

DENTAL



CARIES

is the most common chronic disease in children and is **PREVENTABLE!**

PRIMARY CARE PROVIDERS CAN PREVENT DENTAL CARIES!

SoonerCare offers reimbursement for 5% Sodium Fluoride Varnish

- **CPT Code 99188:** Application of Topical Fluoride Varnish to physicians and qualified health care professionals.
Members ages 6 months to 60 months are eligible for two applications a year during a well-child screening (EPSDT). \$9.48 facility; \$11.28 office.

Studies demonstrate

30-35%
caries reduction

It's the Standard of Care!

- The USPSTF recommends primary care clinicians apply fluoride varnish to the teeth of all infants and children (first primary tooth through age 5) at least every 6 months.
- Providers gain up to 0.36 Work RVU.

5% Sodium Fluoride Varnish

- Safe, inexpensive and effective.
- High efficacy for prevention of dental caries in children under 6 years of age.
- Not associated with treatment-related adverse events in young children.
- Quickly and easily applied.
- Prevents new caries and progression of early caries.

Application of Fluoride Varnish

1. Evaluate teeth at every well-child screening.
2. Use gauze to blot the teeth dry.
3. Apply varnish to back teeth first (if present), and front teeth last, covering all surfaces of all teeth.
4. Saliva contamination after application is expected and varnish sets on contact with saliva.

Follow-up instructions

- No brushing until the next morning.
- Children can eat and drink immediately after application.
- Avoid sticky, hot, and very hard foods until next day.

Anticipatory Guidance

- Recommend regular dental visits – refer to Dental Home.
- Recommend brushing with fluoride toothpaste twice a day.
No more than the size of a grain of rice or a smear for children under age 3. Only a pea-sized amount for children 3 years and older.
- Only water in sippy cups.
- Drink tap water.
- No juice under 1 year of age.
- No soda consumption.

Training and Certification for Medical Home Providers

- Online web-based training offered by **Smiles for Life Oral Health Curriculum** is strongly encouraged for providers and staff.
 - Course 2 - Child Oral Health.
 - Course 6 - Caries Risk Assessment, Fluoride Varnish and Counseling.
 - Course 7 - The Oral Examination.



For more information please visit:
<https://oklahoma.gov/ohca/providers/types/soonerchoice/soonerchoice-fluoride-varnish.html>