



There are many approaches and supports used within a Systems of Care network, from community resources and services like therapy and counseling, to coordinated supports from teachers and neighbors. Wraparound is one process used within Systems of Care to help stabilize families in crisis.

Families participating in Wraparound work with a team to develop an individualized plan of care using strength-based approaches that allow family members to be heard and address their own needs using resources and supports in their local community.

### Where Can I Get Help?

To find an Oklahoma Systems of Care provider or Wraparound team in your community, please visit

#### www.odmhsas.org

Or email the Wraparound State Coach & Trainer staff at

**OKSOCTrainers@odmhsas.org** 



Call the crisis stabilization line for urgent connection & support: 1-833-885-CARE



**Crisis Text Line:** Text **HOME** to **741741** from anywhere in the USA to speak with a trained crisis counselor





Helping Oklahoma Infants, Children, Youth, Young Adults and their Families to be more successful at home, in school and in their community.



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## WHAT IS OKLAHOMA SYSTEMS OF CARE?

Oklahoma Systems of Care is a state-wide collaborative network involving members of local communities, organizations, agencies, facilities, centers and groups that serve the needs of children, youth and young adults.

The Oklahoma Systems of Care network provides mental health, emotional, physical and behavioral health services and supports to youth and their families to enable them to be successful at home, in school and within their community.



# 5 CORE VALUES OF OKLAHOMA SYSTEMS OF CARE AND WRAPAROUND



#### **Family Driven**

The family is the primary decision maker in Systems of Care and the Wraparound process. No planning sessions occur without the family's involvement, input, voice and choice.



#### **Youth Guided**

Youth are treated and valued as equal partners in Systems of Care and the Wraparound process.



#### **Community Based**

Families are encouraged and empowered to access community based resources and services in their local area.



#### **Culturally Responsive Care**

Systems of Care and the Wraparound process are welcoming, inclusive and respectful to the uniqueness of all Oklahoma families. SOC and the Wraparound approach builds on the values, preferences, beliefs, culture, and identity of the child, their family, and their community.



#### **Trauma Informed Care**

Oklahoma Systems of Care and the Wraparound process takes into account difficult experiences that may occur in families. Those difficult experiences may include but are not limited to:

- Experiences that threaten the life or well-being of the child or of someone critically important to the child.
- Witnessing or being the victim of violence, serious injury, physical or sexual abuse.
- Sudden or unexpected separations of children from their family.