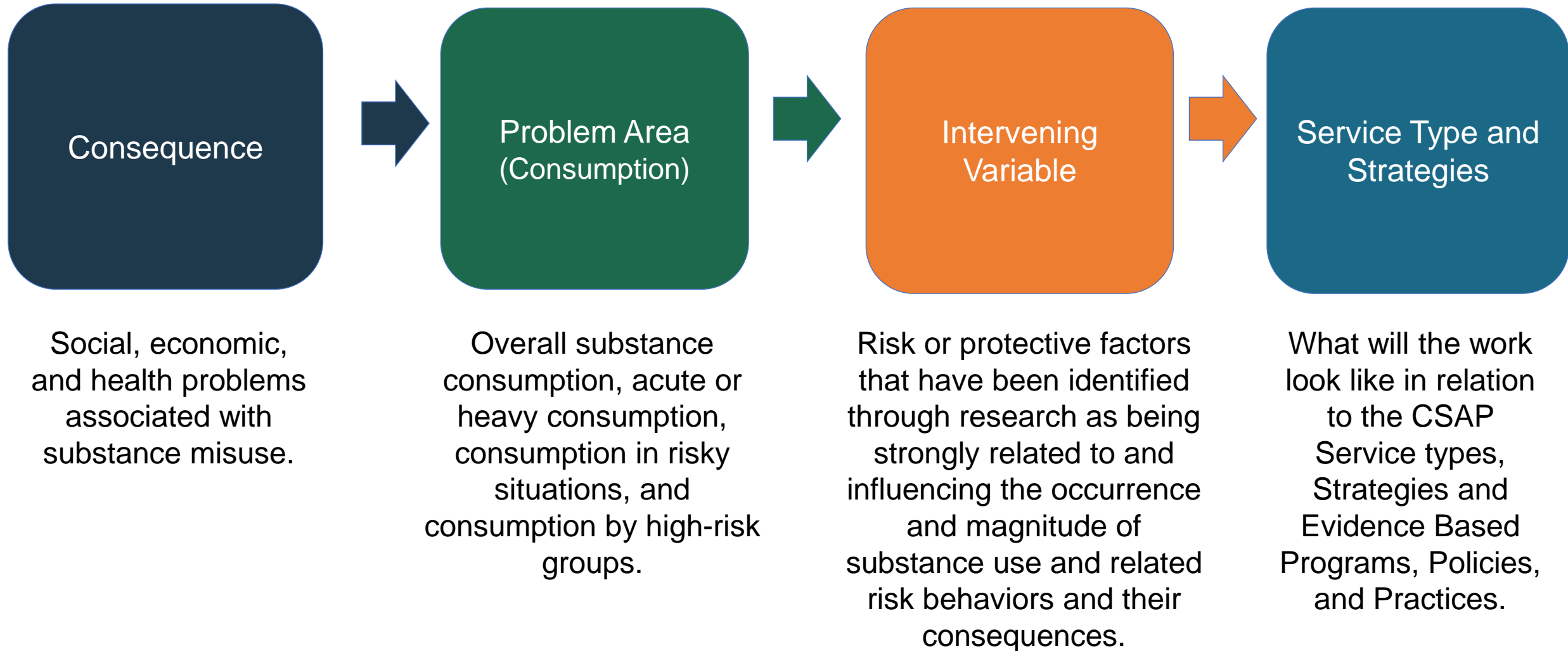
## Strategic Prevention Framework Model



- Uses a strategic process to address any health problem that threatens a population.

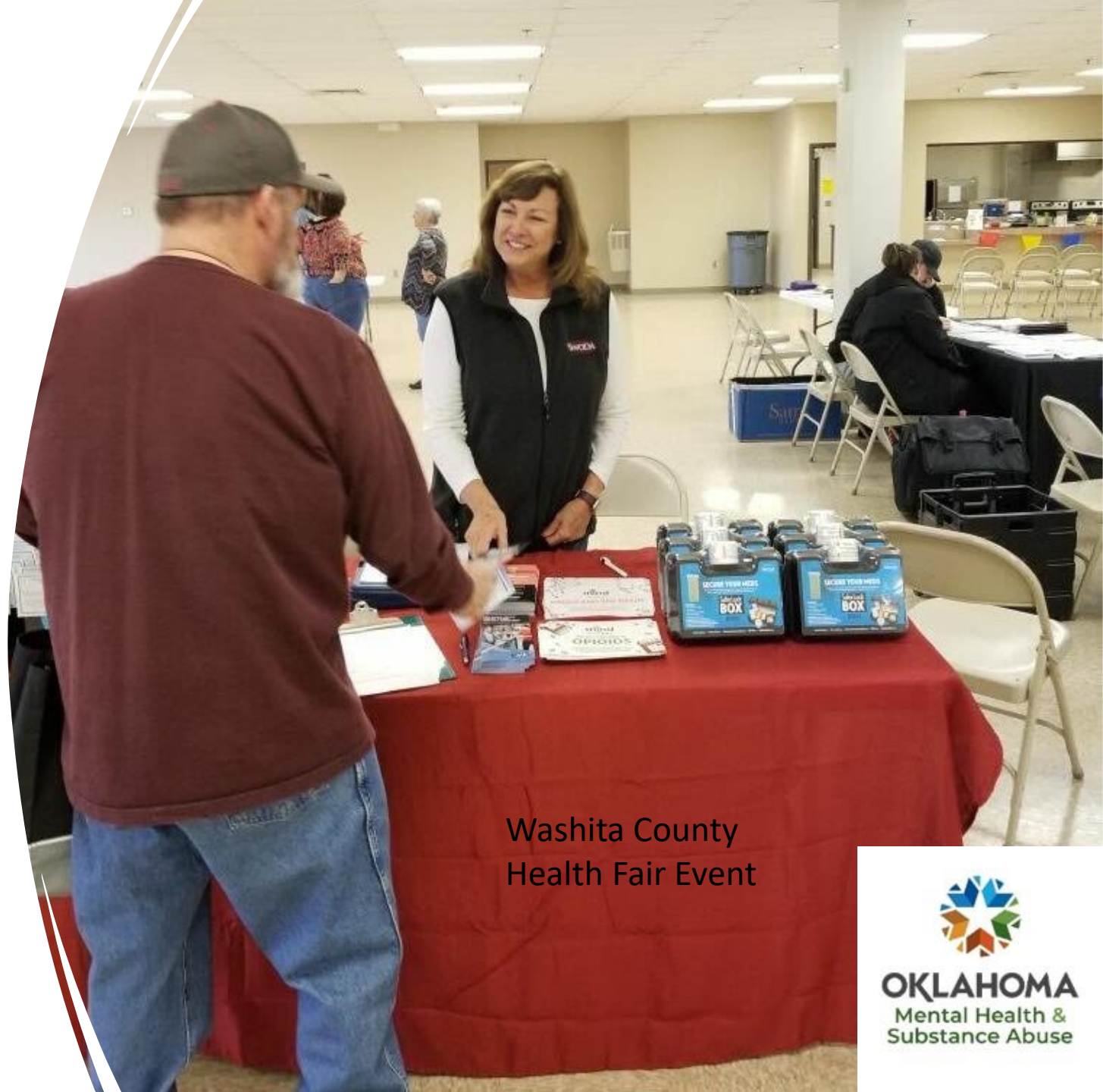


# Outcomes-Based Prevention



# Prevention work in our communities

- Providing educational resources and information
- Providing disposal bags and lockboxes to community members
- Organizing Take Back Day Events and promoting permanent disposal drop box locations
- Media
- Providing local organizations and entities with prevention technical assistance
- Working with local business to create and/or update organizational policies
- Working with city to adopt and/or enhance public policies and ordinances
- And more



Washita County  
Health Fair Event

# Systems Change Successes

- Organizational policies with pharmacies and City Halls to have permanent disposal drop boxes installed and maintained or provide medication deactivation bags with all opioid prescriptions filled.
- Increased enforcement of alcohol overservice and selling to a minor.



Monster Soup Society  
Youth Coalition, Oklahoma  
County



Sallisaw NOW Coalition,  
Sequoyah County



**OKLAHOMA**  
Mental Health &  
Substance Abuse



# Systems Change Successes



Washita County Coalition , Washita County

- Policy with health clinics to provide information on the effects of youth alcohol and marijuana use to parents.
- Enhancing school and business policies to include a plan for safe use, safe storage, and safe disposal of prescription medications.
- Policy to offer installation of lock box in homes with reported opioid theft.



Substance Use Prevention Alliance, Oklahoma County

# Systems Change in the Works

## Currently our sub-grantees are working on:

- Adopting public and organizational policy to require first responders to report overdoses into OD Maps.
- Updating school policies to address risk and protective factors around school suspension for marijuana possession.
- Adopting ordinance to establish a student referral to coordinated care program for youth who receive a citation for possession of marijuana or possession of marijuana paraphernalia.
- Adopting ordinance requiring home health care agency to report all suspected medication sharing use other than prescribed.



McCurtain County Coalition for Change, McCurtain County





# How To Get Involved

- Join a coalition
- Collaborate with coalitions to provide education and information dissemination
  - Coalitions can help promote CCBHCs too!
  - Coalitions can help provide resources and information on how to talk with your children about substance misuse.
- Promote Take Back Events and community drop box locations
- Help provide local level data
- Lockbox distribution
- Help with policy work

Gail Box at Texhoma Public Schools





**OKLAHOMA**  
Mental Health &  
Substance Abuse

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Community and Higher Education Sectors

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