SOONERCARE Health Homes

A strategy to build a system of care to improve health, enhance access and quality and control costs for members with SMI or SED

Oklahoma Department of Mental Health
and Substance Abuse Services

What Is A Health Home?

- A place where individuals can come throughout their lifetimes to have their health care needs identified and to receive the medical, behavioral and social supports they need, coordinated in a way that recognizes all of their needs as an individual, not just patients.

Why Coordinated Care Matters

- People with SMI die 25 years earlier than individuals in the general population, mostly for medical reasons rather than suicide or accidental death.

Reasons For Early Death:

Problems Related Directly to Mental Illness*

- Amotivation
- Cognitive Limitations
- Poverty
- Lack of Self-Advocacy Skills

**A Randomized Trial of Medical Care Management for Community Mental Health Settings. American Journal of Psychiatry*, Druss, et al, (2010).

Reasons For Early Death: Service System Factors

- Physicians
  - Lack of knowledge or comfort with people with chronic mental disorders
  - Clinical demands that make it difficult to address multiple comorbidities
- Mental Health Professionals
  - Lack of knowledge or comfort regarding medical issues
  - Lack of time and resources to address health concerns in busy practices

Why Health Homes For Children?

- Limited coordination between primary medical and behavioral health specialty care

- Significant number of children in child welfare receiving psychotropic medications with no coordinated system of care to monitor appropriate utilization.

- Lack of time in primary care setting to spend 1-2 hours with family

Required Health Home Activities

- ❖ Provide comprehensive care management;
- ❖ Provide care coordination;
- ❖ Provide health promotion;
- ❖ Coordinate transitional care from inpatient to other settings
- ❖ Refer and link to community supports;
- ❖ Provide individual and family support;
- ❖ Use health information technology to link services.

Wagner, E.H. (2000). The role of patient care teams in chronic disease management. British Medical Journal.

Benefits of a Team!

- Effective chronic illness models generally rely on multidisciplinary teams.
- Successful teams can provide critical elements of care that doctors do not have the time or training to do.
- Participation of medical specialists in consultative and educational roles contribute to better outcomes.

Wagner, E.H. (2000). The role of patient care teams in chronic disease management. British Medical Journal.

In Partnership

In Oklahoma, Health Homes will integrate physical health and behavioral health

Health Homes

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Outpatient Behavioral Health Agency

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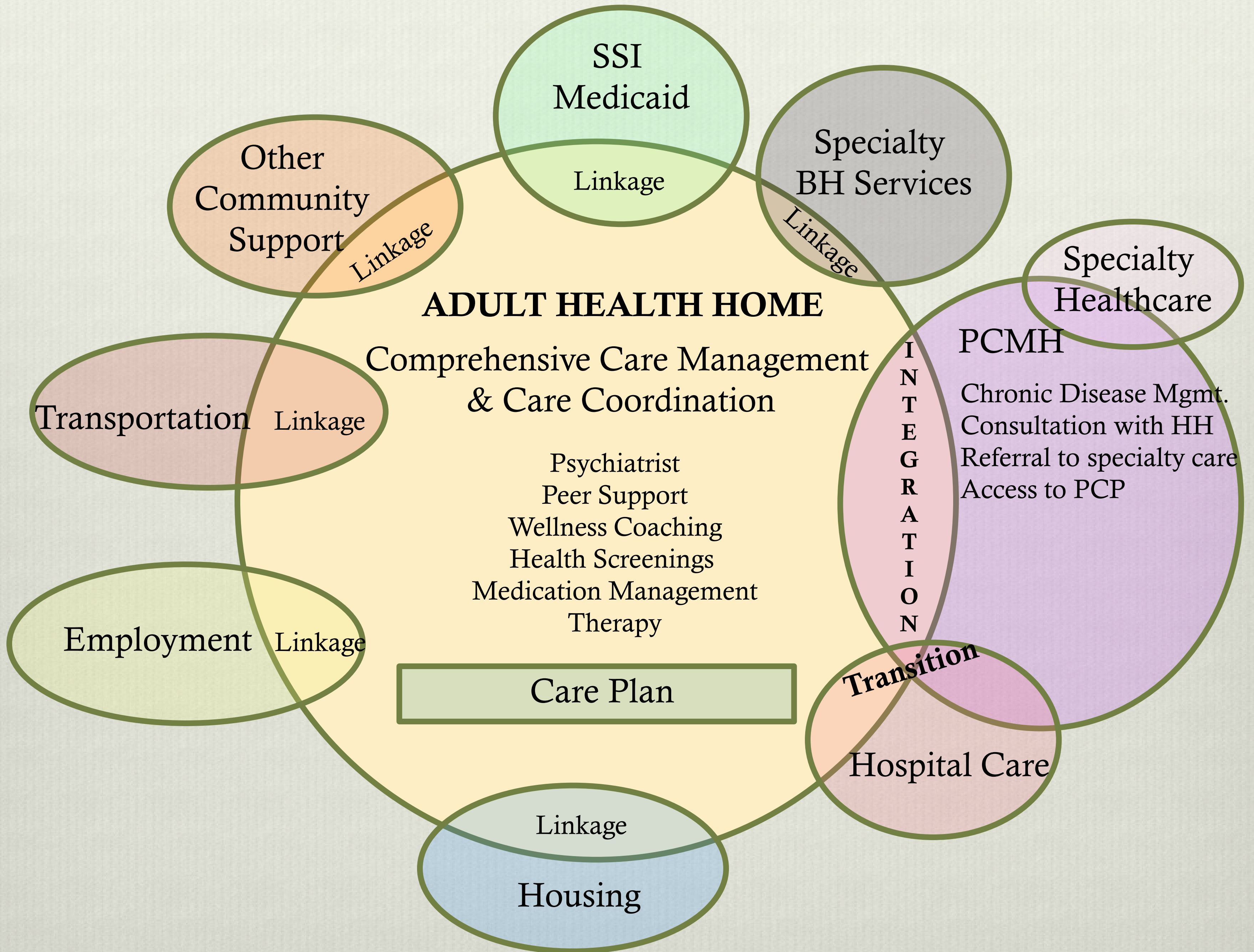
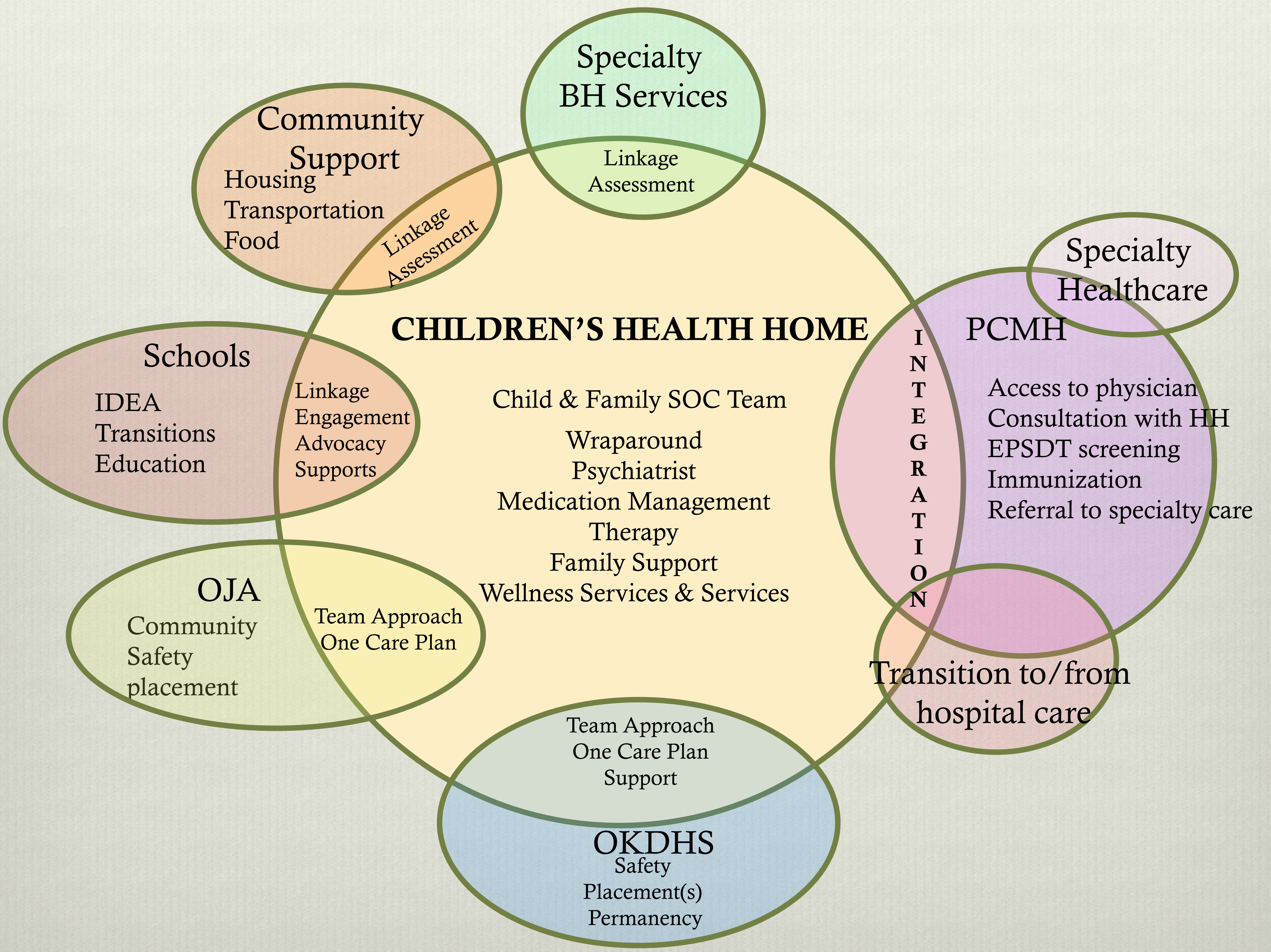
Primary Care Physicians

The Health Home Team

- ❖ An interdisciplinary team
- ❖ Person/Family Centered process
- ❖ Identifies strengths and needs
- ❖ Creates a unified plan
- ❖ Empowers persons towards self-management
- ❖ Coordinates the varied healthcare needs


SSI
Medicaid
Linkage
Other
Community
Support
Linkage
Specialty
BH Services
Linkage
Specialty
Healthcare
ADULT HEALTH HOME
Comprehensive Care Management
& Care Coordination
PCMH
Chronic Disease Mgmt.
Consultation with HH
Referral to specialty care
Access to PCP
INTEGRATION
Transportation
Linkage
Psychiatrist
Peer Support
Wellness Coaching
Health Screenings
Medication Management
Therapy
Employment
Linkage
Care Plan
Transition
Hospital Care
Linkage
Housing


Specialty
BH Services
Linkage
Assessment
Community
Support
Housing
Transportation
Food
Linkage
Assessment
Specialty
Healthcare
CHILDREN'S HEALTH HOME
PCMH
Schools
IDEA
Transitions
Education
Linkage
Engagement
Advocacy
Supports
Child & Family SOC Team
Wraparound
Psychiatrist
Medication Management
Therapy
Family Support
Wellness Services & Services
I N T E G R A T I O N
Access to physician
Consultation with HH
EPSDT screening
Immunization
Referral to specialty care
OJA
Community
Safety
placement
Team Approach
One Care Plan
Transition to/from
hospital care
Team Approach
One Care Plan
Support
OKDHS
Safety
Placement(s)
Permanency

Health Home Team Members

Adults

- Physician Team Member
- HH Director
- Licensed Nurse Care Manager
- Behavioral Health Case Manager
- Wellness Coach/Peer Specialist
- Consulting Psychiatrist

Child and Family Team

- Physician Team Member
- Licensed Nurse Care Manager
- Behavioral Health Care Coordinator
- Family Support Provider
- Consulting Psychiatrist

Role of Physician Team Member

- Coordinates and cooperates with HH Case Manager and/or Nurse Care Manager in development of integrated care plan
- Consults with CMHC on-site HH psychiatrists as needed;
- Supplies post visit follow-up and relays information back to HH;
- Maintains a system to track referrals;
- Coordinates the delivery of medical care services with all specialists, case manager and other medical providers;
- Educates members on appropriately using medical resources such as emergency rooms.

Role of Physician Team Member

(PCMH, FQHC, IHS, PCP)
Requirements for Children

- Educates regarding the importance of immunizations and screenings, child physical and emotional development;
- Links each child with screening in accordance with the EPSDT periodicity schedule;
- Identifies children in need of immediate or intensive care management for physical health needs;
- Provides opportunities and activities for promoting wellness and preventing illness, including the prevention of chronic physical health conditions; and
- Assist HH care manager in developing wellness goals to be included in the comprehensive care plan.

Health Home Assignment

- OHCA will attribute to Health Homes, SoonerCare members with a qualifying SMI/SED designation who have an existing relationship with the HH agency. Members will be notified via US mail service. Message will include:
  - a brief description of Health Home services;
  - a description of individuals' options to choose another Health Home;
  - a process to opt out of enrollment in a HH; and
  - encouragement to continue any existing relationship with their primary care provider (PCP).

Questions??

- Contact Information
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