



OKLAHOMA CITY
CONVENTION CENTER



MOMENTUM

2025

Welcome to Momentum 2025

Momentum has always been about more than a conference. It's about people. Across Oklahoma, behavioral health professionals are working every day to bring hope, stability and care to those who need it most. Your commitment makes the difference. It changes lives, strengthens families and builds healthier communities across our state.

The challenges of this work are real, yet so are the results. Every conversation, every crisis resolved, and every connection made move us forward. This gathering is a chance to pause, share ideas, and recognize the impact you make, often quietly but always powerfully.

Thank you for showing up, not just here, but every day in your work and service. Your dedication, professionalism and heart are what keep Oklahoma's behavioral health system strong. Together, we are the momentum that carries hope forward.

Sincerely,
Greg Slavonic
Rear Admiral, USN (Ret.)
Interim Commissioner



OKLAHOMA
Mental Health &
Substance Abuse

✓ AGENDA

Day 1

Tuesday, Dec. 9, 2025

- 7:30 - 9:00 a.m. Conference Check-In
- 9:00 - 9:15 a.m. Welcome
- 9:15 - 10:15 a.m. **Keynote Speaker**
- 10:15 - 10:35 a.m. Break
- 10:35 - 12:05 p.m. Breakout Sessions
- 12:05 - 1:35 p.m. Lunch Provided
- 1:35 - 3:05 p.m. Breakout Sessions
- 3:05 - 3:25 p.m. Break
- 3:25 - 4:55 p.m. Breakout Sessions

Day 2

Wednesday, Dec. 10, 2025

- 8:00 - 9:00 a.m. Conference Check-In
- 9:00 - 9:15 a.m. Welcome
- 9:15 - 10:15 a.m. **Keynote Speaker**
- 10:15 - 10:35 a.m. Break
- 10:35 - 12:05 p.m. Breakout Sessions
- 12:05 - 1:35 p.m. Lunch Provided
- 1:35 - 3:05 p.m. Breakout Sessions
- 3:05 - 3:25 p.m. Break
- 3:25 - 4:55 p.m. Breakout Sessions

Day 3

Thursday, Dec. 11, 2025

- 8:15 - 9:00 a.m. Conference Check-In
- 9:00 - 9:15 a.m. Welcome
- 9:15 - 10:15 a.m. **Keynote Speaker**
- 10:15 - 10:35 a.m. Break
- 10:35 - 12:05 p.m. Breakout Sessions
- 12:05 - 1:35 p.m. Lunch Provided
- 1:35 - 3:05 p.m. Breakout Session
- 3:05 - 3:25 p.m. Break
- 3:25 - 4:55 p.m. Breakout Session

MOMENTUM

CE KEY

- 1 General
- 2 CLEET
- 3 Ethics
- 4 LPC Supervisory
- 5 DMH Supervisory
- 6 CLEET Mental Health
- 7 MCLE
- 8 MJCLE
- 9 Legal Ethics

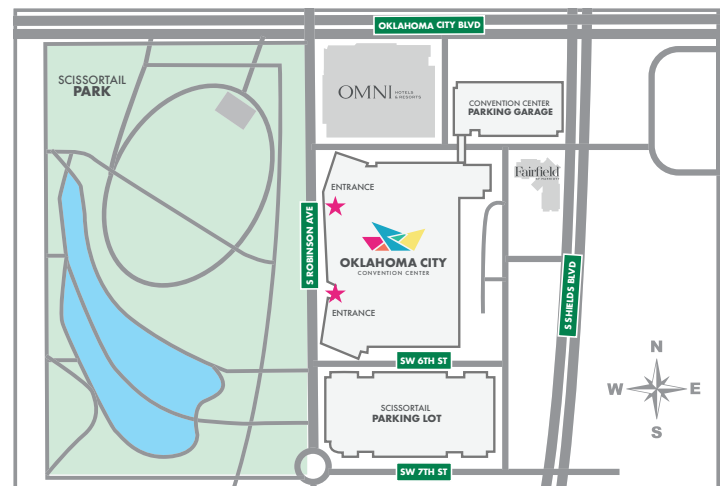
General CEs are the following: LADC, CADAC, LPC, LMFT, Social Workers, Psychologists, CPS, Case Management and PRSS



CONFERENCE BLDG. MAP

A map of the conference building can be found on page 16

CONVENTION CENTER STREET MAP



Day 1

Tuesday, Dec. 9, 2025

7:30 – 9:00 a.m.

Conference Check-In

9:00 – 9:15 a.m.

Welcome

Helpful Tip ✓

At the conclusion of each session write down the code provided next to your session here so you can go back and retrieve it when you're accessing CEs

Day 1



Session Code:

9:15 A.M.

9:15 – 10:15 a.m.

Keynote

"The Science of Self-Compassion"

Kristin Neff | Painted Sky Ballroom | CE 1 **1 2 5 8**

10:15 – 10:35 a.m.

Break



10:35 A.M.

10:35 – 12:05 p.m.

Session 1



**Session 1
DAY 1**

Session Code:

"Finding the Perfect Match: Strengthening Logic Models through Line Logic & Local Conditions"

Carlton Hall | Room 208 | CE 1.5 **1 2 5**

Session Code:

"Healing Capacity of Music & the Mind: Unlocking the Neuroscience of Co-regulation, Human Connection & Heightened Experience"

Jeff Mims | Room 301 AB | CE 1.5 **1 2**

Session Code:

"Changing the Perception of Addiction"

Kelly Dunn | Room 301 CD | CE 1.5 **1 2 8**

Session Code:



CANCELLED

"Choctaw Nation Behavioral Health"

Sauna Humphreys | Room 209 | CE 1.5 **1 2**

Session Code:

"Self-Compassion and Emotional Resilience"

Kristin Neff | Jr. Ballroom 302 | CE 1 (10:35 – 11:35 a.m.) **1 2 5**

12:05 – 1:35 p.m.

Lunch Provided on First Floor



**Day
1**

Tuesday, Dec. 9, 2025

Session 2
DAY 1

1:35
P.M.

1:35 – 3:05 p.m.



Session 2

Session Code:

☐

“Breaking a Hurtful Cycle: Understanding the Link Between Mental Health and Substance Use”

Aaron Weiner | Jr. Ballroom 302 | CE 1.5 **1 2 6**

☐

“Beyond the Stats: Humanizing Childhood Suicide Through Stories, Advocacy, & Change”

Kalah Ballance | Room 209 | CE 1.5 **1 2 6**

Session Code:

☐

“Beyond Being ‘Nice’ & Person Centered: The Strategic & Intentional Use of Motivational Interviewing in Treatment”

Laurie Conaty | Room 301 CD | CE 1.5 **1 2 6**

Session Code:

☐

“Meeting Participants Where They’re At: Creating Clear Program Materials”

Kendall Friend | Room 208 | CE 1.5 **1 2 7 8**

Session Code:

☐

“Trauma-Informed Support and the Path to Healing”

Karyn Harvey | Room 301 AB | CE 1.5 **1 2 8**

Session Code:

3:05 – 3:25 p.m.

Break



MOMENTUM

**Day
1**

Tuesday, Dec. 9, 2025

3:25
P.M.

3:25 – 4:55 p.m.
Session 3

**Session 3
DAY 1**

Session Code:

☐

“Embracing the Age-Informed Concept: Three CCBHCs Share Their Journey”
Mae May, Brianna Shamblin, Matthew Spencer, Debra Walker, Jonathan Pierce,
Ann Wilson, Chris Flanagan | Room 209 | CE 1.5 **1 2**

Session Code:

☐

“ASAM 4th Edition: What's Changed Since the 3rd Edition: Key Conceptual Differences”
Laurie Conaty | Room 301 CD | CE 1.5 **1 2 6**

Session Code:

☐

“From Compliance to Commitment: Making Case Planning a True Collaboration”
Kendall Friend | Room 208 | CE 1.5 **1 2 7**

Session Code:

☐

“Impact of Prenatal Substance Use on Child Development”
Shawna Standiford | Jr. Ballroom 302 | CE 1.5 **1 2 7 8**

Session Code:

☐

“Clinical Supervision in the Evolving World of AI”
David Pfaff | Room 301 AB | CE 1.5 **1 4 5**



End of Day 1

*Hope you enjoyed
day one. Rest up and we'll
see you tomorrow!*

**Day
2**

Wednesday, Dec. 10, 2025

**Day
2**



8:00 – 9:00 a.m.

Conference Check-In

9:00 – 9:15 a.m.

Welcome

9:15
A.M.

9:15 – 10:15 a.m.

Keynote

“Unhooked: How to Break Bad Habits for Yourself, Your Team, and Your Clients Without Risking Them Coming Back Stronger”

Adi Jaffe | Painted Sky Ballroom | CE 1 **1 2 5 7 8 9**

Session Code:

10:15 – 10:35 a.m.

Break



**Session 1
DAY 2**

10:35
A.M.

10:35 – 12:05 p.m.

Session 1

“Building Prevention-First Communities: Integrated Care Through Strategic Partnerships”

Samson Teklemariam | Room 209 | CE 1.5 **1 2**

Session Code:

“Stalking: Impact of the Invisible Crime”

Anna Nasset | Room 301 CD | CE 1.5 **1 2 8**

Session Code:

“Bridging the Gap: Integrating Care for Pregnant Women with Substance Use Disorders”

Margaret Lloyd Sieger | Room 301 AB | CE 1.5 **1 2 6**

Session Code:

“Meeting Families' Basic Needs: Professionals' Role in Improving Social Determinants of Health”

Alexis Balkey, Mary Fitzgerald | Room 208 | CE 1.5 **1 2 7 8**

Session Code:

“The Myth of the Unshakable Leader: How Doubt, Discomfort, & Disruption Create True Confidence”

Adi Jaffe | Jr. Ballroom 302 | CE 1.5 **1 2 5**

Session Code:



Wednesday, Dec. 10, 2025

12:05 – 1:35 p.m.

Lunch Provided on First Floor



Session 2
DAY 2

1:35
P.M.

1:35 – 3:05 p.m.

Session 2

☐

“Building Social Capital: Strategies to Improve Employment, Reduce Poverty, & Strengthen Families”

Phillip Graham | Room 301 CD | CE 1.5 **1 2**

Session Code:

☐

“Navigating the Child Welfare Journey”

Marissa Belase, Sarah Neafus | Room 209 | CE 1.5 **1 2 8**

Session Code:

☐

“Engaging the Whole Family...That Includes Fathers!”

Alexis Balkey, Mary Fitzgerald | Room 208 | CE 1.5 **1 2 7**

Session Code:

☐

“Families First: Turning Research into Results in the Family Treatment Court Approach”

Margaret Lloyd Sieger | Room 301 AB | CE 1.5 **1 2 6 7 8**

Session Code:

☐

“Unhook Your Team: Stop Sabotaging Your Culture by Addressing Hidden Behavioral Drivers”

Adi Jaffe | Jr. Ballroom 302 | CE 1.5 **1 2 5**

Session Code:

3:05 – 3:25 p.m.

Break



MOMENTUM



Wednesday, Dec. 10, 2025



3:25
P.M.

3:25 – 4:55 p.m.
Session 3



- ☐ *“Artificial Intimacy: Navigating the Risks of AI Companions in Advocacy and Safety Work”*
Sloan Thompson | Jr. Ballroom 302 | CE 1.5 **1 2**

Session Code:

- ☐ *“Bonding, Attachment, and Parent-Child Relationship Building Secure Futures: Honoring & Supporting Healthy Relationships Between Parents & Infants Affected by Substance Use”*
Alexis Balkey, Mary Fitzgerald | Room 208 | CE 1.5 **1 2 7**

Session Code:

- ☐ *“Amplifying Connection Through Social Media”*
Sara Clark | Room 301 CD | CE 1.5 **1 2 6**

Session Code:

- ☐ *“Building Tomorrow's Safety Net: Lessons from Oklahoma's Launch of the Digital App, Evive, for Problem Gambling Support”*
Ronald Wahkinney | Room 209 | CE 1.5 **1 2 6**

Session Code:

- ☐ *“Supporting Candidates: The Supervisor's Role in Burnout Prevention”*
Amber St. Marie | Room 301 AB | CE 1.5 **1 4 5**

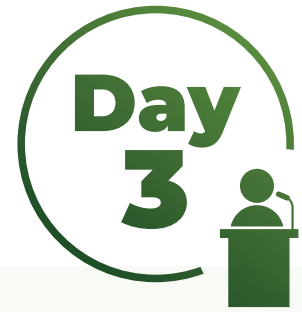
Session Code:



End of **Day 2**



Thursday, Dec. 11, 2025



8:15 – 9:00 a.m.

Conference Check-In

9:00 – 9:15 a.m.

Welcome

9:15
A.M.

9:15 – 10:15 a.m.

Keynote

“Fueling Change Agents: Energizing the Path of Resiliency”

Nick Szubiak | Painted Sky Ballroom | CE 1 **1 2 5 8**

Session Code:

10:15 – 10:35 a.m.

Break



10:35
A.M.

10:35 – 12:05 p.m.

Session 1



“Reducing Risk Through Respect: Addressing Stigma in Prevention and Early Intervention”

Samson Teklemariam | 301 CD | CE 1.5 **1 2**

Session Code:

“Being Lost and Getting Found: The Necessity of Orientation in All Relationships”

Chris King | Room 301 AB | CE 1.5 **1 2**

Session Code:

“Empowering Treatment Professionals in Staffing”

Terrence Walton | Room 208 | CE 1.5 **1 2 5 7 8**

Session Code:

“Permanent Supportive Housing for Individuals in Recovery”

Tara Ryan, Destiny Hulsey | Room 209 | CE 1.5 **1 2**

Session Code:

“Re-Imagining Substance Use Disorders”

Nick Szubiak | Jr. Ballroom 302 | CE 1.5 **1 2**

Session Code:

Day 3

Thursday, Dec. 11, 2025

12:05 – 1:35 p.m.

Lunch Provided on First Floor



1:35 P.M.

1:35 – 3:05 p.m.

Session 2



Session 2
DAY 3

Session Code:

☐

“Ethics and Critical Thinking”

Stephanie Stuckert, Andrew Kelly | Painted Sky Ballroom | CE 1.5 1 3

3:05 – 3:25 p.m.

Break



3:25 P.M.

3:25 – 4:55 p.m.

Session 3



Session 3
DAY 3

Session Code:

☐

“Ethics and Critical Thinking: A Deeper Look”

Stephanie Stuckert, Andrew Kelly | Painted Sky Ballroom | CE 1.5 1 3



End of Day 3

Thank You

CONFERENCE SPEAKERS

Thank you for your knowledge, experience and time! We are so encouraged by your stories and excited to apply what you have shared.

CONFERENCE ATTENDEES

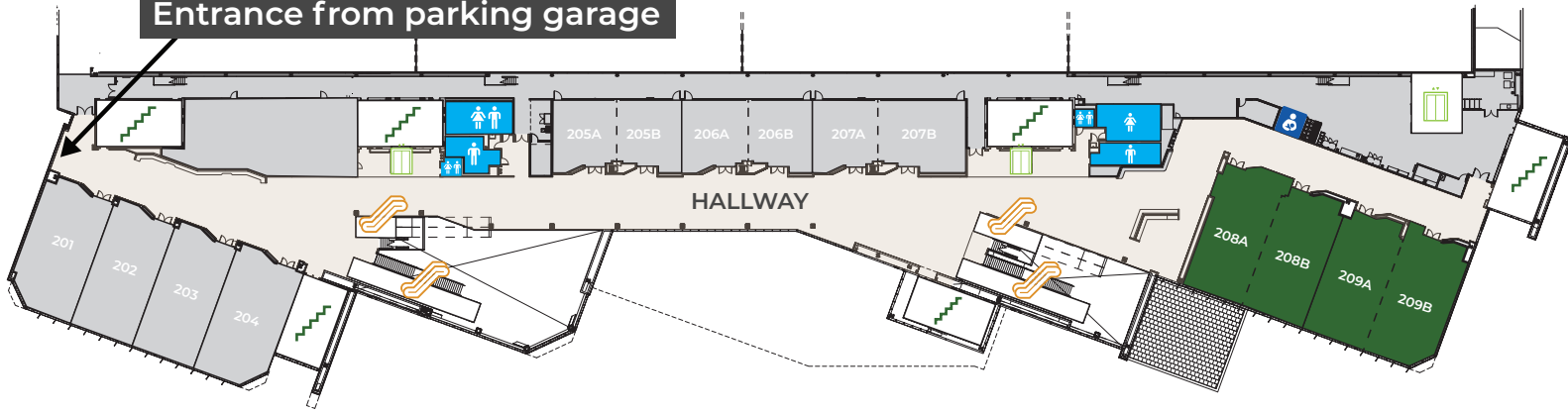
Thank you for attending this year's Momentum Conference! You make this conference possible. Each attendee has their own reason for being here and we hope you enjoyed this year's conference.

LEVEL 1



LEVEL 2

Entrance from parking garage



LEVEL 3

