



OPNA is for you.

We know parents and caregivers make the best decisions for their children if they have the information they need. Parents and caregivers need to know what types of things are happening in their child's school and in their community. This survey helps parents and caregivers know what to talk about, so they can help their child navigate adolescence.

The OPNA survey is the most comprehensive source of information on the challenges and opportunities Oklahoma's youth face.



Confidential

OPNA is confidential and the results can't be tied back to students or their families.



Important

The OPNA survey has provided insight into things affecting our kids for more than 20 years!



Voluntary

Schools must notify parents and caregivers at least 2 weeks before the survey is offered. Both parents and students can choose not to participate.



Local

The OPNA survey is used by local prevention teams, community leaders, and schools to build effective programs and put resources where they are needed most.

What we have learned from OPNA data.

The most important information we get from the OPNA survey isn't knowing how many adolescents face challenges, or engage in risky or harmful behaviors. The most important information we get is what helps us connect the dots about what actually works to help kids navigate this time in their lives and keeps them from making harmful choices (often called protective factors).

17.5%

of students feel hopeless most or all the time.

23%

of students think there is no risk or only a slight risk of binge drinking alcohol.

31.8%

of 10th & 12th graders combined reported using social media during school hours often or always.

Where can I find OPNA data?

For more information or data, please contact us via email at: OPNA@odmhsas.org or visit one of the links below:

Scan here to view the OPNA data dashboard:



Scan here to visit the OPNA webpage:

