

# Admission and Exclusion Criteria

Level of Care:

Oklahoma Urgent Recovery Clinic



## Who We Are

**Urgent Recovery Clinics (URC)** offer 24/7/365 intensive, short-term stabilization for individuals experiencing a behavioral health emergency (mental health and substance use). This intervention utilizes a chair (not bed) based model and a stay averaging under 24 hours. (Refer to Title 450: Chapter 23)

Services may include but are not limited to:

- Triage crisis response
- Crisis intervention
- Crisis Assessment
- Crisis Intervention plan development

Linkage and referral to other services as applicable.



## Admission Criteria:

**Important Note:** Walk-ins or those brought will not be denied screening, assessment, and referral to the appropriate level of care (transportation will be arranged when necessary and appropriate).

1. The individual is within age range of those served at facility.
  - a. For individuals under 18, a caregiver will stay with the child for duration of stay.
  - b. Per Department of Mental Health guidelines, any minor child in the custody of the State of Oklahoma (Department of Human Services or Office of Juvenile Affairs) must be accompanied by their assigned DHS/OJA worker, DHS/Group Home Liaison, or On-Call DHS worker.
  - c. A parent or guardian may accompany a minor who is in the State's custody if approved by the minor child's assigned caseworker or their supervisor.
  - d. A child in the URC may not be left unaccompanied for any time. A caseworker, approved parent or guardian must be present at all times. A sitting service is not permitted.
2. The individual does not meet any of the exclusion criteria.

## Exclusion Criteria:

**Important Note:** Walk-ins or those brought will not be denied screening, assessment, and referral to the appropriate level of care (transportation will be arranged when necessary and appropriate).

1. Burns (severe) requiring acute care; if the burn could be care for at home, it is not an exclusion.
2. Acute Delirium
3. Dementia as primary diagnosis; in the absence of clinically significant psychiatric symptoms.
4. Acute head trauma/traumatic brain injury in absence of mental illness or substance use.
5. Unstable fractures, open or closed and joint dislocations, acute, until reduced. (Fractures that are secured via cast or splint are not to be excluded)
6. Uncontrolled seizure disorders (Having a seizure, seizures, or seizure disorder does not exclude).
7. Bowel obstruction, requiring active treatment or medical observation.
8. Acute Respiratory Distress.
9. In active acute drug/alcohol withdrawal that can ONLY be treated in a medical hospital setting.
10. Active gastrointestinal bleed and/or active bleeding.
11. Active tuberculosis, MRSA, and other infectious disease requiring isolation and/or treatment by intravenous antibiotics.
12. Complex and/or specialized wound care (dependent on facilities' ability to provide appropriate wound care).
13. Intravenous fluids or intravenous antibiotics.
14. Vent and Trach patients.
15. Oxygen dependent individuals, dependent based on facility's ability to provide care. (Facilities will make all attempts to accommodate).
16. Tubes or drains, chest or abdominal, including ostomies and catheters (unless the individual provides their own care and equipment).
17. Dialysis patients.
18. Individuals requiring hospice or end of life care.
19. The individual is not within age range served by the facility.
20. The individual is currently incarcerated or in juvenile detention.
21. Inability to complete Activities of Daily Living Skills (ADLS) not related to psychiatric or substance use symptoms. (Facility will make all accommodations to ensure client access to least restrictive environment.)
22. Uncontrolled insulin dependent diabetes.