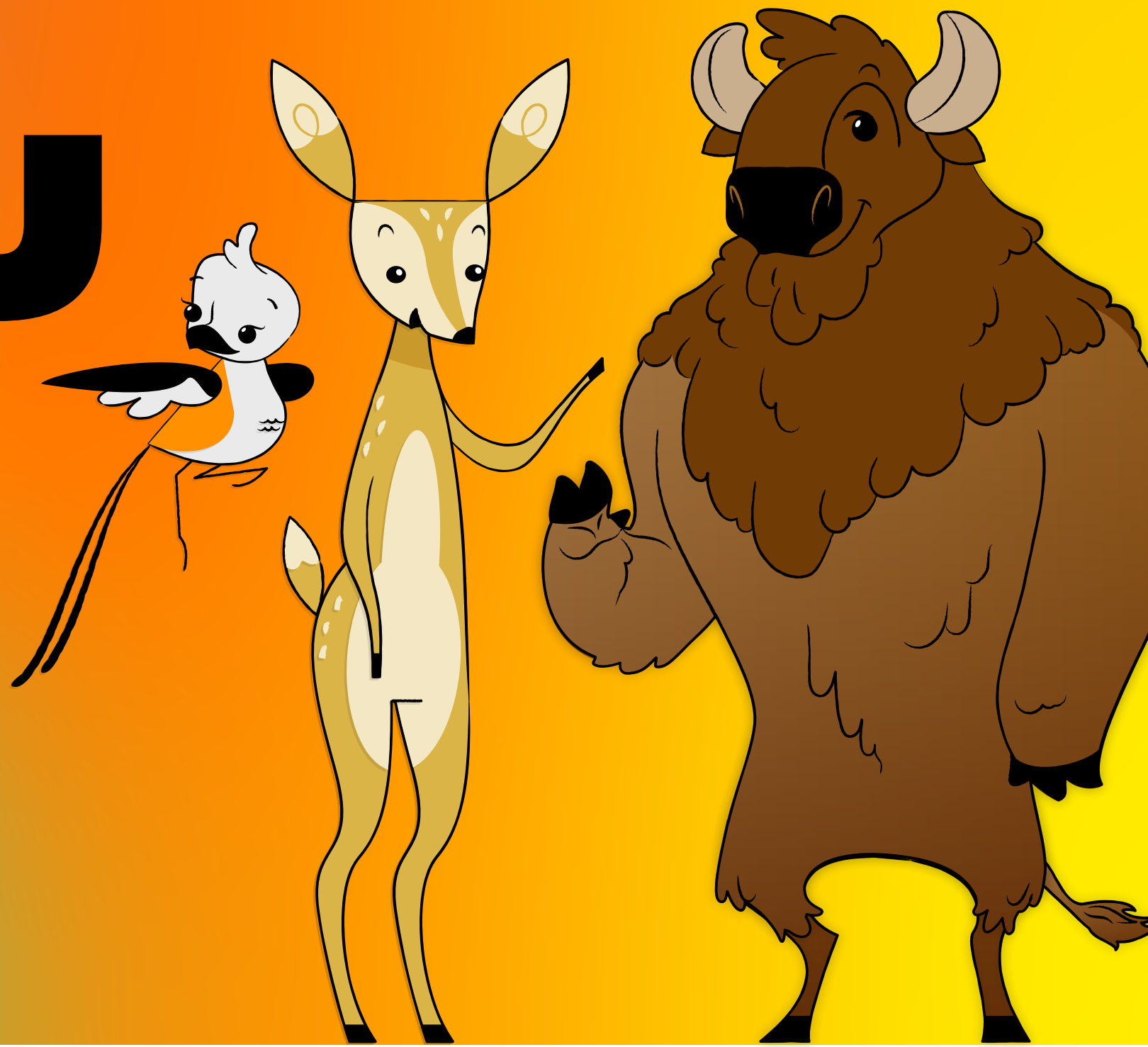


ARE YOU OK?

See the signs
save a life.



Are You OK? is a two-part e-learning intended for adults who serve as employers, business owners, managers, supervisors, human resources staff, and others to learn how to prevent and respond to suicide in the workplace.

01

BROWSER URL

Visit: <https://odmhsas.interactyx.com>

02

LOGIN TO LEARN

Login or create and account.

03

SEARCH

Once logged in, go to eLearning under catalog. Type "Are You Ok" into the search bar.

04

SELECT COURSE

Select the course by clicking start.
Blue text indicates a clickable link.

05

TECHNICAL ASSISTANCE

contact: lmshelpdesk@odmhsas.org

If you are in crisis and need help, please call the National Suicide Prevention Lifeline at 800 273-TALK (8255).