

## APS Healthcare

APS offers customized, integrated health care solutions across two major health care product lines – care management and behavioral health services.

APS believes that managing health care for the mind and body improves the overall health of individuals and reduces total health care spending.

### Contact Us

4545 North Lincoln Boulevard  
Suite 103  
Oklahoma City, Oklahoma 73105

Phone: 800.762.1560  
Fax: 800.762.1639



## Participating Board-Certified Psychiatrists

**Brent Bell, D.O.**

**James Allen, M.D.**

**John Raizen, M.D.**

### Psychiatric Consultation Hotline

**877. 845.7468**



This publication is issued by the Oklahoma Health Care Authority in conjunction with APS Healthcare, as authorized by 63 O.S. Supp. 1997, Section 5013. One thousand pieces have been printed at a cost of .61 cents per copy. Copies have been deposited with the Publications Clearinghouse of the Oklahoma Department of Libraries.



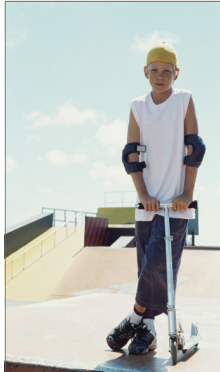
Oklahoma  
SoonerCare

### Psychiatric Consultation Program

Administered by:



# Physician Consultation for Behavioral Health



The Oklahoma Health Care Authority, in collaboration with APS Healthcare, is presenting another innovative project to improve behavioral health care for children and adolescents who are enrolled in the SoonerCare program. This latest service for SoonerCare contracted providers will begin July 1, 2008.

Historically, SoonerCare members have reported difficulty accessing psychiatric care in rural areas of Oklahoma. Studies have indicated that more than 70 percent of behavioral health consumers access those services through their Primary Care Providers (PCPs).

The **Psychiatric Consultation** program will facilitate free, informal telephonic consultations between psychiatrists and PCPs regarding psychotropic medication management for children and adolescents.

## How the Program Works

- ◆ SoonerCare PCP contacts APS Psychiatric Consultation Hotline (**877.845.7468**) to schedule a consultation appointment. These appointments are available at regularly scheduled times every week.
- ◆ The SoonerCare PCP should expect the consultation appointment to occur within 5 business days.
- ◆ An APS hotline specialist schedules the consultation appointment and sends a meeting invitation to both providers.
- ◆ APS psychiatrist contacts PCP at the appointed date and time to review the case and provide treatment recommendations.

## Project Goals

- ◆ Reduce frequent inpatient psychiatric hospitalizations for children and adolescents in rural areas of Oklahoma.
- ◆ Increase knowledge and confidence level of the PCP in providing psychiatric medication management.
- ◆ Reduce medication non-compliance among youthful consumers.
- ◆ Decrease inappropriate usage of psychotropic medications in consumers under 21 years of age.
- ◆ Encourage referrals to care coordination, case management, outpatient facilities or crisis services as indicated.

## The Project Does Not Include:

- ◆ Face-to-face psychiatric evaluations
- ◆ Forensic evaluations
- ◆ Opinions related to custody or competency issues
- ◆ Physician-to-physician referral process
- ◆ Full, telephonic psychiatric evaluation