Psychiatric Consultation Program

The Oklahoma Health Care Authority, in collaboration with APS Healthcare, Inc. is presenting an innovative project to improve the behavioral healthcare for children and adolescents who are enrolled in the Oklahoma SoonerCare program.

The Psychiatric Consultation program facilitates <u>free</u>, informal telephonic consultations between psychiatrists and PCPs regarding psychotropic medication management for children and adolescents.

How the Program Works:

- 1 SoonerCare PCP contacts APS Psychiatric Consultation Hotline (877.845.7468) to schedule a consultation appointment. These appointments are available at regularly
- **2** An APS hotline specialist schedules the consultation appointment and sends a meeting invitation to both providers.
- **3** APS psychiatrist contacts PCP at the appointed date and time to review the case and provide treatment recommendations.

Project Goals:

- Reduce frequent inpatient psychiatric hospitalization for children and adolescents in rural areas of Oklahoma.
- Increase knowledge and confidence level of the PCP in providing psychiatric medication management.
- Reduce medication non-compliance among youthful consumers.
- Decrease inappropriate usage of psychotropic medications in consumers under 21 years of age.
- Encourage referrals to care coordination, case management, outpatient facilities or crisis services as indicated.

The Project Does Not Include:

- Face-to-face psychiatric evaluations
- Forensic evaluations
- Opinions related to custody or competency issues
- Physician-to-physician referral process
- Full, telephonic psychiatric evaluation

Participating Board-Certified Psychiatrists

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Psychiatric Consultation Hotline 877.845.7468