

Admission and Exclusion Criteria

Level of Care:

Oklahoma Crisis Stabilization Unit



Who We Are

Crisis Stabilization Units (CSU) offer 24/7/365 intensive, short-term stabilization for individuals experiencing a behavioral health emergency (mental health and substance use). This intervention includes a bed for a stay averaging between 5-7 days (Refer to Title 450: Chapter 23).

Services may include but are not limited to:

- Triage services
- Co-occurring capable psychiatric crisis stabilization
- Co-occurring capable drug/alcohol crisis stabilization
- Person-Centered Treatment and Discharge Planning
- Medication Management and Administration



Admission Criteria:

1. The individual is within age range of those served at facility.
2. The individual does not meet any of the exclusion criteria.
3. Despite admission status, the individual is meeting emergency detention criteria per Title 43A.
4. Less restrictive community resources have been determined to be inadequate to meet the needs of the person served.
5. The individual has been ordered by the court for evaluation.

Exclusion Criteria:

Important Note: Walk-ins or those brought will not be denied screening, assessment, and referral to the appropriate level of care (transportation will be arranged when necessary and appropriate).

1. Burns (severe) requiring acute care; if the burn could be cared for at home, it is not an exclusion.
2. Acute Delirium.
3. Dementia as primary diagnosis; in the absence of clinically significant psychiatric symptoms.
4. Acute head trauma/traumatic brain injury in absence of mental illness or substance use.
5. Unstable fractures, open or closed and joint dislocations, acute, until reduced (Fractures that are secured via cast or splint are not to be excluded).
6. Unstable seizure disorders (Having a seizure, seizures, or seizure disorder does not exclude).
7. Bowel Obstruction, requiring active treatment or medical observation.
8. Acute Respiratory Distress.
9. In active acute drug/alcohol withdrawal that can ONLY be treated in a medical hospital setting.
10. Active gastrointestinal bleed and/or active bleeding.
11. Active tuberculosis, MRSA, and other infectious disease requiring isolation and/or treatment by intravenous antibiotics. (To be discussed by providers based on facility's ability to provide).
12. Complex wound care (dependent on facilities ability to provide appropriate wound care).
13. Intravenous fluids or intravenous antibiotics.
14. Vent and Trach patients.
15. Oxygen dependent patients, dependent based on facility's ability to provide care. (Facilities will make all attempts to accommodate patient).
16. Tubes or drains, chest or abdominal, including ostomies and catheters (unless the individual provides their own care and equipment).
17. Dialysis patients.
18. Individuals requiring hospice or end of life care.
19. The individual is not within age range served by the facility.
20. The individual is currently incarcerated or in juvenile detention.
21. The crisis stabilization unit is NOT the least restrictive environment.
22. Inability to complete Activities of Daily Living Skills not related to psychiatric or substance use symptoms (Facility will make all accommodations to ensure client access to least restrictive environment).
23. Uncontrolled insulin dependent diabetes.